

CANADA

COUR D'APPEL

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PROVINCE DE QUÉBEC  
DISTRICT DE MONTRÉAL

C.A. N° :  
C.S. N° : 500-06-000484-093

**BAYER INC.**, personne morale ayant une place d'affaire au 1250, boul. René-Lévesque Ouest, bureau 2820, Montréal, district de Montréal, Québec, H3B 4W8, Canada

**APPELANTE/Défenderesse**

c.

**JANIE GUINDON**, domiciliée et résidant au 37, impasse Roger-Parizeau, Gatineau, district de Gatineau, Québec, J9H 0B9, Canada

-et-

**GENEVIÈVE GLADU**, domiciliée et résidant au 124, rue Léo-Gravelle, Vaudreuil-Dorion, district de Beauharnois, Québec, J7V 0B1, Canada

-et-

**JULIEN LEBŒUF**, domicilié et résidant au 124, rue Léo-Gravelle, Vaudreuil-Dorion, district de Beauharnois, Québec, J7V 0B1, Canada

**INTIMÉS/Demandeurs**

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**DEMANDE POUR PERMISSION D'APPELER D'UN JUGEMENT QUI AUTORISE  
L'EXERCICE D'UNE ACTION COLLECTIVE**

*(Articles 357 et 578 C.p.c.)*

Partie Appelante

Datée du 5 septembre 2018

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**À L'UN DES HONORABLES JUGES DE LA COUR D'APPEL, LA PARTIE APPELANTE EXPOSE CE QUI SUIT :**

1. L'appelante Bayer Inc. (« Bayer ») demande la permission d'en appeler d'un jugement de la Cour supérieure rendu le 26 juillet 2018 par l'honorable Guylène Beaugé, J.C.S., siégeant dans et pour le district de Montréal, dans le dossier portant le numéro 500-06-000484-093 (le « Jugement » - **Annexe 1**)<sup>1</sup>.
2. Le Jugement accueille en partie la Demande re-re modifiée pour obtenir l'autorisation d'exercer une action collective et pour obtenir le statut de représentants (la « Demande d'autorisation » - **Annexe 2**) de Janie Guindon, Geneviève Gladu et Julien Leboeuf (les « Intimés ») telle que modifiée verbalement lors de l'audience sur l'autorisation tel qu'il appert du procès-verbal d'audience du 30 janvier 2018 (**Annexe 3**).
3. Plus précisément, le Jugement a autorisé l'exercice d'une action collective sous la forme d'une demande introductive d'instance en dommages et accordé aux Intimés le statut de représentants des personnes faisant partie du groupe suivant :

« Toutes les personnes résidant au Québec, incluant leurs successeurs, ayants droit, membres de leurs familles et personnes à charge, qui se sont fait prescrire et ont utilisé les médicaments YASMIN et/ou YAZ, depuis leur introduction respective sur le marché (10 décembre 2004 dans le cas de Yasmin et 6 janvier 2009 dans le cas de Yaz) et la date du 30 novembre 2011, et qui ont reçu un diagnostic de thrombose veineuse profonde, d'embolie pulmonaire, de thromboembolie artérielle ou de la maladie de la vésicule biliaire. » (le « Groupe »)
4. Bayer joint en liasse comme **Annexe 4** les pièces suivantes qui sont nécessaires à l'obtention de la permission d'en appeler recherchée :
  - a) déclaration sous serment amendée du Dr André Masse, MD, CSPA, FRCSC datée du 17 juin 2016 (la « Déclaration du Dr Masse ») déposée par Bayer;

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<sup>1</sup> L'avis de jugement est daté du 9 août 2018.

- b) déclaration sous serment du Dr Steven A. Grover, MD, datée du 19 août 2016 (la « Déclaration du Dr Grover ») déposée par les Intimés;
  - c) transcription de l'interrogatoire du Dr Grover tenu le 13 décembre 2016; et
  - d) étude de M. Etminan *et al.* publiée en mai 2011 dans le *Canadian Medical Association Journal* (l'« étude Etminan ») (Pièce P-12).
5. Bayer est justifiée de demander la permission d'en appeler du Jugement puisqu'il comporte à sa face même des erreurs déterminantes concernant l'interprétation des conditions d'exercice de l'action collective et l'appréciation des faits relatifs à ces conditions.
6. En effet, Bayer soumet que la juge de première instance a commis des erreurs déterminantes en concluant que les Intimés avaient rencontré leur fardeau de démontrer qu'ils avaient une cause d'action personnelle soutenable et pouvaient donc agir à titre de représentants dans l'action collective proposée.
7. Plus particulièrement, les Intimés n'ont pas démontré de manière même *prima facie* que :
- a) les problèmes de santé allégués de Mme Guindon et de Mme Gladu pouvaient avoir été causés par la prise de YAZ pour la première et de Yasmin pour la seconde, et donc que les faits apparaissaient justifier les conclusions recherchées au sens de l'article 575 (2°) du *Code de procédure civile* (le « C.p.c. »), alors que l'examen de leurs dossiers médicaux tant par le Dr Masse que par le Dr Grover ne supporte pas de telles conclusions;
  - b) Bayer avait failli à son devoir d'information à leur égard concernant les risques prétendument accrus de développer des maladies de la vésicule biliaire et donc que les faits apparaissaient justifier les conclusions recherchées au sens de l'article 575 (2°) C.p.c., alors que la seule allégation de faits sur laquelle elles se fondent réfère à une étude publiée plusieurs années après que Mme Guindon et Mme Gladu aient consommé YAZ/Yasmin.

8. De plus, la juge de première instance a également commis des erreurs déterminantes en déclarant que Bayer avait consenti aux questions proposées comme étant identiques, similaires ou connexes (questions communes) portant sur la causalité individuelle et sur les dommages compensatoires, alors que ces questions ont été fortement contestées, et en les autorisant comme des questions appropriées au sens de l'article 575 (1°) C.p.c. alors qu'il ne s'agit pas, à leur face même, de questions pouvant être traitées collectivement.

## **I. CONTEXTE**

9. La demande d'autorisation initiale dans le dossier portant le numéro 500-06-000484-093 a été déposée le 22 octobre 2009 par Mme Alexandra Paton contre Bayer et Bayer A.G., Berlex Canada Inc., Bayer Schering Pharma A.G., Bayer Corporation, Bayer Healthcare, LLC et Bayer Healthcare Pharmaceuticals Inc.
10. Cette demande initiale a été amendée une première fois en 2010, notamment afin d'ajouter trois demandeurs/représentants proposés (Mme Guindon, Mme Gladu et M. Serge Bouchard), une deuxième fois le 28 mai 2015 afin de retrancher Mme Paton et afin de retirer toutes les défenderesses à l'exception de Bayer, une troisième fois le 2 février 2017 afin de remplacer M. Bouchard par M. Leboeuf, conjoint de Mme Gladu, à titre de demandeur/représentant proposé, et une quatrième fois de manière verbale le 30 janvier 2018 lors de l'audience sur l'autorisation afin de modifier certaines des questions communes et des conclusions recherchées et d'accepter, de manière subsidiaire, la définition du groupe proposée par Bayer.
11. Mme Guindon allègue avoir développé des calculs biliaires en octobre 2009, s'être fait enlever la vésicule biliaire en novembre 2009, avoir subi une thrombose veineuse profonde en décembre 2009 et avoir subi des embolies pulmonaires en janvier 2010. Elle attribue ces problèmes de santé allégués à l'utilisation de YAZ, qu'elle aurait commencé à utiliser en août 2009.

12. Mme Gladu allègue avoir éprouvé des douleurs abdominales en juin 2009 et avoir été hospitalisée entre le 7 juin 2009 et le 7 juillet 2009 pour des calculs biliaires, pour se faire enlever la vésicule biliaire, pour des pancréatites et pour des embolies pulmonaires. Elle attribue ces problèmes de santé allégués à l'utilisation de Yasmin, qu'elle aurait commencé à utiliser en mars 2008.
13. M. Leboeuf, le conjoint de Mme Gladu, allègue quant à lui avoir souffert de dommages suite à l'hospitalisation de cette dernière.
14. L'action collective sous la forme d'une demande introductive d'instance en dommages compensatoires et punitifs repose sur la prétention que YAZ/Yasmin causeraient des risques accrus de thrombose artérielle, de thromboembolie veineuse et de maladie de la vésicule biliaire comparativement aux autres contraceptifs oraux (« COs ») disponibles. Les Intimés allèguent que Bayer aurait commis une faute en n'informant pas adéquatement les membres du Groupe et/ou leurs médecins de tels risques et en faisant des représentations trompeuses quant à la nature sécuritaire de YAZ/Yasmin, lesquels auraient causé des préjudices corporels, moraux et matériels aux membres du Groupe.

## **II. LES MOTIFS JUSTIFIANT D'ACCORDER LA PRÉSENTE DEMANDE**

### **A. L'ABSENCE DE CAUSE D'ACTION PERSONNELLE SOUTENABLE DES INTIMÉS**

15. À sa face même, le Jugement comporte des erreurs déterminantes quant à l'interprétation de la condition d'exercice d'une action collective prévue à l'article 575 (2°) *C.p.c.*, à savoir que les faits allégués dans la Demande d'autorisation, examinés à la lumière de la situation individuelle des Intimés, paraissent justifier les conclusions recherchées.
16. La juge de première instance a correctement reconnu que le critère de l'article 575 (2°) *C.p.c.* devait s'examiner à la lumière de la situation individuelle des

représentantes proposées<sup>2</sup>, soit de Mme Guindon et de Mme Gladu<sup>3</sup>, et que pour satisfaire ce critère, la réclamation des Intimés devait prendre appui sur plus que de simples possibilités. La réclamation ne doit pas non plus reposer sur des allégations erronées à la lumière de la preuve déposée de part et d'autre<sup>4</sup>.

17. Toutefois, elle a ensuite ignoré la preuve déposée par les deux parties démontrant clairement que les Intimés n'avaient pas de cause d'action personnelle soutenable, que les allégations ne reposaient que sur de simples possibilités, hypothèses ou soupçons ou encore sur des opinions et non des faits.
18. Tel que souligné récemment par cette Cour, au stade de l'autorisation, la partie demanderesse doit présenter une « cause soutenable », donc ayant « une chance de réussite », et pour ce faire, doit présenter en preuve « l'essentiel et l'indispensable » au soutien de cette cause<sup>5</sup>.

#### **i. Quant à la causalité**

19. En matière de responsabilité de produits pharmaceutiques, simplement alléguer au soutien d'une demande d'autorisation que l'on attribue ses problèmes de santé au produit en question relève de l'opinion et n'est pas un fait qui peut être tenu pour avéré par la Cour.
20. De plus, avoir une cause soutenable et présenter en preuve l'essentiel et l'indispensable ne peut respectueusement pas vouloir dire se contenter de déposer une déclaration sous serment d'un expert concluant que le risque de contribuer à certains problèmes de santé associés à la prise d'un médicament ne peut pas être considéré comme étant de zéro.

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<sup>2</sup> Jugement, paragr. 19.

<sup>3</sup> En tant que prétendue victime par ricochet, M. Leboeuf n'a quant à lui aucune cause d'action personnelle à faire valoir si Mme Gladu n'en a pas.

<sup>4</sup> Jugement, paragr. 18.

<sup>5</sup> *Baratto c. Merck Canada inc.*, 2018 QCCA 1240, paragr. 51.

21. Si tel était le cas, toutes les demandes d'autorisation en matière de responsabilité de produits pharmaceutiques ou comportant une question de causalité reposant sur la science seraient nécessairement accordées. En effet, rares sont les cas dans le domaine de la santé où quiconque peut affirmer qu'un risque est de zéro. Une telle conclusion rendrait la nécessité de démontrer avoir une cause soutenable dénuée de tout fondement.
22. Or, en l'espèce, en ce qui concerne Mme Guindon, la juge de première instance a complètement écarté la preuve non contredite à l'effet que :
- Mme Guindon présentait des facteurs de risques importants liés au développement de calculs biliaires, soit l'obésité et l'usage du tabac<sup>6</sup>;
  - Seulement deux mois après le début de l'utilisation de YAZ, une échographie démontrait que le calcul biliaire de Mme Guindon était de 3,2 cm, de sorte qu'il était en formation bien avant le début de la prise de YAZ<sup>7</sup>;
  - Mme Guindon présentait des facteurs de risques importants de phénomènes thrombo-emboliques, soit des facteurs personnels tels que l'obésité, l'usage du tabac, un taux de cholestérol élevé et le fait d'être porteuse du facteur V de Leiden, lequel, à lui seul, augmente de sept fois le risque de phénomène thrombo-embolique<sup>8</sup>, et des facteurs circonstanciels tels que l'immobilisation, l'hospitalisation et la chirurgie<sup>9</sup>.
23. En réponse à la déclaration du Dr Masse, les Intimés ont déposé la déclaration du Dr Grover, un médecin généraliste qui a admis n'avoir aucune expertise clinique ou de recherche en matière de COs ou de maladies de la vésicule biliaire, et qui s'est dit en accord avec le Dr Masse quant aux facteurs de risques importants présentés par Mme Guindon. Il n'a pas conclu qu'il était probable ou même

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<sup>6</sup> Déclaration du Dr Masse, paragr. 7 et 15.

<sup>7</sup> Déclaration du Dr Masse, paragr. 5 et 8.

<sup>8</sup> Déclaration du Dr Masse, paragr. 15 à 17.

<sup>9</sup> Déclaration du Dr Masse, paragr. 15 et 16.

vraisemblable que la prise de YAZ ait contribué aux problèmes de santé allégués par cette dernière. Au contraire, il a affirmé être d'accord que les autres facteurs de risques étaient plus vraisemblablement responsables de ses problèmes.

24. En effet, en ce qui concerne les phénomènes thrombo-emboliques de Mme Guindon, il s'est dit d'accord que leur cause première était son immobilisation et sa chirurgie dans les mois précédant leur survenance. Il a toutefois ajouté, sans expliquer pourquoi, qu'il ne pouvait pas conclure que la prise de YAZ n'ait pas contribué du tout (risque de zéro) au risque thrombo-embolique, tout en précisant qu'il ne s'agirait que d'un rôle mineur si c'était le cas<sup>10</sup>.
25. Il s'est également dit d'accord que Mme Guindon présentait de nombreux facteurs de risques importants associés au développement de calculs biliaires. Cependant, il a encore une fois ajouté qu'il ne pouvait pas conclure que le risque de contribution de YAZ était de zéro. Il n'a fourni aucune explication basée sur les dossiers médicaux de Mme Guindon pour soutenir ce point de vue, mais s'est plutôt appuyé uniquement sur une seule étude, soit l'étude Etminan qui conclut que ledit risque est mineur et non cliniquement significatif<sup>11</sup>.
26. Avec respect, cela ne rencontre pas le fardeau de démonstration si peu élevé soit-il de l'article 575 (2°) C.p.c. puisque le recours proposé de Madame Guindon fondé sur une telle affirmation n'a aucune chance de réussite. Il ne s'agit pas d'un cas ici où il y a un débat d'expert devant être tranché au mérite mais bien d'un cas où le fardeau minimum de démonstration n'est pas rencontré sur la foi même des allégations et de la preuve des Intimés.
27. Quant à Mme Gladu, la juge de première instance a également écarté la preuve non contredite à l'effet que :

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<sup>10</sup> Déclaration du Dr Grover, paragr. 7.

<sup>11</sup> Déclaration du Dr Grover, paragr. 8-13; étude Etminan (pièce P-12), pages 899 et 902; et interrogatoire du Dr Grover, page 38.



- Mme Gladu présentait des facteurs de risques importants reliés au développement de calculs biliaires, soit l'obésité, l'hypertriglycéréémie et un historique familial, lequel à lui seul double le risque<sup>12</sup>; et
  - Mme Gladu présentait des facteurs de risques importants de phénomènes thrombo-emboliques, soit des facteurs personnels comme l'obésité, l'usage de COs depuis longtemps (Yasmin depuis 2008, mais Triphasil puis Alesse depuis 2005) et des facteurs circonstanciels tels que, l'immobilisation, l'hospitalisation et la chirurgie<sup>13</sup>.
28. Encore une fois, le Dr Grover s'est dit en accord avec le Dr Masse quant aux facteurs de risques importants présentés par l'historique de Mme Gladu et n'a pas conclu qu'il était probable ou même vraisemblable que la prise de Yasmin ait contribué à ses problèmes de santé allégués. Au contraire, il a conclu que le phénomène thrombo-embolique de Mme Gladu subi pendant son hospitalisation avait vraisemblablement été causé par son immobilisation et son inflammation, mais a ajouté qu'il ne pouvait pas conclure que le risque de développer des calculs biliaires relié à la prise de Yasmin était de zéro dans son cas et ce, toujours en se basant uniquement sur l'étude Etminan<sup>14</sup>.
29. Encore une fois, avec égard, cela ne rencontre pas le fardeau de démonstration si peu élevé soit-il de l'article 575 (2°) *C.p.c.*

**ii. Quant au devoir d'information en ce qui concerne la vésicule biliaire**

30. Tel que reconnu par cette Cour, afin de démontrer avoir une cause soutenable relativement à un défaut d'information, encore faut-il avoir une allégation de fait

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<sup>12</sup> Déclaration du Dr Masse, paragr. 7 et 22.

<sup>13</sup> Déclaration du Dr Masse, paragr. 20, 21, 24 et 26.

<sup>14</sup> Déclaration du Dr Grover, paragr. 14 à 16.

pouvant être tenue pour avérée à l'effet que l'information existait et n'a pas été divulguée au moment de la consommation du produit<sup>15</sup>.

31. Or, la juge de première instance a aussi commis une erreur déterminante en écartant le fait que la seule allégation portant sur le défaut d'information concernant un prétendu risque accru de développer des maladies de la vésicule biliaire en lien avec l'utilisation de YAZ/ Yasmin, comparativement à d'autres COs, réfère à une étude publiée uniquement en mai 2011 (concluant par ailleurs que ce risque n'est pas cliniquement significatif), soit après la prise de YAZ par Mme Guindon en 2009 et de Yasmin par Mme Gladu en 2008 et 2009.
32. Il ne peut donc clairement pas y avoir une cause d'action soutenable fondée sur le devoir d'information quant au supposé risque accru de développer des maladies de la vésicule biliaire et ce risque n'aurait donc pas dû être inclus dans la définition du groupe ou les questions communes proposées.
33. À tout évènement, la juge n'a pas non plus tenu compte du fait que le risque en soi de développer des maladies de la vésicule biliaire en utilisant un CO était déjà divulgué dans les monographies de YAZ/Yasmin au moment où Mme Guindon et Mme Gladu ont utilisé ces COs, et qu'elles avaient admises toutes les deux avoir lu cette monographie et avoir été informées du risque.

**B. L'AUTORISATION DE QUESTIONS QUI, À LEUR FACE MÊME, NE PEUVENT PAS FAIRE L'OBJET DE DÉTERMINATION COMMUNE**

34. Le Jugement comporte également des erreurs déterminantes quant à la détermination des questions communes pouvant être autorisées conformément au critère de l'article 575 (1°) C.p.c. en identifiant comme questions à être traitées collectivement des questions qui, à leur face même, ne peuvent pas faire l'objet d'une détermination commune.

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<sup>15</sup> *Baratto c. Merck Canada inc.*, 2018 QCCA 1240, paragr. 62.

35. Le Jugement indique faussement au paragraphe 41 que Bayer a consenti aux questions communes proposées portant sur la causalité individuelle et sur les dommages compensatoires alors que cette proposition a été fortement contestée.
36. En se basant sur ce « consentement » erroné, la Juge de première instance, sans procéder à quelque analyse que ce soit, a commis une erreur déterminante en les identifiant dans le Jugement comme faisant partie des principales questions de faits et de droits qui seront traitées collectivement.
37. Dans une action collective en matière pharmaceutique, il est de jurisprudence constante que l'octroi de dommages compensatoires exige, une fois que la faute et/ou le défaut de sécurité ont été établis, que le dommage et le lien de causalité entre les deux le soient également pour tous les membres du Groupe individuellement, le tout selon la prépondérance des probabilités et selon les règles de preuve habituelles<sup>16</sup>. Il n'est tout simplement pas possible d'éviter la tenue de procès individuels pour traiter de la causalité individuelle et des dommages.
38. En plus d'être inadéquates, l'identification de la causalité individuelle et des dommages compensatoires comme questions devant être déterminées collectivement à l'étape du procès sur les questions communes dans les avis aux membres induit ceux-ci en erreur. Ces derniers auront l'impression de n'avoir jamais à démontrer que leurs problèmes de santé ont bel et bien été causés par la prise de YAZ/Yasmin, ni à démontrer quels sont les dommages qu'ils ont réellement subis, alors que ce n'est clairement pas le cas.
39. Il est dans le meilleur intérêt de la justice que la présente demande soit accueillie.

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<sup>16</sup> Il n'y a pas de disposition légale similaire à l'article 15 de la *Loi sur le recouvrement du coût des soins de santé et des dommages-intérêts liés au tabac*, laquelle permet de faire la preuve du lien de causalité sur la base d'un rapport épidémiologique dans une action prise sur une base collective, qui soit applicable en l'espèce.

**L'APPELANTE DEMANDERA À LA COUR D'APPEL :**

**ACCUEILLIR** l'appel;

**INFIRMER** le jugement rendu par la Cour supérieure le 26 juillet 2018;

**REJETER** la Demande re-re modifiée pour obtenir l'autorisation d'exercer une action collective et pour obtenir le statut de représentants (*Re-Re-Amended Motion to authorize the bringing of a class action & to ascribe the status of representatives*) telle que modifiée verbalement lors de l'audience du 30 janvier 2018;

**CONDAMNER** les Intimés Janie Guindon, Geneviève Gladu et Julien Lebœuf aux frais de justice tant en première instance qu'en appel.

**POUR CES MOTIFS, PLAISE À LA COUR :**

**ACCUEILLIR** la présente demande;

**ACCORDER** à l'appelante la permission d'en appeler du jugement de la Cour supérieure rendu en date du 26 juillet 2018, par l'honorable Guylène Beaugé, J.C.S., siégeant dans le district de Montréal, dans le dossier portant le numéro 500-06-000484-093.

**LE TOUT**, frais à suivre selon le sort de l'appel.

**MONTRÉAL**, le 5 septembre 2018

*Société d'avocats TORYS SENCK*

**SOCIÉTÉ D'AVOCATS TORYS S.E.N.C.R.L.**

**AVOCATS DE L'APPELANTE BAYER INC.**

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Code d'impliqué : BS-2554

Notre référence : 34506-2039

## DÉCLARATION SOUS SERMENT

Datée du 5 septembre 2018

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Je, soussignée, Marie-Ève Gingras, avocate, exerçant ma profession au sein de la Société d'avocats Torys S.E.N.C.R.L., au 1, Place Ville Marie, suite 2880, Montréal, district de Montréal, province de Québec, H3B 4R4, affirme solennellement ce qui suit :

1. Je suis l'une des procureures de l'Appelante Bayer Inc. dans la présente instance;
2. Tous les faits allégués à la présente demande sont vrais.

### ET J'AI SIGNÉ

à Montréal, en ce 5<sup>e</sup> jour de septembre  
2018



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**MARIE-ÈVE GINGRAS**

Affirmé solennellement devant moi, à  
Montréal, ce 5<sup>e</sup> jour de septembre 2018



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Commissaire à l'assermentation pour le  
Québec



**AVIS DE PRÉSENTATION**

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**À :** Me Caroline Perreault  
Me Erika Provencher  
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**À :** Julien Leboeuf  
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J7V 0B1

**PRENEZ AVIS** que la présente *Demande pour permission d'appeler d'un jugement qui autorise l'exercice d'une action collective* sera présentée pour décision le 15 novembre 2018, à 9h30, à l'un des juges de la Cour d'appel siégeant au Palais de Justice de Montréal, situé au 100, rue Notre-Dame Est, à Montréal, H2Y 4B6, dans la salle RC-18.

**VEUILLEZ AGIR EN CONSÉQUENCE.**

**MONTRÉAL**, le 5 septembre 2018

*Société d'avocats TORYS SENCRL*

**SOCIÉTÉ D'AVOCATS TORYS S.E.N.C.R.L.**

**AVOCATS DE L'APPELANTE BAYER INC.**

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Code d'impliqué : BS-2554

Notre référence : 34506-2039



**LISTE DES ANNEXES AU SOUTIEN DE LA DEMANDE POUR PERMISSION  
D'APPELER D'UN JUGEMENT QUI AUTORISE L'EXERCICE D'UNE  
ACTION COLLECTIVE**

Partie Appelante

Datée du 5 septembre 2018

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- ANNEXE 1 :** Jugement daté du 26 juillet 2018 rendu par l'honorable Guylène Beaugé, J.C.S.
- ANNEXE 2 :** Demande re-re modifiée pour obtenir l'autorisation d'exercer une action collective et pour obtenir le statut de représentants (*Re-Re-Amended Motion to authorize the bringing of a class action & to ascribe the status of representatives*).
- ANNEXE 3:** Procès verbal d'audience daté du 30 janvier 2018.
- ANNEXE 4 :** 1. Déclaration sous serment amendée du Dr André Masse, MD, CSPA, (en liasse) FRCSC datée du 17 juin 2016;
2. Déclaration sous serment du Dr Steven A. Grover, MD, datée du 19 août 2016;
3. Transcription de l'interrogatoire du Dr Steven A. Grover tenu le 13 décembre 2016;
4. L'étude de M. Etminan *et al.* publiée en mai 2011 dans le *Canadian Medical Association Journal* (Pièce P-12).

**MONTRÉAL**, le 5 septembre 2018

*Société d'avocats TORYS SENCRL*

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# **ANNEXE 1**

# COUR SUPÉRIEURE (Chambre civile)

CANADA  
PROVINCE DE QUÉBEC  
DISTRICT DE MONTRÉAL

N° : 500-06-000484-093

DATE : 26 JUILLET 2018

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SOUS LA PRÉSIDENTE DE L'HONORABLE GUYLÈNE BEAUGÉ, J.C.S.

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**JANIE GUINDON**  
-et-  
**GENEVIÈVE GLADU**  
-et-  
**JULIEN BOUCHARD**  
Demandeurs  
c.  
**BAYER INC.**  
Défenderesse

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JUGEMENT  
sur une demande re-re-re-modifiée  
pour autorisation d'exercer une action collective  
et pour obtenir le statut de représentants

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## 1. CONTEXTE

[1] Mesdames Janie Guindon et Geneviève Gladu, ainsi que monsieur Julien Leboeuf (les **DEMANDEURS**) demandent l'autorisation d'exercer une action collective contre Bayer inc. (**BAYER**) au nom du groupe suivant :

All persons residing in Quebec who were prescribed and ingested the drugs YASMIN and/or YAZ, from the respective introductions of these drugs into the market (December 10, 2004, in respect of Yasmin and January 6, 2009, in respect of YAZ) and the date of November 30, 2011, and their successors,

assigns, family members, and dependants or any group to be determined by the Court.

[Traduction de la défenderesse : Toutes les personnes résidant au Québec qui se sont fait prescrire et ont utilisé les médicaments YASMIN et/ou YAZ, depuis leur introduction respective sur le marché (10 décembre 2004 dans le cas de Yasmin et 6 janvier 2009 dans le cas de Yaz) et la date du 30 novembre 2011, et leurs successeurs, ayants droit, membres de leurs familles et personnes à charge, ou tout autre groupe à être déterminé par la Cour.]

[2] Subsidiairement, ils consentiraient à la définition alternative suivante proposée par Bayer :

All persons residing in Quebec, including their successors, assigns, family members, and dependants, who were prescribed and ingested the drugs Yasmin and/or Yaz, from the respective introductions of these drugs into the market (December 10, 2004, in respect of Yasmin and January 6, 2009, in respect of YAZ) and the date of November 30, 2011, and who were diagnosed with deep vein thrombosis, pulmonary embolism, arterial thromboembolism or gallbladder disease.

Toutes les personnes résidant au Québec, incluant leurs successeurs, ayants droit, membres de leurs familles et personnes à charge, qui se sont fait prescrire et ont utilisé les médicaments YASMIN et/ou YAZ, depuis leur introduction respective sur le marché (10 décembre 2004 dans le cas de Yasmin et 6 janvier 2009 dans le cas de Yaz) et la date du 30 novembre 2011, et qui ont reçu un diagnostic de thrombose veineuse profonde, d'embolie pulmonaire, de thromboembolie artérielle ou de la maladie de la vésicule biliaire.

[3] Dans ce recours en matière pharmaceutique, les demandeurs reprochent à Bayer diverses fautes dans la conception, la fabrication, la mise au point de la formule, la préparation, la transformation, l'inspection, les essais, l'emballage, la promotion, la mise en marché, la distribution, l'étiquetage ou la vente des contraceptifs oraux *Yasmin* et *Yaz*. Ils lui imputent des représentations trompeuses auprès de la communauté médicale et du public concernant la sécurité de ces contraceptifs.

[4] En outre, les demandeurs blâment Bayer de ne pas avoir adéquatement mis en garde la communauté médicale et le public contre les risques accrus des conséquences graves suivantes : thromboses, caillots, embolies pulmonaires, crises cardiaques, accidents vasculaires cérébraux, troubles et infections de la vésicule biliaire, insuffisance hépatique, insuffisance rénale, anxiété sévère, dépression, ainsi que mort subite.

[5] Plus spécifiquement :

- Mme Guindon allègue avoir développé des calculs biliaires en octobre 2009, et avoir subi une ablation de la vésicule biliaire en novembre 2009, une thrombose

veineuse profonde en décembre 2009, ainsi que des embolies pulmonaires en janvier 2010. Elle attribue ses problèmes de santé à l'utilisation de *Yaz*;

- Mme Gladu allègue avoir éprouvé des douleurs abdominales en juin 2009, et avoir été hospitalisée entre les 7 juin et 7 juillet 2009 pour des calculs biliaires, l'ablation de la vésicule biliaire, des pancréatites et des embolies pulmonaires. Elle attribue ses problèmes de santé à l'utilisation de *Yasmin*;
- M. Leboeuf, conjoint de Mme Gladu, allègue un préjudice moral comme suite à l'hospitalisation de celle-ci, à savoir le stress, des inquiétudes quant à son état de santé, ainsi que la peur de la perdre.

[6] Les demandeurs définissent comme suit les questions de faits et de droit identiques, similaires ou connexes dont ils recherchent la détermination<sup>1</sup> :

49. The recourses of the members raise identical, similar or related questions of fact or law, namely:

- a. Do *Yasmin* and/or *YAZ* cause an increased risk of arterial thromboembolism<sup>2</sup> (ATE), venous thromboembolism<sup>3</sup> (VTE), or gallbladder disease<sup>4</sup> (GBD) compared to other available oral contraceptives?
- b. Was Bayer negligent and/or did it commit a fault and/or did it fail in its duty of safety, duty of care, and/or duty to inform imposed upon it as manufacturer, distributor and/or seller of *Yaz* and *Yasmin*?
- c. Do *Yaz* and *Yasmin* possess a superior efficacy over other contraceptives available on the market?
- d. Did Bayer knowingly, recklessly or negligently breach a duty to warn class members and/or their physicians of the risks of harm from the use of *Yaz* and *Yasmin*?
- e. Did Bayer knowingly, recklessly or negligently misrepresent to class members and/or their physicians the risks and benefits from the use of *Yaz* and *Yasmin*?
- f. Did Bayer engage in false advertising when it represented, through advertisements, promotions and other representations, that *Yaz* and *Yasmin* were safe?

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<sup>1</sup> Les demandeurs ont partiellement modifié les questions proposées le 30 janvier 2018.

<sup>2</sup> Thromboembolie artérielle (TEA).

<sup>3</sup> Thromboembolie veineuse (TEV).

<sup>4</sup> Maladie de la vésicule biliaire (MVB).

- g. Did Bayer engage in false advertising when it represented, through advertisements, promotions and other representations, that Yaz and Yasmin had a superior efficacy over other contraceptions?
- h. In the affirmative to any of the above questions, did Bayer conduct engage its liability towards the members of the class?
- i. If the responsibility of the Bayer is established, what is the nature and the extent of damages and other remedies to which the members of the class can claim?
- j. Are members of the class entitled to bodily, moral, and material damages?
- k. Are members of the class entitled to recover the medical costs incurred in the screening, diagnosis and treatment of medical conditions caused by taking Yaz and Yasmin?
- l. Are the members of the class entitled to recover as damages an amount equal to the purchase price of Yaz and Yasmin or any part of the purchase price?
- m. *Question retirée*
- n. Are members of the class entitled to aggravated or punitive damages?

[7] Puis par jugement final sur l'action en dommages-intérêts, ils recherchent le versement de dommages-intérêts compensatoires et punitifs, ainsi que la restitution des profits tirés par Bayer de la vente de *Yasmin* et *Yaz* :

52. The conclusions that Petitioners wish to introduce by way of a motion to institute proceedings are:

**GRANT** the class action of Petitioners and each of the members of the class;

**DECLARE** the Respondent liable for the damages suffered by the Petitioners and each of the members of the class;

**CONDEMN** the Respondent to pay to each member of the class a sum to be determined in compensation of the damages suffered, and **ORDER** collective recovery of these sums;

**CONDEMN** the Respondent to reimburse to each of the members of the class, the purchase price of the product, and **ORDER** collective recovery of these sums;

**CONDEMN** the Respondent to pay to each of the members of the class, punitive damages, and **ORDER** collective recovery of these sums;

**RESERVE** the right of each of the members of the class to claim future damages related to the use of Yaz and Yasmin;

**CONDEMN** the Respondent to pay interest and additional indemnity on the above sums according to law from the date of service of the motion to authorize a class action;

**ORDER** the Respondent to deposit in the office of this court the totality of the sums which forms part of the collective recovery, with interest and costs;

**ORDER** that the claims of individual class members be the object of collective liquidation if the proof permits and alternately, by individual liquidation;

**CONDEMN** the Respondent to bear the costs of the present action including expert, notice fees and the fees relating to administering the plan of distribution of the recovery in this action;

**RENDER** any other order that this Honourable court shall determine and that is in the interest of the members of the class;

[8] Le litige s'étale du 10 décembre 2004 au 30 novembre 2011 dans le cas de *Yasmin*, et du 6 janvier 2009 au 30 novembre 2011 dans le cas de *Yaz*, soit la période écoulée entre d'une part, leur mise en marché respective au Canada, et d'autre part, la modification des monographies desdits contraceptifs oraux.

[9] Notons que deux actions collectives visant *Yaz* et *Yasmin* sont pendantes au Canada : la première certifiée le 15 avril 2013 par la Cour supérieure de justice de l'Ontario<sup>5</sup>, et la seconde, le 4 octobre 2016, par la Cour du Banc de la Reine de la Saskatchewan. Ce dernier recours consiste en une action de classe nationale, à l'exclusion de l'Ontario et du Québec<sup>6</sup>.

## 2. QUESTIONS EN LITIGE

[10] Le litige consiste à déterminer si la demande d'autorisation d'exercer une action collective satisfait les quatre conditions édictées à l'article 575 du *C.p.c.* :

**575.** Le tribunal autorise l'exercice de l'action collective et attribue le statut de représentant au membre qu'il désigne s'il est d'avis que: 1° les demandes des membres soulèvent des questions de droit ou de fait identiques, similaires ou connexes; 2° les faits allégués paraissent justifier les conclusions recherchées; 3° la composition du groupe rend difficile ou peu pratique l'application des règles sur le mandat d'ester en justice pour le compte d'autrui ou sur la jonction d'instance; 4° le membre auquel il entend attribuer le statut de représentant est en mesure d'assurer une représentation adéquate des membres.

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<sup>5</sup> *Ann Schwoob et al v. Bayer Inc.*, 2013 ONSC 2207.

<sup>6</sup> *Dembrowski v. Bayer Inc.*, 2016 SKQB 324.



[11] Il s'agira également de décider, le cas échéant, s'il convient d'attribuer le statut de représentants aux demandeurs, ainsi que de définir le Groupe, les questions communes à traiter collectivement, et les conclusions qui s'y rattachent.

### 3. ANALYSE

[12] Deux grands principes encadrent l'application de l'article 575 *C.p.c.* : 1) la procédure d'autorisation ne constitue pas une préenquête sur le fond; et 2) les critères de l'article 575 *C.p.c.* s'interprètent généreusement, tout doute devant profiter à l'autorisation<sup>7</sup>. Il s'agit en effet de favoriser l'objectif social de l'action collective, soit celui de permettre à des parties aux ressources limitées et aux réclamations souvent modestes d'obtenir réparation.

[13] Au stade de l'autorisation, le fardeau de la partie demanderesse consiste à établir une cause défendable<sup>8</sup>. À cette étape correspondant à un « mécanisme de filtrage et de vérification »<sup>9</sup>, le tribunal, écartant les demandes frivoles ou manifestement mal fondées, rend un jugement « de vérification et de contrôle ». En d'autres termes, la cour s'assure que les parties ne se retrouvent pas inutilement engagées dans un litige portant sur une demande insoutenable. Ainsi, à ce stade, le tribunal tranche une question procédurale, et ne se penche pas sur le fond du litige<sup>10</sup>.

[14] Par ce mécanisme de filtrage de l'article 575 *C.p.c.*, le tribunal s'assure de la qualité du syllogisme juridique proposé en demande, tout en gardant à l'esprit que le seuil de preuve qui, bien que peu élevé<sup>11</sup>, doit néanmoins être franchi. Aussi, les allégations de la demande, tenues pour avérées, ne doivent pas se limiter à des généralités. Elles doivent s'articuler de manière suffisamment précise pour soutenir efficacement la reconnaissance du droit revendiqué<sup>12</sup>.

[15] Bayer plaide que les conditions des alinéas 2 et 4 de l'article 575 *C.p.c.* ne sont pas satisfaites. Subsidiairement, elle fait valoir la nécessité de redéfinir le groupe, ainsi que de reformuler les conclusions recherchées.

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<sup>7</sup> *Union des consommateurs c. Bell Canada*, 2012 QCCA 1287, par. 117 (autorisation de pourvoi à la C.S.C. rejetée). Voir également : *Infineon Technologies AG c. Option consommateurs*, [2013] 3 R.C.S. 600, par. 60.

<sup>8</sup> *Infineon Technologies AG c. Option consommateurs*, précité à la note 7, par. 61-67; *Sofio c. Organisme canadien de réglementation du commerce des valeurs mobilières (OCRCVM)*, 2015 QCCA 1820, par. 26.

<sup>9</sup> *Pharmascience inc. c. Option Consommateurs*, 2005 QCCA 437, par. 24.

<sup>10</sup> *Vivendi Canada Inc. c. Dell'Aniello*, [2014] 1 RCS 3, par. 37.

<sup>11</sup> *Infineon Technologies AG c. Option consommateurs*, précité à la note 7, par. 59.

<sup>12</sup> *Fortier c. Meubles Léon Itée*, 2014 QCCA 195, par. 68-70. *Option Consommateurs c. Bell Mobilité*, 2008 QCCA 2201, par. 37-38; *Infineon Technologies AG c. Option consommateurs*, précité à la note 7, par. 69

[16] Il convient de commencer l'analyse des critères d'autorisation par l'examen du recours personnel des demandeurs, cela pour vérifier la validité du syllogisme juridique proposé<sup>13</sup>.

### **3.1 Article 575, al. 2 C.p.c.: les faits paraissent justifier les conclusions recherchées**

[17] Le paragraphe 2° de l'article 575 C.p.c. permet au tribunal d'écarter les actions frivoles ou manifestement mal fondées. Néanmoins, le pouvoir du tribunal demeure limité, s'apparentant au test de l'article 168, al. 2° C.p.c.<sup>14</sup>. Ainsi, l'expression « paraissent justifier » signifie qu'à l'examen de la demande, le tribunal doit pouvoir conclure à une apparence sérieuse de droit, sans se prononcer sur le fond du litige.

[18] Une apparence sérieuse de droit repose sur des allégations qui *prima facie* semblent bien fondées en regard des faits essentiels. Cette exigence ne sera pas satisfaite si la réclamation prend appui sur la simple probabilité que ces faits existent, ou sur des allégations mensongères ou qui paraissent manifestement mal fondées à la lumière d'une preuve positive au contraire<sup>15</sup>.

[19] Enfin, ce critère s'examine à la lumière de la situation individuelle de la personne désignée<sup>16</sup>.

[20] Mme Guidon allègue commencer à utiliser Yaz, en août 2009, à l'âge de 22 ans. En octobre suivant, elle est informée avoir développé des calculs biliaires. En novembre, elle subit une résection de la vésicule biliaire, en décembre, souffre d'une thrombose veineuse profonde, et le 1er janvier 2010, fait une embolie pulmonaire. Elle ajoute avoir utilisé Yaz conformément au mode d'emploi, avoir été en bonne santé avant la prise de ce contraceptif, et ne jamais avoir été informée des risques accrus liés à Yaz, un contraceptif de quatrième génération, par rapport aux contraceptifs de deuxième génération.

[21] Mme Gladu allègue commencer l'utilisation de Yasmin en 2004, à l'âge de 25 ans. En juin 2009, elle présente des douleurs abdominales, puis entre le 7 juin et le 7 juillet, elle est hospitalisée pour des calculs biliaires, la résection de la vésicule biliaire, une pancréatite et une embolie pulmonaire. Elle ajoute avoir été en bonne santé avant la prise de Yasmin, l'avoir consommé selon le mode d'emploi, et ne jamais avoir été informée des risques accrus liés à ce contraceptif de quatrième génération. À la suite de son hospitalisation, son conjoint et père de ses deux enfants, M. Leboeuf, a vécu

<sup>13</sup> *Lambert (Gestion Peggy) c. Écolait Itée*, 2016 QCCA 659, par. 27-28.

<sup>14</sup> *Paris c. Lafrance*, 2011 QCCS 4619, par. 48-49.

<sup>15</sup> *Tonnellier c. Québec (Procureur général)*, 2012 QCCA 1654, par. 59.

<sup>16</sup> *Option Consommateurs c. Merck & Co. inc.*, 2013 QCCA 57, par. 25. Voir également : *Abicidan c. Bell Canada*, 2017 QCCS 1198, par. 11, et *Robillard c. Société canadienne des postes*, 2017 QCCS 2707, par. 14.

dans la crainte de la perdre, et est demeuré anxieux quant à sa santé à court et long terme.

[22] Bayer plaide que le recours ne satisfait pas le critère de l'apparence sérieuse de droit, car les demandeurs n'ont pas de cause d'action personnelle à faire valoir. Elle soutient qu'il ressort de l'analyse de leurs dossiers médicaux que d'une part, les problèmes de santé de Mmes Guidon et Gladu n'ont pas été causés par la prise de Yaz et Yasmin, et que d'autre part, celles-ci connaissaient les risques associés à la prise de ces contraceptifs oraux et présentaient des facteurs de risques importants.

[23] Bayer ajoute que les allégations de la demande relatives à des représentations trompeuses quant à l'efficacité ou aux avantages de ces contraceptifs ne sont ni supportées par la preuve *prima facie*, ni ne peuvent être tenues pour avérées en raison de leur imprécision. Enfin, elle argue que les allégations de faute concernant un défaut d'information ne justifient pas les conclusions recherchées, car 1) aucun fait allégué ne peut être tenu pour avéré concernant des prétendus risques accrus de crises cardiaques, accidents vasculaires cérébraux, insuffisance hépatique, insuffisance rénale, anxiété sévère, dépression et mort subite associés à la prise de Yaz et Yasmin, et 2) les demandeurs ne se sont pas déchargés de leur fardeau de démontrer que la divulgation des risques de thrombose veineuse profonde, caillots sanguins, embolie pulmonaire ou de troubles et infections de la vésicule biliaire était inadéquate.

[24] Le Tribunal a autorisé la production d'une preuve appropriée consistant notamment en des extraits des dossiers médicaux de Mmes Guidon et Gladu, et en leur interrogatoire sur leur situation personnelle, leurs antécédents médicaux, leurs troubles de santé, la nature des effets secondaires et du préjudice allégués, ainsi que les informations reçues concernant les risques et bénéfices respectifs des contraceptifs Yaz et Yasmin.

[25] Le Tribunal a aussi permis le dépôt des déclarations assermentées des Dr. André Masse et Steven A. Grover, experts respectifs de Bayer et des demandeurs.

[26] Quant à Mme Guidon, à la question de savoir si ses problèmes de santé allégués, soit « les calculs biliaires, la cholécystectomie (résection de la vésicule biliaire), la thrombose veineuse profonde et les embolies pulmonaires auraient été causés par la prise de Yaz », le Dr Masse répond ce qui suit:

19. Les contraceptifs oraux estro-progestatifs, quels qu'ils soient, augmentent le risque de base de phénomène thrombo-embolique de 2 à 3 fois. Le contraceptif Yaz, utilisé par la patiente, et contenant la drospirénone (progestatif de quatrième génération), ne modifie pas significativement ce risque comparativement aux autres contraceptifs oraux estro-progestatifs. Par ailleurs, tel que discuté, tous les facteurs de risque présents chez madame Guidon et

son historique médical personnel, influencent et augmentent individuellement et collectivement, son risque thrombo-embolique.<sup>17</sup>

[27] Pour sa part, le Dr Grover ne peut exclure les risques accrus de complications associés à la prise de Yaz :

7. I agree with Dr. Masse that the primary cause of the thrombophlebitis was the immobility and surgery during the previous month for the removal of her gall bladder. I cannot rule out that *Yasmin* (sic) increased the risk of this complication but would consider this a minor factor compared to those associated with the surgery.

[...]

10. While this increased risk may be small compared to the other risk factors this patient had for gallstones, it cannot be considered zero based on the largest study to date.

11. [...] I agree with Dr. Masse that only two months of Yasmin was unlikely to be the sole cause of the gallstones but one cannot rule out that it contributed to the development of symptomatic disease where the existing stones grew larger with the introduction of *Yasmin* (sic) and finally obstructed the gall bladder.<sup>18</sup>

[28] Pour ce qui est de Mme Gladu, à la question de savoir si ses problèmes de santé allégués, soit « les calculs biliaires, la pancréatite biliaire, la cholécystectomie (résection de la vésicule biliaire), et les embolies pulmonaires auraient été causés par la prise de *Yasmin* », le Dr Masse conclut comme suit:

26. Les contraceptifs oraux estro-progestatifs, quels qu'ils soient, augmentent le risque de base de phénomène thrombo-embolique de 2 à 3 fois. Tel que discuté, tous les facteurs de risque présents chez madame Gladu et son historique, influencent et augmentent individuellement et collectivement, son risque thrombo-embolique. Le contraceptif Yasmin, utilisé par la patiente, et contenant la drospirénone (progestatif de quatrième génération), ne modifie pas significativement ce risque comparativement aux autres contraceptifs oraux estro-progestatifs.<sup>19</sup>

[29] Dans ce cas également, le Dr Grover n'exclut pas les risques accrus par la prise de *Yasmin*:

15. As mentioned in the previous case, the thrombophlebitis that developed during her hospitalization for biliary obstruction and pancreatitis was probably

<sup>17</sup> Déclaration sous serment modifiée du Dr André Masse, MD, CSPQ, FRCSC, datée du 17 juin 2016, à la page 5.

<sup>18</sup> Déclaration sous serment du Dr Steven A. Grover, datée du 19 août 2016, aux pages 2 et 3.

<sup>19</sup> Déclaration sous serment modifiée du Dr André Masse, MD, CSPQ, FRCSC, datée du 17 juin 2016, à la page 6.

due to the immobilization and inflammation associated with these conditions that required her admission in the first place.

16. Accordingly, I cannot agree with Dr. Masse that the choice of Yasmin did not play any role in her admission for gallstones and pancreatitis followed by thrombophlebitis several days later.<sup>20</sup>

[30] La position de Bayer constitue une invitation à analyser minutieusement la preuve médicale, y compris des recherches et études contradictoires, à tirer des conclusions notamment sur le lien causal, et à considérer la valeur de ses moyens de défense pour rejeter la demande d'autorisation. Or, il faut résister à la tentation de se livrer à un tel exercice qui relève du fond de l'affaire<sup>21</sup>. Au stade de l'autorisation, le léger fardeau des demandeurs se limitait à démontrer le syllogisme juridique pour chacune des causes d'actions alléguées, et non à administrer une preuve prépondérante sur le lien causal<sup>22</sup>. Or, le Tribunal estime qu'ils ont atteint ce seuil minimal.

[31] La cause des demandeurs est défendable. La preuve déjà volumineuse, établit *prima facie* que Mmes Guindon et Gladu ont présenté un tableau médical qui semble compatible avec les risques accrus associés, dans certaines études, à la prise de Yaz ou *Yasmin*, et énoncés dans les monographies du 30 novembre 2011. En outre, leurs allégations voulant qu'elles n'aient pas été informées des risques accrus de développer des problèmes de santé n'apparaissent ni mensongères ni frivoles.

### 3.2 Article 575, al. 4 C.p.c. : la représentation adéquate des membres

[32] De façon générale, la personne qui se propose pour représenter le groupe doit satisfaire trois exigences : posséder un intérêt personnel à rechercher les conclusions proposées, détenir la compétence voulue pour agir comme mandataire, et ne pas se trouver en situation de conflit d'intérêts. Ces critères s'appliquent de manière libérale, le tribunal devant se garder de se montrer trop exigeant concernant la qualité du représentant<sup>23</sup>. En effet, aucun représentant ne devrait être exclu à moins que son intérêt ou sa compétence s'avèrent à ce point lacunaires qu'ils mettent en péril la survie de l'action.

[33] Ainsi, le représentant adéquat ne se définit pas comme le « meilleur représentant », mais plutôt comme le justiciable moyen, de bonne foi, dont la réclamation personnelle s'avère valable et suffisamment fondée en droit, et qui agit dans l'intérêt des membres et au meilleur de ses capacités<sup>24</sup>. L'évaluation de la

<sup>20</sup> Déclaration sous serment du Dr Steven A. Grover, datée du 19 août 2016, à la page 4.

<sup>21</sup> *Asselin c. Desjardins Cabinet de services financiers inc.*, 2017 QCCA 1673. Voir également : *Groupe Vision New Look inc. c. Léveillé*, 2018 QCCA 819, par. 6.

<sup>22</sup> *Pfizer inc. c. Sifneos*, 2017 QCCA 1050, par 15-22. Voir également : *Asselin c. Desjardins Cabinet de services financiers inc.*, précité à la note 21, par. 34ss.

<sup>23</sup> *Infineon Technologies AG c. Option consommateurs*, précité à la note 4, par. 149.

<sup>24</sup> *Lavoie c. Saint-Mathieu-de-Beloeil (Corp. municipale de)*, J.E. 2002-586 (C.S.), par. 137.

compétence de cette personne ne devrait pas tenir compte de son assiduité aux audiences, de son niveau de connaissance du dossier judiciaire, ou encore de la qualité de ses réponses lors des interrogatoires préalables<sup>25</sup>.

[34] En sus de son argument selon lequel les demandeurs n'ont pas de cause personnelle à faire valoir – ce qui les disqualifierait d'emblée comme représentants<sup>26</sup> – Bayer plaide qu'ils ne présentent pas la compétence requise pour agir à ce titre. En effet, elle reproche à Mme Guindon de n'avoir lu la demande d'autorisation qu'en 2015, soit cinq ans après son ajout comme représentante proposée, de ne pas avoir pris connaissance de sa version modifiée avant sa production à la Cour, et de n'avoir formulé aucun commentaire. Quant à Mme Gladu, elle n'aurait pris connaissance des pièces au soutien de la demande d'autorisation qu'en juillet 2016, peu avant son interrogatoire. De plus, Bayer souligne que les demandeurs n'ont effectué aucune démarche, n'ont pas échangé avec d'autres utilisatrices de *Yaz* ou *Yasmin*, et n'ont pas tenté de trouver d'autres membres du groupe proposé.

[35] De l'avis du Tribunal, les demandeurs se révèlent des représentants adéquats. Ils comprennent leur rôle, ainsi que les tenants et aboutissants de l'action proposée<sup>27</sup>, se prêtent de bonne foi aux interrogatoires invasifs, dévoilent leur situation personnelle et médicale, se rendent disponibles pour l'audience sur l'autorisation, et ne sont pas en conflit d'intérêts. En outre, le fait que la demande ait été pilotée par leurs avocats, ou que les demandeurs s'en remettent à leur expertise, ne peut leur être reproché<sup>28</sup>.

### **3.3 Article 575, al. 3 C.p.c. : la non-application des règles sur le mandat d'ester en justice pour le compte d'autrui ou sur la jonction d'instance**

[36] L'action collective ne peut servir à contourner les exigences relatives au mandat pour ester en justice pour le compte d'autrui ou à la jonction d'instances. Bayer ne réfute pas le fait que cette condition soit remplie.

[37] La satisfaction de ce critère ne pose ici aucune difficulté. De toute évidence, la nature confidentielle des informations médicales des utilisatrices de *Yaz* et *Yasmin* rend difficile la tâche de trouver leurs noms et coordonnées. L'action collective s'avère donc indiquée dans le présent recours.

### **3.4 Article 575, al. 1 C.p.c.: les questions de droit ou de faits identiques, similaires ou connexes**

[38] Décider si l'action soulève « des questions de droit ou de fait identiques, similaires ou connexes » consiste à déterminer si les réclamations des membres du

<sup>25</sup> *Jasmin c. Société des alcools du Québec*, 2015 QCCA 36, par. 43.

<sup>26</sup> *Option Consommateurs c. Bell Mobilité*, précité à la note 12.

<sup>27</sup> *Lévesque c. Vidéotron, s.e.n.c.*, 2015 QCCA 205, par. 45.

<sup>28</sup> *Sibiga c. Fido Solutions Inc.*, 2016 QCCA 1299, par. 101-102.

groupe présentent un dénominateur commun, soit s'il existe une ou plusieurs questions communes. Le seuil requis pour satisfaire ce critère s'avère peu élevé, et la présence d'une seule question de droit identique, similaire ou connexe suffit, malgré les circonstances variables d'un membre à l'autre, pourvu que son importance soit susceptible d'influencer le sort de l'action. Dans cet esprit, il faut se garder d'évaluer prématurément les moyens de défense.

[39] Connaissant les enseignements de l'arrêt *Vivendi*<sup>29</sup>, Bayer s'en remet à la discrétion du Tribunal sur l'observance du critère des questions de droit ou de faits identiques, connexes ou similaires.

[40] En l'instance, les questions communes proposées s'attaquent aux prétendues fautes de Bayer d'une part dans la conception, l'élaboration de la formule, la fabrication, la transformation, la commercialisation, la promotion, l'inspection, l'emballage, la préparation, l'étiquetage, les essais, la distribution, la mise en marché et la vente de *Yaz* et *Yasmin*, et d'autre part, dans l'omission d'une mise en garde contre les risques accrus de conséquences graves, comprenant les thromboses, les caillots, les embolies pulmonaires, les crises cardiaques, les accidents vasculaires cérébraux, les troubles et infections de la vésicule biliaire, l'insuffisance hépatique, l'insuffisance rénale, l'anxiété sévère, la dépression, et la mort subite. Le Tribunal conclut, sans hésitation, que la condition des questions de droit ou de faits identiques, connexes ou similaires se trouve amplement satisfaite.

[41] Par ailleurs, Bayer soumet que si le Tribunal autorise l'action collective, les questions communes proposées au paragraphe 49 de la demande doivent être reformulées selon sa propre proposition. Elle fait valoir que :

- les questions sur la causalité générale et les fautes [par. 49a) à 49g) de la demande] sont redondantes, font appel à des notions de *common law*, ou portent sur des éléments non allégués de manière précise à la demande. À cet égard, elle signale les questions portant sur l'efficacité de *Yaz* et *Yasmin*, ainsi que sur les risques accrus concernant sept des onze problèmes de santé mentionnés;
- les questions sur la causalité individuelle et les dommages compensatoires [par. 49h) à 49l) de la demande] : Bayer y consent;
- la question sur la restitution des profits [par. 49m) de la demande] est inadéquate puisque ce remède n'est pas ouvert en droit québécois en matière de responsabilité civile extracontractuelle, comme en l'instance. Les demandeurs en conviennent et retirent cette question;
- la formulation de la question sur les dommages punitifs est inadéquate, parce qu'elle réfère à une notion inutile.

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<sup>29</sup> Précité, à la note 10.

[42] Le recours des demandeurs se fonde sur la prétendue violation par Bayer de l'article 53 de la *Loi sur la protection du consommateur*<sup>30</sup>, ainsi que des articles 1457, 1468, 1469 et 1473 *C.c.Q.* Pour l'essentiel, ils lui reprochent le défaut de s'être assurée de la nature sécuritaire de *Yaz* et *Yasmin*, le manque d'information adéquate sur les risques accrus de conséquences graves liées à leur utilisation à la différence d'autres contraceptifs oraux [par. 11, 11.2, 16.6, 16.10 et 20a) de la demande], ainsi que des représentations trompeuses sur leur efficacité et leur nature sécuritaire [par. 17, 19.1 à 19.7 et 20b) de la demande]. Seules les questions qui touchent à la théorie de la cause des demandeurs et qui renvoient à des allégations précises sur la causalité générale, les fautes, la causalité individuelle, ainsi que sur les dommages-intérêts compensatoires et punitifs seront retenues.

[43] Bayer a raison de proposer la radiation totale ou partielle de certaines questions, ou leur reformulation. Ainsi, la mention des caillots, des crises cardiaques, de l'insuffisance hépatique, de l'insuffisance rénale, de l'anxiété sévère, de la dépression, et de la mort subite dans les risques accrus de conséquences graves n'est pas pertinente, car aucune allégation précise de faits pouvant être tenus pour avérés ne supporte cet énoncé. Qui plus est, les demanderesses n'ont pas connu ces conséquences. De plus, la question de l'efficacité de *Yaz* et *Yasmin*, en comparaison avec d'autres contraceptifs oraux, ne fait pas l'objet d'une preuve et n'a pas été discutée.

[44] Aussi, le Tribunal **IDENTIFIE** comme suit les principales questions de faits et de droit qui seront traitées collectivement :

- 1) Est-ce que *Yasmin* ou *Yaz* causent des risques accrus de thrombose artérielle, de thromboembolie veineuse ou de maladie de la vésicule biliaire comparativement aux autres contraceptifs oraux disponibles?
- 2) Dans l'affirmative, Bayer a-t-elle commis une faute génératrice de responsabilité en n'informant pas adéquatement les membres du groupe et/ou leurs médecins des risques accrus liés à l'utilisation de *Yasmin* et/ou *Yaz*? Si oui, quand?
- 3) Bayer a-t-elle commis une faute génératrice de responsabilité en effectuant des représentations trompeuses auprès des membres du groupe et/ou de leurs médecins concernant la nature sécuritaire de *Yasmin* et/ou *Yaz*? Si oui, quand?
- 4) Les fautes reprochées à Bayer ont-elles causé des préjudices aux membres du Groupe?
- 5) Si la responsabilité de Bayer est établie, les membres du groupe ont-ils droit à des dommages-intérêts compensatoires corporels, moraux et matériels?

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<sup>30</sup> RLRQ, Chapitre P-40.1.



- 6) Les membres du groupe ont-ils le droit de recouvrer les frais médicaux engagés pour le dépistage, le diagnostic et le traitement des problèmes médicaux causés par la prise de *Yasmin* et/ou *Yaz*?
- 7) Les membres du groupe ont-ils le droit de recouvrer à titre de dommages-intérêts un montant égal au prix d'achat de *Yasmin* et/ou *Yaz* ou à une partie du prix d'achat?
- 8) Les membres du groupe ont-ils droit à des dommages punitifs?

[45] Quant au groupe proposé, il convient de restreindre sa définition à celle que suggère Bayer, pour préciser que les seules utilisatrices de *Yaz* et *Yasmin* qui en seront membres seront celles qui ont reçu un diagnostic, par opposition à toutes les consommatrices. Les demandeurs consentent à cette précision.

[46] Enfin, quant aux conclusions recherchées, Bayer plaide que celles visant la restitution des profits et le recouvrement collectif de dommages compensatoires sont inadéquates. Les demandeurs répliquent qu'il est prématuré de décider, à ce stade-ci, du type de recouvrement. Ils ont raison<sup>31</sup>. En conséquence, le Tribunal retiendra les conclusions recherchées par les demandeurs, à l'exception de celle visant la restitution des profits.

#### **POUR CES MOTIFS, LE TRIBUNAL :**

[47] **ACCUEILLE** en partie la demande re-re-re-modifiée pour autorisation d'exercer une action collective;

[48] **AUTORISE** l'exercice de l'action collective sous la forme d'une demande introductive d'instance en dommages-intérêts;

[49] **ATTRIBUE** aux demandeurs Janie Guindon, Geneviève Gladu et Julien Leboeuf le statut de représentants aux fins d'exercer l'action collective pour le compte des personnes membres du groupe suivant :

Toutes les personnes résidant au Québec, incluant leurs successeurs, ayants droit, membres de leurs familles et personnes à charge, qui se sont fait prescrire et ont utilisé les médicaments *YASMIN* et/ou *YAZ*, depuis leur introduction respective sur le marché (10 décembre 2004 dans le cas de *Yasmin* et 6 janvier 2009 dans le cas de *Yaz*) et la date du 30 novembre 2011, et qui ont reçu un diagnostic de thrombose veineuse profonde, d'embolie pulmonaire, de thromboembolie artérielle ou de la maladie de la vésicule biliaire.

All persons residing in Quebec, including their successors, assigns, family members, and dependants, who were prescribed and ingested the drugs *Yasmin* and/or *Yaz*, from the respective introductions of these drugs into the market

<sup>31</sup> *Vermette c. General Motors du Canada Itée*, 2008 QCCA 1793, par. 63.

(December 10, 2004, in respect of *Yasmin* and January 6, 2009, in respect of *YAZ*) and the date of November 30, 2011, and who were diagnosed with deep vein thrombosis, pulmonary embolism, arterial thromboembolism or gallbladder disease.

[50] **IDENTIFIE** comme suit les principales questions de faits et de droit qui seront traitées collectivement :

- 1) Est-ce que *Yasmin* ou *Yaz* causent des risques accrus de thrombose artérielle, de thromboembolie veineuse ou de maladie de la vésicule biliaire comparativement aux autres contraceptifs oraux disponibles?
- 2) Dans l'affirmative, Bayer a-t-elle commis une faute génératrice de responsabilité en n'informant pas adéquatement les membres du groupe et/ou leurs médecins des risques accrus liés à l'utilisation de *Yasmin* et/ou *Yaz*? Si oui, quand?
- 3) Bayer a-t-elle commis une faute génératrice de responsabilité en effectuant des représentations trompeuses auprès des membres du groupe et/ou de leurs médecins concernant la nature sécuritaire de *Yasmin* et/ou *Yaz*? Si oui, quand?
- 4) Les fautes reprochées à Bayer ont-elles causé des préjudices aux membres du Groupe?
- 5) Si la responsabilité de Bayer est établie, les membres du groupe ont-ils droit à des dommages-intérêts compensatoires corporels, moraux et matériels?
- 6) Les membres du groupe ont-ils le droit de recouvrer les frais médicaux engagés pour le dépistage, le diagnostic et le traitement des problèmes médicaux causés par la prise de *Yasmin* et/ou *Yaz*?
- 7) Les membres du groupe ont-ils le droit de recouvrer à titre de dommages-intérêts un montant égal au prix d'achat de *Yasmin* et/ou *Yaz* ou à une partie du prix d'achat?
- 8) Les membres du groupe ont-ils droit à des dommages punitifs?

[51] **IDENTIFIE** comme suit les conclusions recherchées qui s'y rattachent :

**GRANT** the class action of Petitioners and each of the members of the class;

**DECLARE** the Respondent liable for the damages suffered by the Petitioners and each of the members of the class;

**CONDEMN** the Respondent to pay to each member of the class a sum to be determined in compensation of the damages suffered;

**CONDEMN** the Respondent to reimburse to each of the members of the class, the purchase price of the product;

**CONDEMN** the Respondent to pay to each of the members of the class punitive damages;

**CONDEMN** the Respondent to pay interest and additional indemnity on the above sums according to law from the date of service of the motion to authorize a class action;

**CONDEMN** the Respondent to bear the costs of the present action including expert, notice fees and the fees relating to administering the plan of distribution of the recovery in this action;

**RENDER** any other order that this Honourable court shall determine and that is in the interest of the members of the class.

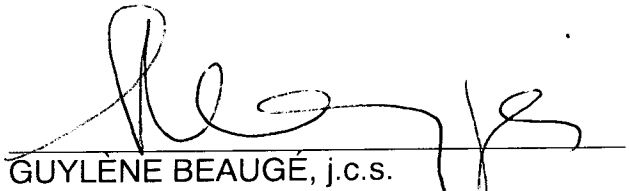
[52] **DÉCLARE** qu'à moins de demande d'exclusion, les membres du Groupe seront liés par tout jugement à intervenir sur l'action collective de la manière prévue à la loi;

[53] **FIXE** le délai d'exclusion à soixante (60) jours après la date de publication de l'avis aux membres, délai à l'expiration duquel les membres du Groupe qui ne se seront pas prévalus des moyens d'exclusion seront liés par tout jugement à intervenir sur l'action collective de la manière prévue à la loi;

[54] **DÉTERMINE** que l'action collective sera exercée dans le district judiciaire de Montréal;

[55] **CONVOQUE** les parties à une date à être fixée ultérieurement pour l'approbation de l'avis aux membres devant être publié conformément aux articles 579 *C.p.c.* et 581 *C.p.c.*

[56] **FRAIS DE JUSTICE** à suivre.

  
GUYLÈNE BEAUGÉ, j.c.s.

Me Samy Elnemr  
Ancien avocat des demandeurs  
Me Caroline Perrault, Me Erika Provencher  
Siskinds, Desmeules, Avocats, s.e.n.c.r.l  
Avocates des demandeurs

500-06-000484-093

PAGE : 17

Me Sylvie Rodrigue  
Me Marie-Eve Gingras  
Société d'avocats Torys, s.e.n.c.r.l.  
Avocates de la défenderesse

Dates d'audiences : 29 et 30 janvier 2018

# **ANNEXE 2**

CANADA

(Class Action)  
SUPERIOR COURT

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PROVINCE OF QUEBEC  
DISTRICT OF MONTREAL

NO: 500-06-000484-093

JANIE GUINDON

and

GENEVIÈVE GLADU

and

JULIEN LEBOEUF

Plaintiffs

v.

BAYER INC.

Defendant

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**RE-RE-AMENDED MOTION TO AUTHORIZE THE BRINGING OF A CLASS  
ACTION & TO ASCRIBE THE STATUS OF REPRESENTATIVES  
(Art. 1002 C.C.P. and following)**

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**TO THE HONOURABLE JUSTICE OF THE SUPERIOR COURT, GUYLÈNE  
BEAUGÉ, SITTING IN AND FOR THE DISTRICT OF MONTREAL, YOUR  
PLAINTIFFS STATE AS FOLLOWS:**

**I. GENERAL PRESENTATION**

**A) The Action**

1. Plaintiffs wish to institute a class action on behalf of the following group, of which they are members, namely:

«All persons residing in Quebec who were prescribed and ingested the drugs YASMIN and/or YAZ, from the respective introductions of these drugs into the market (December 10, 2004, in respect of Yasmin and January 6, 2009, in respect of YAZ) and the date of November 30, 2011 and their successors, assigns, family members, and dependants or any other group to be determined by the Court.»

## B) The Defendant

2. [...];
3. Bayer Inc. ("Bayer") is a Federal corporation with its head office in Etobicoke, Ontario. Bayer is a wholly owned subsidiary of Bayer A.G. Bayer is involved in marketing, distribution and sale of healthcare and material science products and has a principal establishment in Montreal, the whole as appears from the Information sheet on the Registraire des entreprises du Quebec, a copy of which is produced herewith as **Exhibit P-1**. At all material times, Bayer was engaged in the business of designing, manufacturing, developing the formula for, preparing, processing, inspecting, testing, packaging, promoting, marketing, distributing, labelling, and/or selling for a profit, either directly or indirectly through an agent, affiliate, predecessor or subsidiary, Yasmin and Yaz in Canada. The development of Yasmin and Yaz for sale in Canada, the conduct of clinical studies, the preparation of regulatory applications, the maintenance of regulatory records, the labelling and promotional activities regarding Yasmin and Yaz, and other actions central to the allegations of this lawsuit, were undertaken by Bayer in Quebec and elsewhere;
4. [...];
5. [...];
- 5.1 [...];
- 5.2 [...];
- 5.3 [...];
- 5.4 [...];
- 5.5 [...];
- 5.6 [...];
6. [...];

## C) The Situation

- 6.1 Yasmin and Yaz are oral contraceptives manufactured by Bayer, indicated in Canada for the prevention of pregnancy and treatment of moderate acne vulgaris in women (16 years of age or older for Yasmin and 14 years of age or older for Yaz) who have no known contraindications to oral contraceptive therapy, desire contraception, and have achieved menarche

the whole as appears from the product monographs, copies of which are produced herewith as **Exhibit P-2** (Yasmin) and **Exhibit P-3** (Yaz);

- 6.2 Yasmin was approved by Health Canada on December 10<sup>th</sup>, 2004 and Yaz was approved by Health Canada in late 2008;
- 6.3 Yasmin and Yaz are two (2) of the largest selling contraceptives worldwide. Yasmin was the third most prescribed oral contraceptive in Canada in 2008. Worldwide sales of Yasmin and Yaz in 2008 were approximately \$1.8 billion;
7. Yasmin and Yaz are combination oral contraceptives (“COCs”), meaning that they contain an estrogen component and a progestin component. Together, these steroidal components work together in COCs to suppress ovulation, fertilization, and implantation and thus prevent pregnancy;
8. [...];
9. The estrogen component in Yasmin and Yaz is known generically as ethinyl estradiol. The progestin component is known as drospirenone. Yasmin contains 0.03 milligrams of ethinyl estradiol and Yaz contains 0.02 milligrams of ethinyl estradiol. Both drugs contain 3 milligrams of drospirenone;
10. The difference between Yaz / Yasmin and other birth control pills on the market is that drospirenone is a new type of progestin and is unlike any other on the market. Drospirenone is considered to be a fourth-generation progestin;

### **C.1) THE RISKS**

11. Since Yasmin and Yaz contain the progestin drospirenone, they present additional health risks not associated with other birth control pills;
  - 11.1 Drospirenone is a spironolactone analog and can cause elevation of potassium levels (hyperkalemia) and a decrease in sodium levels (hyponatremia) due to its potassium-sparing diuretic effects. Potassium is a key control in the electrical system of the heart and elevated levels can cause arrhythmias which can lead to stroke, deep vein thrombosis, pulmonary embolism, heart attack, or sudden death. Because drospirenone can act like a diuretic, it can also cause dehydration which can lead to kidney stones and gall bladder disease and/or removal;
  - 11.2 Because drospirenone is used as the progestin component, the risk of suffering from stroke, deep vein thrombosis, pulmonary embolism, heart attack, or gall bladder disease and/or removal, is substantially higher



among women who use Yasmin or Yaz compared to women who use second generation oral contraceptives with a first or second generation progestin component;

12.[...];

13.[...];

14.[...];

15.[...];

16. Further, because of the combination of estrogen and drospirenone found in Yaz and Yasmin, they can affect a woman's hormonal level in a way that previous classes of birth control pills did not, and can also cause bouts of severe anxiety, depression and other mental health issues;

16.1 During the brief time that Yasmin and Yaz have been sold, hundreds of reports of injury and death have been reported to health regulatory agencies in association with these products;

16.2 On or about April 13<sup>th</sup> 2002, the British Medical Journal reported that the Dutch College of General Practitioners recommended that second generation birth control pills be prescribed in lieu of Yasmin, due to the adverse event reports of forty (40) women who experienced venous thrombosis associated with their use of Yasmin, the whole as appears from the British Medical Journal article dated April 13<sup>th</sup>, 2002, a copy of which is produced herewith as **Exhibit P-4**;

16.3 On or about February 1<sup>st</sup>, 2003, the British Medical Journal published a paper entitled *Thromboembolism Associated with the New Contraceptive Yasmin*. This paper stated that the Dutch spontaneous reporting system for adverse drug reactions received five (5) reports of thromboembolism (including death) as a suspected adverse drug reaction to the new oral contraceptive Yasmin, the whole as appears from the British Medical Journal paper dated February 1<sup>st</sup>, 2003, a copy of which is produced herewith as **Exhibit P-5**;

16.4 On or about August 13<sup>th</sup> 2009, the British Medical Journal published a study stating that oral contraceptives containing drospirenone (Yasmin and Yaz) carry a 6.3 times increased risk of deep vein thrombosis or pulmonary embolism. When compared to women taking some other type of birth control, the increased risk was nearly four (4) times more among users of Yasmin and Yaz, the whole as appears from the British Medical Journal study, a copy of which is produced herewith as **Exhibit P-6**;

- 16.5 Notwithstanding the well documented safety hazards associated with using Yasmin and Yaz, Bayer failed to conduct meaningful post-market surveillance;
- 16.6 Bayer aggressively marketed Yasmin and Yaz without adequately disclosing the increased safety hazards associated with using Yasmin and Yaz as compared to second generation oral contraceptives;
- 16.7 At all material times, Bayer knew or should have known that the risks of using Yasmin and/or Yaz included severe and life threatening complications and side effects;
- 16.8 At all material times, Bayer, through its servants and agents, failed to adequately warn physicians and consumers, including the Plaintiffs and putative class members, that the risk of developing adverse events including stroke, deep vein thrombosis, pulmonary embolism, heart attack, gall bladder disease and/or removal, liver failure, kidney failure, severe anxiety, depression or sudden death associated with using Yasmin and/or Yaz is significantly higher compared to the risk of developing stroke, deep vein thrombosis, pulmonary embolism, heart attack, gall bladder disease liver failure, kidney failure, severe anxiety, depression or sudden death associated with the use of second generation oral contraceptives;
- 16.9 Bayer did not provide adequate safety data to Health Canada with respect to Yasmin and Yaz. Bayer knew or should have known that Yasmin and Yaz were unsafe, defective, unreasonably dangerous, and not fit for their intended purpose;
- 16.10 At all material times, Bayer, through its servants and agents, negligently and/or carelessly marketed, distributed and/or sold Yasmin and Yaz without adequate warnings of the products' serious side effects and unreasonably dangerous risks;
17. In addition, Bayer marketed Yasmin and Yaz as providing the same efficacy as other birth control pills in preventing pregnancy, but with additional benefits;
18. Bayer promoted Yaz as an oral contraceptive, which also reduced menstrual symptoms such as headaches, cramps and breast tenderness. In addition, Yaz is promoted as treating acne and counteracting water retention, resulting in less bloating;
19. [...];

- 19.1 The Food and Drug Association (“FDA”) in the United States sent Bayer warning letters regarding their aggressive and controversial marketing efforts. Bayer has been warned at least three (3) times by the FDA, in 2003, 2008 and 2009, for misleading the public through the use of ads which overstate the efficacy of Yasmin and Yaz, and minimize serious risks associated with the drugs. Most recently, the FDA issued Bayer a warning letter for overstating Yaz’ ability to improve womens’ moods and clear up acne in television commercial advertisements. In addition, the FDA required Bayer to run a multi-million dollar television advertisement campaign to correct these misleading claims, as well as disclose the risks of hyperkalemia and other health problems associated with Yaz use. The FDA also directed Bayer to address false claims that Yasmin and Yaz were approved to treat Premenstrual Syndrome and all forms of acne, the whole as appears from the Food and Drug Administration letter dated March 26<sup>th</sup>, 2009, a copy of which is produced herewith as **Exhibit P-7**;
- 19.2 A Bayer press release dated January 20<sup>th</sup>, 2009, issued in Canada, which targeted "Gen Yers", states that Yaz may help reduce the symptoms experienced around the time of their period, although Yaz is not indicated for that use and has not been shown to be effective for that use. The press release includes a quote from a family physician stating “The availability of this new low-dose pill provides women with the benefits of reduced menstrual symptoms.” Similar to the advertising in the U.S. that the FDA took issue with, the Canadian press release also states that Yaz treats acne, but does not specify the type of acne it is indicated to treat. The press release also states that Yaz was found to be safe and well tolerated without warning of the increased risks associated with Yaz use compared to second generation oral contraceptives, the whole as appears from the Bayer press release dated January 20<sup>th</sup>, 2009, a copy of which is produced herewith as **Exhibit P-8**;
- 19.3 On March 26<sup>th</sup>, 2010, Bayer announced it would be updating the Yasmin label in the European Union to include the results of recent epidemiological studies with respect to venous thromboembolism, the whole as appears from the Bayer press release dated March 26<sup>th</sup>, 2010, a copy of which is produced herewith as **Exhibit P-9**;
- 19.4 On April 7<sup>th</sup>, 2010, the FDA approved new label changes for Yasmin and Yaz in the United States with respect to the risk of blood clots, the whole as appears from the Bayer letter and labels of Yasmin and Yaz, a copy of which is produced herewith as **Exhibit P-10**;
- 19.5 In Bayer’s Interim Report First Quarter of 2015, it is stated that as of April 2015, there were about 4,600 pending lawsuits and claims in the United States, excluding claims already settled, the total of which is not indicated, alleging personal injuries, some fatal, related to the use of

Yasmin and Yaz, the whole as appears from the Interim Report First Quarter of 2015 dated April 27<sup>th</sup>, 2015, a copy of which is produced herewith as **Exhibit P-11**;

19.6 On May 17<sup>th</sup>, 2011, a research paper published in the Canadian Medical Association Journal concluded that women using oral contraceptives containing drospirenone had a significantly increased risk of gallbladder disease, the whole as appears from the research paper published in the Canadian Medical Association Journal dated May 17<sup>th</sup>, 2011, a copy of which is produced herewith as **Exhibit P-12**;

19.7 On October 18<sup>th</sup>, 2012, an article published on the Science Daily web site referred to a Food and Drug Administration-funded study led by the Kaiser Permanente Northern California Division of Research which found an increased risk of arterial thrombotic events associated with drospirenone-containing birth control pills, the whole as appears from the Science Daily article dated October 18<sup>th</sup>, 2012, a copy of which is produced herewith as **Exhibit P-13**;

20. In view of the foregoing, Bayer has:

- a) misrepresented information concerning the safety and efficacy of Yasmin and Yaz to the medical community and the public; and
- b) failed to provide adequate warning to the medical community and the public about Yasmin and Yaz's increased risk of serious adverse events, including deep vein thrombosis, blood clots, pulmonary embolism, heart attacks, stroke, gallbladder problems and infections, liver failure, kidney failure, severe anxiety, depression, and sudden death;

## II. FACTS GIVING RISE TO AN INDIVIDUAL ACTION BY THE PLAINTIFFS

21.[...];

22.[...];

23.[...];

24.[...];

25.[...];

26.[...];

27.[...];

28.[...];

29.[...];

30.[...];

31.[...];

32.[...];

33.[...];

**Plaintiff Janie Guindon**

33.1 On or about August 1<sup>st</sup>, 2009, Plaintiff Janie Guindon began using the oral contraceptive Yaz;

33.2 Plaintiff Janie Guindon was 22 years of age when she began using the oral contraceptive Yaz;

33.3 Plaintiff Janie Guindon used the oral contraceptive Yaz in accordance with the manner it was intended to be used;

33.4 Shortly after her first use of the oral contraceptive Yaz, on or about October 14<sup>th</sup> 2009, Plaintiff was told she had developed gallstones;

33.5 On or about November 14<sup>th</sup>, 2009, Plaintiff Janie Guindon had her gallbladder removed;

33.6 On or about December 30<sup>th</sup>, 2009, Plaintiff Janie Guindon suffered from deep vein thrombosis;

33.7 On or about January 1<sup>st</sup>, 2010, Plaintiff Janie Guindon suffered from multiple pulmonary embolism;

33.8 On or about January 1<sup>st</sup>, 2010, Plaintiff Janie Guindon stopped taking Yaz;

33.9 Plaintiff Janie Guindon was in good health prior to her use of Yaz;

33.10 In the period before and during the use of Yaz by the Plaintiff Janie Guindon, she received no or inadequate warnings about the increased risk of developing stroke, deep vein thrombosis, pulmonary embolism, heart attack, or gall bladder disease and/or removal associated with Yaz use as compared to the use of second generation oral contraceptives;

- 33.11 Plaintiff Janie Guindon would not have taken Yaz if Bayer had properly disclosed the true risks and benefits of taking this medication;
- 33.12 Plaintiff's damages are a direct and proximate result of her use of the drug Yaz, Bayer's negligence and/or fault and/or lack of adequate warnings, and Bayer's misrepresentations as to its efficacy;
- 33.13 In consequence of the foregoing, Plaintiff Janie Guindon is justified in claiming damages;

**Plaintiffs Geneviève Gladu and Julien Leboeuf**

- 33.14 Plaintiff Geneviève Gladu was prescribed the oral contraceptive Yasmin shortly after it was approved by health Canada in 2004;
- 33.15 Plaintiff Geneviève Gladu used the oral contraceptive Yasmin until June of 2009;
- 33.16 Plaintiff Geneviève Gladu used Yasmin in accordance with the manner it was intended to be used;
- 33.17 On or about June 2009, Plaintiff Geneviève Gladu experienced abdominal pains;
- 33.18 Between June 7<sup>th</sup>, 2009 and July 7<sup>th</sup>, 2009, when she was 30 years of age, Plaintiff Geneviève Gladu was hospitalized for gallstones, gallbladder removed, pancreatitis and pulmonary embolism;
- 33.19 On or about June 7<sup>th</sup> 2009, Plaintiff Geneviève Gladu stopped taking Yasmin;
- 33.20 Plaintiff Geneviève Gladu was in excellent health prior to her use of Yasmin;
- 33.21 In the period before and during the use of Yasmin by the Plaintiff Geneviève Gladu, she received no or inadequate warnings about the increased risk of developing stroke, deep vein thrombosis, pulmonary embolism, heart attack, or gall bladder disease and/or removal associated with Yasmin use as compared to use of second generation oral contraceptives;
- 33.22 Plaintiff Geneviève Gladu would not have taken Yasmin if Bayer had properly disclosed the true risks and benefits of taking this medication;

33.23 Plaintiff's damages are a direct and proximate result of her use of the drug Yasmin, Bayer's negligence and/or fault and/or lack of adequate warnings, and Bayer's misrepresentations as to its efficacy;

33.24 In consequence of the foregoing, Plaintiff Geneviève Gladu is justified in claiming damages;

33.24.1. Plaintiff Julien Leboeuf has been the partner of Plaintiff Geneviève Gladu for the past ten years;

33.24.2. Plaintiffs Julien Leboeuf and Geneviève Gladu have two children;

33.24.3. Following the hospitalization of Plaintiff Geneviève Gladu in 2009, as described above, Plaintiff Julien Leboeuf suffered damages such as stress, fear of losing his partner and worry about the short and long term health of his partner;

[...]

33.25 [...];

33.26 [...];

33.27 [...];

33.28 [...];

33.29 [...];

33.30 [...];

33.31 [...];

33.32 [...];

33.33 [...];

33.34 [...];

### **III. FACTS GIVING RISE TO AN INDIVIDUAL ACTION BY EACH OF THE MEMBERS OF THE GROUP**

34. Every member of the class has either ingested and/or purchased Yaz and/or Yasmin or is the successor, family member, assign, and/or dependant of a person who purchased and/or ingested one of the aforementioned drugs;

35. The class members' damages would not have occurred but for the acts and/or omissions and/or fault of Bayer in failing to ensure that the drugs Yaz and Yasmin were safe for use, for failing to provide adequate warning of the risks associated with using them, and for over-promoting (and misrepresenting) their efficacy;
36. In consequence of the foregoing, each member of the class is justified in claiming at least one or more of the following as damages:
- a. physical and mental injuries, including pain, suffering, anxiety, fear, loss of quality and enjoyment of life, and increased risk of health problems;
  - b. out-of-pocket expenses incurred or to be incurred, including those connected with hospital stays, medical treatment, life care, medications, medical monitoring services, and the diagnosis and treatment of Yaz and Yasmin side effect services;
  - c. loss of income and loss of future income;
  - d. refund of the purchase price of Yaz and Yasmin or alternately, the incremental costs of Yaz and Yasmin as paid for by class members;
  - e. disgorgement of all profits earned by Bayer from the sale of the drugs Yaz and Yasmin;
  - f. punitive damages;
37. As a direct result of the Bayer's conduct and/or fault, the users' family members, and dependants have, had, and/or will suffer damages and loss, including:
- a. out of pocket expenses, including paying or providing nursing, housekeeping and other services;
  - b. loss of income and loss of future income;
  - c. loss of support, guidance, care, consortium, and companionship that they might reasonably have expected to receive if the injuries had not occurred;
38. [...];
39. All of these damages to the class members are a direct and proximate result of their use of the drug Yaz and/or Yasmin, Bayer's negligence and/or fault and/or lack of adequate warnings, and Bayer's misrepresentations as to its efficacy;



#### IV. CONDITIONS REQUIRED TO INSTITUTE A CLASS ACTION

##### **A) The composition of the class renders the application of Articles 59 or 67 C.C.P. difficult or impractical**

40. Plaintiffs are unaware of the specific number of persons who took and/or purchased these drugs, however, it is safe to estimate that it is in the tens of thousands (if not hundreds of thousands);
41. Class members are numerous and are scattered across the entire province;
42. Plaintiffs have no way of knowing the names and addresses of potential class members due to the confidential nature of medical and pharmacy records;
43. In addition, given the costs and risks inherent in an action before the courts, many people will hesitate to institute an individual action against Bayer. Even if the class members themselves could afford such individual litigation, the court system could not as it would be overloaded. Further, individual litigation of the factual and legal issues raised by the conduct of Bayer would increase delay and expense to all parties and to the court system;
44. Also, a multitude of actions instituted in different judicial districts, risks having contradictory judgements on questions of fact and law that are similar or related to all members of the class;
45. These facts demonstrate that it would be impractical, if not impossible, to contact each and every member of the class to obtain mandates and to join them in one action;
46. In these circumstances, a class action is the only appropriate procedure for all of the members of the class to effectively pursue their respective rights and have access to justice;

##### **B) The questions of fact and law which are identical, similar, or related with respect to each of the class members with regard to Bayer and that which the Plaintiffs wish to have adjudicated upon by this class action**

47. Individual questions, if any, pale by comparison to the numerous common questions that predominate;
48. The damages sustained by the class members flow, in each instance, from a common nucleus of operative facts, namely, Bayer's misconduct;

49. The recourses of the members raise identical, similar or related questions of fact or law, namely:
- a. Do Yaz and Yasmin cause, exacerbate, or contribute to serious adverse events, including deep vein thrombosis, blood clots, pulmonary embolism, heart attacks, stroke, gallbladder problems and infections, liver failure, kidney failure, severe anxiety, depression, and sudden death?
  - b. Was Bayer negligent and/or did it commit a fault and/or did it fail in its duty of safety, duty of care, and/or duty to inform imposed upon it as manufacturer, distributor and/or seller of Yaz and Yasmin?
  - c. Do Yaz and Yasmin possess a superior efficacy over other contraceptives available on the market?
  - d. Did Bayer knowingly, recklessly or negligently breach a duty to warn class members and/or their physicians of the risks of harm from the use of Yaz and Yasmin?
  - e. Did Bayer knowingly, recklessly or negligently misrepresent to class members and/or their physicians the risks and benefits from the use of Yaz and Yasmin?
  - f. Did Bayer engage in false advertising when it represented, through advertisements, promotions and other representations, that Yaz and Yasmin were safe?
  - g. Did Bayer engage in false advertising when it represented, through advertisements, promotions and other representations, that Yaz and Yasmin had a superior efficacy over other contraceptions?
  - h. In the affirmative to any of the above questions, did Bayer conduct engage its liability towards the members of the class?
  - i. If the responsibility of the Bayer is established, what is the nature and the extent of damages and other remedies to which the members of the class can claim?
  - j. Are members of the class entitled to bodily, moral, and material damages?
  - k. Are members of the class entitled to recover the medical costs incurred in the screening, diagnosis and treatment of medical conditions caused by taking Yaz and Yasmin?

- l. Are the members of the class entitled to recover as damages an amount equal to the purchase price of Yaz and Yasmin or any part of the purchase price?
- m. Should Bayer be ordered to disgorge all or part of its ill-gotten profits received from the sale of Yaz and Yasmin?
- n. Are members of the class entitled to aggravated or punitive damages?

50. The interests of justice favour that this motion be granted in accordance with its conclusions;

## V. NATURE OF THE ACTION AND CONCLUSIONS SOUGHT

51. The action that Plaintiffs wish to institute on behalf of the members of the class is an action in damages;

52. The conclusions that Plaintiffs wish to introduce by way of a motion to institute proceedings are:

**GRANT** the class action of Plaintiffs and each of the members of the class;

**DECLARE** the Defendant liable for the damages suffered by the Plaintiffs and each of the members of the class;

**CONDEMN** the Defendant to pay to each member of the class a sum to be determined in compensation of the damages suffered, and **ORDER** collective recovery of these sums;

**CONDEMN** the Defendant to reimburse to each of the members of the class, the purchase price of the product, and **ORDER** collective recovery of these sums;

**CONDEMN** the Defendant to pay to each of the members of the class, punitive damages, and **ORDER** collective recovery of these sums;

**RESERVE** the right of each of the members of the class to claim future damages related to the use of Yaz and Yasmin;

**CONDEMN** the Defendant to pay interest and additional indemnity on the above sums according to law from the date of service of the motion to authorize a class action;

**ORDER** the Defendant to deposit in the office of this court the totality of the sums which forms part of the collective recovery, with interest and costs;

**ORDER** that the claims of individual class members be the object of collective liquidation if the proof permits and alternately, by individual liquidation;

**CONDEMN** the Defendant to bear the costs of the present action including expert, notice fees and the fees relating to administering the plan of distribution of the recovery in this action;

**RENDER** any other order that this Honourable court shall determine and that is in the interest of the members of the class;

**A) The Plaintiffs request the status of representative of the Class**

53. Plaintiffs are members of the class;

54. Plaintiffs are ready and available to manage and direct the present action in the interest of the members of the class that they wish to represent and are determined to lead the present dossier until a final resolution of the matter, the whole for the benefit of the class, as well as, to dedicate the time necessary for the present action before the Courts of Quebec and the *Fonds d'aide aux recours collectifs*, as the case may be, and to collaborate with their attorneys;

55. Plaintiffs have the capacity and interest to fairly and adequately protect and represent the interest of the members of the class;

56. Plaintiffs have given the mandate to their attorneys to obtain all relevant information with respect to the present action and intend to keep informed of all developments;

57. Plaintiffs, with the assistance of their attorneys, are ready and available to dedicate the time necessary for this action and to collaborate with other members of the class and to keep them informed;

58. Plaintiffs are in good faith and have instituted this action for the sole goal of having their rights, as well as the rights of other class members recognized and protected so that they may be compensated for the damages that they have suffered as a consequence of the Bayer's conduct;

59. Plaintiffs understand the nature of the action;

60. The interests of the Plaintiffs are not antagonistic to those of other members of the class;

**B) The Plaintiff suggests that this class action be exercised before the Superior Court of justice in the district of Montreal**

61. A great number of the members of the class reside in the judicial district of Montreal and in the appeal district of Montreal;

62. Bayer has its principal place of business in the judicial district of Montreal;

63. [...];

64. The Plaintiffs' attorneys practice their profession in the judicial district of Montreal;

65. The present motion is well founded in fact and in law.

**FOR THESE REASONS, MAY IT PLEASE THE COURT:**

**GRANT** the present motion;

**AUTHORIZE** the bringing of a class action in the form of a motion to institute proceedings in damages;

**ASCRIBE** the Plaintiffs the status of representatives of the persons included in the class herein described as:

«All persons residing in Quebec who were prescribed and ingested the drugs YASMIN and/or YAZ, from the respective introductions of these drugs into the market (December 10, 2004, in respect of Yasmin and January 6, 2009, in respect of YAZ) and the date of November 30, 2011 and their successors, assigns, family members, and dependants or any other group to be determined by the Court.»

**IDENTIFY** the principle questions of fact and law to be treated collectively as the following:

- a. Do Yaz and Yasmin cause, exacerbate, or contribute to serious adverse events, including deep vein thrombosis, blood clots, pulmonary embolism, heart attacks, stroke, gallbladder problems and infections, liver failure, kidney failure, severe anxiety, depression, and sudden death?
- b. Was Bayer negligent and/or did it commit a fault and/or did it fail in its duty of safety, duty of care, and/or duty to inform imposed upon it as manufacturer, distributor and/or seller of Yaz and Yasmin?

- c. Do Yaz and Yasmin possess a superior efficacy over other contraceptives available on the market?
- d. Did Bayer knowingly, recklessly or negligently breach a duty to warn class members and/or their physicians of the risks of harm from the use of Yaz and Yasmin?
- e. Did Bayer knowingly, recklessly or negligently misrepresent to class members and/or their physicians the risks and benefits from the use of Yaz and Yasmin?
- f. Did Bayer engage in false advertising when it represented, through advertisements, promotions and other representations, that Yaz and Yasmin were safe?
- g. Did Bayer engage in false advertising when it represented, through advertisements, promotions and other representations, that Yaz and Yasmin had a superior efficacy over other contraceptives?
- h. In the affirmative to any of the above questions, did Bayer conduct engage its liability towards the members of the class?
- i. If the responsibility of the Bayer is established, what is the nature and the extent of damages and other remedies to which the members of the class can claim?
- j. Are members of the class entitled to bodily, moral, and material damages?
- k. Are members of the class entitled to recover the medical costs incurred in the screening, diagnosis and treatment of medical conditions caused by taking Yaz and Yasmin?
- l. Are the members of the class entitled to recover as damages an amount equal to the purchase price of Yaz and Yasmin or any part of the purchase price?
- m. Should Bayer be ordered to disgorge all or part of its ill-gotten profits received from the sale of Yaz and Yasmin?
- n. Are members of the class entitled to aggravated or punitive damages?

**IDENTIFY** the conclusions sought by the class action to be instituted as being the following:

**GRANT** the class action of Plaintiffs and each of the members of the class;

**DECLARE** the Defendant liable for the damages suffered by the PLAINTIFFS and each of the members of the class;

**CONDEMN** the Defendant to pay to each member of the class a sum to be determined in compensation of the damages suffered, and **ORDER** collective recovery of these sums;

**CONDEMN** the Defendant to reimburse to each of the members of the class, the purchase price of the product, and **ORDER** collective recovery of these sums;

**CONDEMN** the Defendant to pay to each of the members of the class, punitive damages, and **ORDER** collective recovery of these sums;

**RESERVE** the right of each of the members of the class to claim future damages related to the use of Yaz and Yasmin;

**CONDEMN** the Defendant to pay interest and additional indemnity on the above sums according to law from the date of service of the motion to authorize a class action;

**ORDER** the Defendant to deposit in the office of this court the totality of the sums which forms part of the collective recovery, with interest and costs;

**ORDER** that the claims of individual class members be the object of collective liquidation if the proof permits and alternately, by individual liquidation;

**CONDEMN** the Defendant to bear the costs of the present action including expert, notice fees and the fees relating to administering the plan of distribution of the recovery in this action;

**RENDER** any other order that this Honourable court shall determine and that is in the interest of the members of the class;

**DECLARE** that all members of the class that have not requested their exclusion, be bound by any judgement to be rendered on the class action to be instituted in the manner provided for by law;

**FIX** the delay of exclusion at thirty (30) days from the date of the publication of the notice to the members, date upon which the members of the class that have not exercised their means of exclusion will be bound by any judgement to be rendered herein;

**ORDER** the publication of a notice to the members of the group in accordance with article 1006 C.C.P. within sixty (60) days from the judgement to be rendered herein in the JOURNAL DE QUÉBEC, the JOURNAL DE MONTRÉAL, LA PRESSE and the NATIONAL POST;

**ORDER** that said notice be available on the Bayer's website with a link stating "Notice to Yaz and Yasmin users";

**RENDER** any other order that this Honourable court shall determine and that is in the interest of the members of the class;

**THE WHOLE** with costs including publications fees.

Montreal, February 2<sup>nd</sup>, 2017

*Siskinds Desmeules, Avocats, S.E.N.C.R.L.*

Maître Samy Elnemr

samy.elnemr@siskindsdesmeules.com

SISKINDS, DESMEULES, AVOCATS, S.E.N.C.R.L.

Attorneys for the Plaintiffs

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Telephone : 514-849-1970

Fax : 514-849-7934

Notification: [notification@siskindsdesmeules.com](mailto:notification@siskindsdesmeules.com)



**NOTICE OF PRESENTATION**

TO: **Me Sylvie Rodrigue, Ad. E.**  
Société d'avocats Torys s.e.n.c.r.l.  
1 place Ville-Marie  
Suite 1919  
Montreal, Quebec  
H3B 2C3

Attorneys for the Defendant Bayer Inc.

**TAKE NOTICE** that the Plaintiffs' Motion will be presented for adjudication before The Honourable Justice Guylène Beaugé on a date and time to be determined by the Court at the Montréal Courthouse located at 1, Notre-Dame East, Montreal, Quebec, H2Y 1B6.

Montreal, February 2<sup>nd</sup>, 2017

*Siskinds, Desmeules, Avocats, S.E.N.C.R.L.*

Maître Samy Elnemr  
samy.elnemr@siskindsdesmeules.com  
SISKINDS, DESMEULES, AVOCATS, S.E.N.C.R.L.  
Attorneys for the Plaintiffs  
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CANADA  
PROVINCE OF QUEBEC  
DISTRICT OF MONTREAL

(Class Action)  
SUPERIOR COURT

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NO: 500-06-000484-093

**JANIE GUINDON**

and

**GENEVIÈVE GLADU**

and

**JULIEN LEBOEUF**

Plaintiffs

v.

**BAYER INC.**

Defendant

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#### LIST OF EXHIBITS

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- EXHIBIT P-1:** Bayer's Information Sheet on the Registraire des entreprises du Québec;
- EXHIBIT P-2:** Yasmin Product Monographs;
- EXHIBIT P-3:** Yaz Product Monographs;
- EXHIBIT P-4:** British Medical Journal Article, dated April 13, 2002;
- EXHIBIT P-5:** British Medical Journal Paper, dated February 1, 2003;
- EXHIBIT P-6:** British Medical Journal Study;
- EXHIBIT P-7:** Food and Drug Administration letter, dated March 26, 2009;
- EXHIBIT P-8:** Bayer Press Release, dated January 20, 2009;
- EXHIBIT P-9:** Bayer Press Release, dated March 26, 2010;
-

- EXHIBIT P-10:** Bayer letter and labels of Yasmin and Yaz;
- EXHIBIT P-11:** Interim Report First Quarter of 2015, dated April 27, 2015;
- EXHIBIT P-12:** Research paper published in the Canadian Medical Association Journal, dated May 17, 2011;
- EXHIBIT P-13:** Science Daily article, dated October 18, 2012.

Montreal, February 2<sup>nd</sup>, 2017

*Siskinds, Desmeules, Avocats, S.E.N.C.R.L.*

Maître Samy Elnemr

samy.elnemr@siskindsdesmeules.com

SISKINDS, DESMEULES, AVOCATS, S.E.N.C.R.L.

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CANADA  
PROVINCE OF QUÉBEC  
DISTRICT OF MONTRÉAL

SUPERIOR COURT – CLASS ACTION  
NO: 500-06-000484-093

**JANIE GUINDON**

**ET AL.**

Plaintiffs

v.

**BAYER INC.**

Defendant

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**RE-RE-AMENDED MOTION TO AUTHORIZE THE  
BRINGING OF A CLASS ACTION & TO ASCRIBE  
THE STATUS OF REPRESENTATIVES  
(Art. 1002 C.C.P. and following),  
NOTICE OF PRESENTATION, LIST OF EXHIBITS**

---

Copy to the Defendant  
a/s Me Sylvie Rodrigue  
Société d'avocats Torys  
1 Place Ville-Marie, bureau 1919  
Montréal (Québec) H3B 2C3

**BB-6852**

**Me Sammy Elnemr**  
O/F : 67-095

**SISKINDS**  
MONTRÉAL

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Fax : (514) 849-7934  
[www.siskinds.com](http://www.siskinds.com)

# **ANNEXE 3**

CANADA

PROCÈS-VERBAL D'AUDIENCE

COUR SUPÉRIEURE

PROVINCE DE QUÉBEC

Pratique civile

Chambre des actions collectives

DISTRICT DE MONTRÉAL

Référée de

Salle prévue 15.03

Date

No : 500-06-000484-093

Le 30 janvier 2017

L'HONORABLE GUYLÈNE BEAUGÉ, J.C.S.

JB3984

**Partie demanderesse**

**Procureur(s)**

JANIE GUINDON(absente) –et-  
GENEVIÈVE GLADU –et-  
JULIEN LEBOEUF

Présents

Me Samy Elnemr  
Me Erika Provencher  
Siskinds Desmeules

Présents

**Partie défenderesse**

**Procureur(s)**

BAYER INC.

Présente

Me Sylvie Rodrigue  
Me Marie-Eve Gingras  
Société d'avocats Torys

Présentes

Nature de la cause  
Recours collectif

Cote(s)

Requête (s)

43

Demande de ré-réamendée pour autorisation d'exercer une action collective et pour obtenir le statut de représentants

Greffier(ière)\*  
Diane Rivest

Interprète  
N/A

Sténographe  
N/A

**ENREGISTREMENT NUMÉRIQUE**

Audition AM :

Début

9h30

Fin

12h16

Audition PM :

Début

14h15

Fin

15h38

Affaires référées au maître des rôles

Résultat de l'audition

Cause mise en délibéré. Dossier au bureau de la juge.

**HEURE**

CAUSE CONTINUÉE DU 29 JANVIER 2018

9h30

**OUVERTURE DE L'AUDIENCE**  
**IDENTIFICATION DES PROCUREURS**

9h30

Suite de l'argumentation de Me Rodrigue

9h30

Me Rodrigue réfère à la page 26 de son plan d'argumentation

9h37

Me Rodrigue réfère à l'interrogatoire du Dr Grover

9h43

Me Rodrigue réfère à la pièce P-12

- 9h44 Me Rodrigue réfère au paragraphe 7 du rapport du Dr Grover, onglet 6
- 9h47 Me Rodrigue réfère au paragraphe 11 du rapport du Dr Grover
- 9h49 Question du Tribunal à Me Rodrigue
- 9h49 Me Rodrigue remet au Tribunal deux tableaux concernant les termes utilisés pour les contraceptifs oraux Yaz et Yasmin, ainsi qu'une copie de toutes les monographies de ces contraceptifs depuis 2004
- 9h52 Me Rodrigue réfère au tableau
- 9h56 Question du Tribunal à Me Rodrigue
- 9h57 Me Rodrigue réfère à la page 4 du tableau
- 9h58 Précision de Me Gingras
- 10h00 Me Rodrigue réfère à la page 8 du tableau
- 10h02 Me Rodrigue réfère à la page 11 du tableau
- 10h07 Question du Tribunal à Me Rodrigue
- 10h08 Question du Tribunal à Me Rodrigue
- 10h08 Me Rodrigue réfère à l'onglet 3 du compendium (Mme Guindon) et à l'onglet 4, pages 46 et 47 (Mme Gladu)
- 10h08 Me Rodrigue réfère le Tribunal à son compendium
- 10h11 Me Rodrigue réfère à la page 32 de son plan d'argumentation
- 10h13 Me Rodrigue réfère au rapport du Dr Masse, page 50, onglet 6
- 10h16 Me Rodrigue réfère aux pièces P-11 et P-12
- 10h20 Me Rodrigue réfère à la page 35 de son plan d'argumentation
- 10h23 Me Rodrigue réfère au tableau à l'Annexe 3, à la page 17
- 10h26 Me Rodrigue réfère aux paragraphes 103 et 104 du plan ainsi qu'à 33.12, 33.23, 35 et 39
- 10h28 Me Rodrigue réfère à l'allégation dans la demande au paragraphe 19.1 ainsi qu'à la pièce P-7
- 10h32 Me Rodrigue réfère à la pièce P-8
- 10h33 Me Rodrigue réfère à la note de bas de page no 5 de la pièce P-8

- 10h39 Me Rodrigue réfère au paragraphe 122 de son plan
- 10h41 Me Rodrigue réfère à l'Annexe 4 du plan d'argumentation
- 10h47 Me Rodrigue réfère à la page 40 du plan d'argumentation
- 10h49 Question du Tribunal à Me Rodrigue quant au risque accru
- 10h51 Me Rodrigue réfère à l'onglet 8 de ses autorités
- 10h54 Me Rodrigue réfère aux paragraphes 135 et 137 de son plan d'argumentation
- 10h57 Me Rodrigue réfère au paragraphe 142 de son plan d'argumentation
- 10h58 Me Rodrigue réfère à la pièce P-4
- 11h00 Me Rodrigue réfère à la pièce P-5
- 11h02 Me Rodrigue réfère à la pièce P-6
- 11h04 Me Rodrigue réfère à la pièce P-9
- 11h06 Me Rodrigue réfère à la pièce P-13
- 11h09 Me Rodrigue réfère à la pièce P-10
- 11h10 Me Rodrigue réfère à la pièce P-19
- 11h13 Me Rodrigue réfère au paragraphe 156 de son plan d'argumentation
- 11h13 Me Rodrigue réfère au paragraphe 19.1 de la demande
- 11h14 Suspension
- 11h36 Reprise
- 11h36 Suite de l'argumentation de Me Rodrigue
- 11h38 Me Rodrigue réfère à l'article 575.4 C.p.c.
- 11h39 Me Rodrigue réfère au paragraphe 166 du plan
- 11h41 Me Rodrigue réfère aux pages 70 et 71 de l'interrogatoire de Mme Guindon
- 11h41 Me Rodrigue réfère à l'affaire *Caron*
- 11h44 Question du Tribunal à Me Rodrigue



- 11h46 **PIÈCE BD-5 : Ordonnance de l'Ontario, dossier 52030/10**
- 11h47 **PIÈCE BD-6 : Ordonnance de la Saskatchewan Q.B. No. 1611 of 2009**
- 11h48 Question du Tribunal
- 11h48 Me Elnemr réfère le Tribunal à l'onglet 11 pour le dossier de l'Ontario et à l'onglet 12 en liasse pour le dossier de la Saskatchewan
- 11h49 Me Rodrigue réfère le Tribunal à la page 53 de son plan pour l'informer qu'elle substituera cette page pour y apporter des changements
- 11h54 Me Rodrigue réfère au paragraphe 178 de son plan d'argumentation
- 11h56 Me Rodrigue réfère le Tribunal à l'onglet 12
- 12h00 Me Rodrigue réfère au paragraphe 189 de son plan d'argumentation
- 12h01 Me Rodrigue réfère à la page 59 de son plan d'argumentation
- 12h02 Me Rodrigue réfère au paragraphe 194 de son plan d'argumentation
- 12h04 Me Rodrigue réfère à l'onglet 23 de son cahier d'autorités, paragraphe 102
- 12h06 Me Rodrigue réfère le Tribunal aux pages 61 et 62 de son plan d'argumentation, et l'informe qu'elle substituera cette page pour y apporter des changements
- 12h08 Me Rodrigue remet au Tribunal une feuille affichant trois décisions jurisprudentielles
- 12h09 Me Rodrigue réfère à l'onglet 28 du cahier d'autorités de la partie demanderesse
- 12h14 Suspension
- 14h16 Reprise
- 14h16 Me Rodrigue remet au Tribunal une page remplaçant les questions communes aux pages 53 et 61, ainsi que la définition du groupe à la page 63
- 14h16 Réplique de Me Elnemr
- 14h19 Me Elnemr réfère le Tribunal à la demande, page 14
- 14h20 La partie demanderesse amende la demande ré-ré-amendée aux paragraphes suivants :
- le paragraphe 49 a) est remplacé par le libellé de la question commune 1 proposée par la partie défenderesse;
  - le paragraphe 49 m) est retiré;
  - au paragraphe 49 n), le mot « *aggravated* » est retiré;
  - au paragraphe 52, la conclusion suivante est retirée : « *RESERVE the right of each of the members of the class to claim future damages related to the use of Yaz and Yasmin;* »
  - à la 3<sup>e</sup> conclusion (*ASCRIBE ...*), SUBSIDIAIREMENT, les demandeurs acceptent la définition proposée par la partie défenderesse.

- 14h26 Me Elnemr remet au Tribunal deux décisions jurisprudentielles : *Vermette* et *JTI-MacDonald*
- 14h27 Me Elnemr réfère à la décision *Vermette*, paragraphe 63
- 14h29 Me Elnemr réfère à la décision *JTI-McDonald* aux paragraphes 21 à 32
- 14h30 Question du Tribunal à Me Elnemr
- 14h33 Me Elnemr réfère à la déclaration assermentée du Dr Grover
- 14h34 Me Elnemr réfère le Tribunal à l'onglet 23 de ses autorités, paragraphe 42
- 14h36 Me Elnemr réfère le Tribunal à l'onglet 24 de ses autorités
- 14h36 Me Elnemr réfère le Tribunal à l'onglet 28 de ses autorités, paragraphes 39 et 66
- 14h38 Me Elnemr réfère à la pièce P-6, page 4
- 14h40 Me Elnemr réfère à la pièce P-2, page 587
- 14h41 Me Elnemr réfère à la pièce P-17
- 14h44 Me Elnemr réfère à l'onglet 10, paragraphes 34, 38, 45
- 14h47 Question du Tribunal à Me Elnemr
- 14h47 Me Elnemr réfère à l'article 53 et à l'onglet 27 de son cahier d'autorités, paragraphes 17 et 58
- 14h49 Question du Tribunal à Me Elnemr
- 14h50 Me Elnemr remet au Tribunal une décision jurisprudentielle
- 14h54 Me Elnemr réfère à l'onglet 28 au paragraphe 70
- 14h57 Me Elnemr réfère à l'onglet 23, paragraphes 27 et 52
- 15h00 Me Elnemr réfère à l'onglet 24, paragraphes 41 à 43
- 15h02 Le Tribunal s'adresse à Me Elnemr
- 15h06 Me Elnemr réfère à l'onglet 25, paragraphe 39
- 15h07 Me Elnemr réfère à l'onglet 26, paragraphes 64 et 65
- 15h10 Me Elnemr réfère à l'onglet 27, paragraphe 37

- 15h11 Me Elnemr réfère à l'onglet 28, paragraphe 71
- 15h14 Réplique de Me Rodrigue
- 15h15 Me Rodrigue réfère à la page 17 de la demande, questions h), i), j), k), et l)
- 15h17 Me Rodrigue réfère à l'Annexe 5, page 2 de son plan d'argumentation
- 15h20 Le Tribunal réfère les avocats à la pièce P-2
- 15h22 Question du Tribunal à Me Rodrigue
- 15h24 Le Tribunal réfère les avocats à la pièce P-12
- 15h25 Échange entre le Tribunal et Me Rodrigue
- 15h36 Fin de l'audience
- 15h38 Cause mise en délibéré. Dossier au bureau de la juge.



Diane Rivest, g.a.c.s.

# **ANNEXE 4**

**1**

CANADA

PROVINCE DE QUÉBEC  
DISTRICT DE MONTRÉAL

COUR SUPÉRIEURE  
(Recours collectif)

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NO : 500-06-000484-093

**JANIE GUINDON**  
-et-  
**GENEVIÈVE GLADU**  
-et-  
**SERGE BOUCHARD**

Requérants

c.

**BAYER INC.**

Intimée

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**DÉCLARATION SOUS SERMENT AMENDÉE DU DR ANDRÉ MASSE MD,  
CSPQ, FRCSC**

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Je, soussigné, docteur André Masse, obstétricien-gynécologue, pratiquant à l'hôpital St-Luc du Centre hospitalier de l'Université de Montréal, situé au 1058, rue Saint-Denis, Montréal (Québec) H2X 3J4, déclare solennellement ce qui suit :

1. Cette déclaration sous serment est produite suite à une demande par la Société d'avocats Torys s.e.n.c.r.l., représentant l'intimée Bayer inc. (« **Bayer** ») dans le cadre d'une Requête pour autorisation d'intenter un recours collectif contre elle par les requérants Janie Guindon, Geneviève Gladu et Serge Bouchard relativement aux médicaments commercialisés sous les noms de Yaz® et Yasmin®, contraceptifs oraux combinés estro-progestatif, composés d'éthinyl-oestradiol et de drospirénone.
2. Je ne connais pas et je n'ai jamais été impliqué dans le traitement ou le suivi des patientes ci-haut mentionnées. Je n'ai jamais travaillé à titre de consultant, ni participé à aucune étude clinique pour le compte de la compagnie Bayer.

**QUALIFICATIONS**

3. Je suis obstétricien gynécologue de formation et professeur titulaire de clinique au département d'Obstétrique Gynécologie de l'Université de Montréal et de l'Hôpital St-Luc du CHUM. Mon curriculum vitae est joint en **annexe A**.

## DOCUMENTS ET DOSSIERS MÉDICAUX CONSULTÉS

4. Pour émettre cette opinion sur dossiers, j'ai consulté plusieurs dossiers et documents qui sont énoncés en **annexe B**. Je joins également copie des monographies concernant le Yaz® et le Yasmin® pour la période pertinente au recours en **annexe C** et **annexe D**, respectivement.

## CAS DE MADAME JANIE GUINDON

5. Madame Janie Guindon débute l'usage de Yaz® (Éthinyl-estradiol 20 mcg et Drospirénone 3 mg), le 10 août 2009, à l'âge de 22 ans. Notons que le dossier mentionne l'usage de contraception orale en 2003 (Triquilar), à l'âge de 16 ans. Deux mois plus tard, le 14 octobre 2009, elle se présente à l'urgence avec une histoire compatible de colique biliaire et une échographie abdominale démontre alors une macrolithiase de 3,2 cm. Elle subit une cholécystectomie (exérèse de la vésicule biliaire), le 3 novembre 2009. Les notes au dossier ne mentionnent pas si les contraceptifs oraux ont été cessés avant la chirurgie.
6. En décembre 2009, peu après sa chirurgie, madame Guindon se rend de Gatineau à Québec, où le 26 décembre, elle consulte à l'urgence pour une douleur à la cheville. Le médecin diagnostique une entorse. Elle consulte à nouveau le 31 décembre. Un diagnostic de thrombophlébite de la veine fémorale superficielle est posé et une anticoagulation est débutée. Quelques jours plus tard, elle consulte une troisième fois pour difficulté respiratoire et douleur pleurale. Une embolie pulmonaire est confirmée à la scintigraphie ventilation perfusion.

### Question et opinion

**Les problèmes de santé allégués à l'égard de madame Guindon, soit les calculs biliaires, la cholécystectomie (résection de la vésicule biliaire), la thrombose veineuse profonde et les embolies pulmonaires auraient-ils été causés par la prise de Yaz® ?**

#### *Lithiase (calcul) biliaire/cholécystectomie*

7. La prévalence de lithiase vésiculaire chez la femme caucasienne nord-américaine est de l'ordre de 15%. Une histoire familiale double ce risque. L'obésité est également un facteur de risque bien établi de lithiase vésiculaire, dû à l'augmentation de la synthèse et de l'excrétion de cholestérol. Il en est de même pour la grossesse, en lien avec une quantité imposante d'œstrogène produite.
8. La composante oestrogénique des contraceptifs oraux estro-progestatif, pourrait augmenter légèrement le risque de formation de lithiase. Il y existe encore controverse dans la littérature à ce sujet. Les comprimés de moins de 50 mcg d'œstrogène,

presque toujours utilisés aujourd'hui, (dont le Yaz® fait partie à seulement 20 mcg d'éthinyl estradiol), n'ont probablement pas d'effet significatif sur la formation de lithiase vésiculaire. À noter que seulement 2 mois après le début de Yaz®, l'échographie chez madame Guindon démontrait un calcul de 3,2 cm, lequel était vraisemblablement en formation depuis longtemps, soit bien avant la prise de Yaz® dans ce cas-ci. [...]

### *Phénomène thrombo-embolique*

9. Sans aucun facteur de risque, l'incidence de base de thrombo-embolie est de l'ordre de 4 incidents sur 10 000 personnes par année (soit 0,04%). L'usage des contraceptifs oraux estro-progestatifs quels qu'ils soient, augmente le risque de base de 2 à 3 fois (soit 0,08% à 0,12%). Il est important de souligner que ce risque est à son maximum dans les 3- 4 premiers mois de l'usage. Il n'est pas augmenté par la durée d'utilisation, de fait il diminue graduellement et retourne au risque de base, 3 mois après l'arrêt. Ce risque diminue également en fonction de la dose d'œstrogène. Rappelons que Yaz® contient 20 mcg d'œstrogène.
10. De nombreuses études ont tenté de comparer le risque thrombo-embolique en fonction du progestatif associé à l'œstrogène (levonorgestrel, desogestrel, gestodene, norgestimate, drospirénone) dans les différentes marques de contraceptifs oraux. Ces études sont souvent controversées et arrivent à des conclusions divergentes, ce qui s'explique par la diversité des études et de leur qualité scientifique inégale.
11. Les études de meilleure qualité scientifique, sont des études prospectives, qui sont expressément conçues pour évaluer un risque déterminé. Elles doivent avoir une puissance statistique suffisante, lorsque l'effet indésirable est peu fréquent. Les facteurs de risque sont compilés de façon prospective par un suivi adéquat pour identifier et confirmer les événements indésirables et exclure les variables confondantes.
12. Les études rétrospectives faites à partir de bases de données comportent souvent de nombreux biais et présentent davantage de faiblesses méthodologiques qui peuvent invalider les résultats et les conclusions et ont des limites importantes.
13. Conscient de la controverse dans les études des dernières années quant aux risques associés à l'usage des différents progestatifs dans les contraceptifs oraux, l'Institut National de Santé publique du Québec (INSPQ), a réuni un groupe d'experts de différentes spécialités pour évaluer ces études récentes sur ce sujet, et a émis un consensus en juin 2011. En résumé, ce groupe de travail conclut que, toutes les études disponibles comportent des faiblesses méthodologiques et que s'il existe une différence de risque de thrombo-embolie entre les contraceptifs contenant le progestatif drospirénone (progestatif de quatrième génération) et ceux contenant le progestatif lévonorgestrel (progestatif de deuxième génération), cette différence est faible, de l'ordre de 1-2 cas de plus par 10 000 femmes – années et elle ne nécessite pas, dans l'état actuel des connaissances, de changer les pratiques cliniques. La



Société des Obstétriciens et Gynécologues du Canada, a émis une déclaration de principe en février 2013 qui supporte les mêmes conclusions. **Il n'y a donc pas de risque significatif accru à l'utilisation du Yaz®, comparativement à d'autres contraceptifs oraux estro-progestatifs.**

14. Il est du rôle du médecin d'individualiser le traitement, d'évaluer l'état de santé des patientes et de discuter des avantages et des risques associés à l'usage de la contraception orale. Sous contraceptifs oraux, le risque absolu de thrombo-embolie demeure très faible chez les patientes en bonne santé et beaucoup moins élevé que les risques associés à une grossesse non planifiée. À titre comparatif, en grossesse et en période péri partum en raison de la compression veineuse et de l'état d'hypercoagulabilité associée à cet état, l'incidence de thrombo-embolie augmente de 5 à 50 fois par rapport au risque de base, selon l'âge maternel et l'âge gestationnel. Les chances de développer un phénomène thrombo-embolique sont donc beaucoup plus grandes en grossesse que sous contraceptifs oraux estro-progestatifs (5 à 50 fois vs 2 à 3 fois).
15. Nous devons considérer que madame Guindon mesure 5 pieds 7 pouces et pèse 266 livres : son indice de masse corporelle, (IMC) est à 41,4 kg/m<sup>2</sup>. L'obésité (IMC > 30 kg/m<sup>2</sup>) en soi, augmente le risque thrombo-embolique de 2 à 3 fois et la prise de contraceptifs oraux, chez les patientes obèses, augmente ce risque de 2 à 24 fois de plus, proportionnellement au poids. La patiente est également fumeuse. L'usage du tabac est un autre facteur de risque, si bien que les contraceptifs oraux sont déconseillés chez les fumeuses de plus de 35 ans. Une période postopératoire, l'immobilisation, le voyage en position assise prolongée, l'obésité et l'usage de la cigarette sont tous des facteurs prédisposant aux phénomènes thrombo-emboliques. De plus, l'investigation a démontré que madame Guindon est porteuse du facteur V de Leiden. Cette condition génétique augmente en elle seule de 7 fois le risque de phénomène thrombo-embolique. Le bilan lipidique de madame, en août 2008, démontrait également un cholestérol total élevé, autre facteur de risque vasculaire.
16. Les patientes avec phénomène thrombo-embolique présentent souvent plusieurs facteurs de risque, dont les plus prévalants dans les études populationnelles sont : 48 heures ou plus d'immobilisation dans le dernier mois, une hospitalisation, une chirurgie, ou un processus infectieux dans les 3 derniers mois. Presque tous ces facteurs de risque, sauf le processus infectieux, sont retrouvés ici à l'histoire de madame Guindon, en plus de ses facteurs personnels, l'obésité, la cigarette, l'hypercholestérolémie et le facteur V de Leiden.
17. Les contraceptifs oraux estro-progestatifs, quels qu'ils soient, augmentent le risque de base de phénomène thrombo-embolique de 2 à 3 fois. Tel que discuté, tous les facteurs de risque présents chez madame Guindon et son historique médicale personnelle (obésité, tabagisme, période postopératoire, immobilisation, voyage, facteur V de Leiden, hypercholestérolémie), influencent et augmentent individuellement et collectivement, son risque thrombo-embolique. Le contraceptif Yaz®, utilisé par la patiente, et contenant la drospirénone (progestatif de quatrième

génération), ne modifie pas significativement ce risque comparativement aux autres contraceptifs oraux estro-progestatifs.

### Conclusion

18. [...]

19. Les contraceptifs oraux estro-progestatifs, quels qu'ils soient, augmentent le risque de base de phénomène thrombo-embolique de 2 à 3 fois. Le contraceptif Yaz®, utilisé par la patiente, et contenant la drospirénone (progestatif de quatrième génération), ne modifie pas significativement ce risque comparativement aux autres contraceptifs oraux estro-progestatifs. Par ailleurs, tel que discuté, tous les facteurs de risque présents chez madame Guindon et son historique médicale personnelle, influencent et augmentent individuellement et collectivement, son risque thrombo-embolique.

### **CAS DE MADAME GENEVIÈVE GLADU**

20. Madame Geneviève Gladu, née en juin 1979, utilisait la contraception orale estro-progestative depuis quelques années, au moins depuis l'année 2005, où le dossier mentionne la reprise de contraceptifs oraux (Triphasil®, Alesse®). Ceux-ci sont modifiés pour Yasmin® (Éthinyl-estradiol 30 mcg et drospirénone 3mg) en 2008, entre le mois de mars et le mois de septembre. En juin 2009, âgée de 30 ans, madame Gladu se présente à l'urgence pour nausées et douleurs abdominales. Un diagnostic de colique biliaire avec pancréatite est l'hypothèse de travail de l'équipe médicale.

21. L'évaluation en gastro-entérologie précise un phénomène de pancréatite biliaire. Le scan abdominal démontre de nombreux calculs, une stéatose hépatique et un phénomène compatible avec une pancréatite. Elle est hospitalisée et mise sous antibiotiques. En cours d'hospitalisation, quelques jours plus tard, la patiente présente une dyspnée, qui une fois investiguée, s'avère secondaire à la présence d'une embolie pulmonaire. Une anticoagulation est débutée et un filtre est mis en place dans la veine cave en attendant la sphinctérotomie qui a lieu le 26 juin et une cholécystectomie éventuelle. Celle-ci est pratiquée dans un second temps le 4 juillet 2009.

### Question et opinion

**Les problèmes de santé allégués à l'égard de madame Gladu, soit les calculs biliaires, la pancréatite biliaire, la cholécystectomie (résection de la vésicule biliaire), et les embolies pulmonaires auraient-ils été causés par la prise de Yasmin®?**

*Lithiases (calculs) biliaires/pancréatite biliaire/cholécystectomie*

22. Madame Gladu est une femme de petite taille (5 pieds 2) mais elle pèse 178 livres (IMC : 37,2 kg/m<sup>2</sup>). Lors de son hospitalisation, on lui diagnostique aussi une hypertriglycéridémie. L'obstruction de l'ampoule pancréatique par un calcul ou le reflux de bile dans le canal pancréatique sont probablement les causes les plus fréquentes de pancréatite. Toutefois seulement 3 à 7% des patientes porteuses de lithiases développeront une pancréatite. La femme étant plus à risque de lithiasse que l'homme, elles sont plus à risque de pancréatite. L'hypertriglycéridémie est également associée à la pancréatite, mais plus rarement.

23. [...]

*Phénomène thrombo-embolique*

24. Quant au phénomène thrombo-embolique, de nombreux facteurs de risque prédisposants, tels que notés antérieurement, sont également ici présents chez madame Gladu. Elle utilisait la contraception orale depuis plusieurs années. Hospitalisation, immobilisation, obésité, processus infectieux sont tous présents. Les commentaires déjà émis dans l'analyse du dossier de madame Guidon quant au risque thrombo-embolique associés aux contraceptifs oraux, sont aussi justes dans le cas de madame Gladu. Les contraceptifs oraux estro-progestatifs augmentent le risque de base de phénomène thrombo-embolique de 2 à 3 fois. Le contraceptif Yasmin®, utilisé par la patiente, et contenant la drospirénone (progestatif de quatrième génération), ne modifie pas significativement ce risque comparativement aux autres contraceptifs oraux estro-progestatifs. Par ailleurs, tel que discuté, tous les facteurs de risque présents chez madame Gladu et son historique, (obésité, hospitalisation, immobilisation, processus infectieux), influencent et augmentent significativement, individuellement et collectivement, son risque thrombo-embolique.

**Conclusion**

25. [...]

26. Les contraceptifs oraux estro-progestatifs quels qu'ils soient, augmentent le risque de base de phénomène thrombo-embolique de 2 à 3 fois. Tel que discuté, tous les facteurs de risque présents chez madame Gladu et son historique, influencent et augmentent individuellement et collectivement, son risque thrombo-embolique. Le contraceptif Yasmin®, utilisé par la patiente, et contenant la drospirénone (progestatif de quatrième génération), ne modifie pas significativement ce risque comparativement aux autres contraceptifs oraux estro-progestatifs.

## CAS DE MADAME JULIE BOUCHARD

27. Madame Julie Bouchard est née en avril 1981. Il s'agit d'une patiente de petite taille (4 pieds 11, 125 livres, IMC 25,2 kg/m<sup>2</sup>), atteinte d'un syndrome de Turner (anomalie chromosomique) en 2008. Elle est aussi porteuse d'une anomalie rénale, pour laquelle elle fut opérée en très bas âge. Elle présente un léger surplus de poids, une hypertension artérielle sous médication, un syndrome métabolique, un diabète de type 2, une dyslipidémie et une ostéopénie. L'auscultation cardiaque laisse aussi entendre un souffle. Elle est suivie en endocrinologie et néphrologie.

28. Le contraceptif Yasmin®, (éthinyloestradiol 30 mcg et drospirénone 3mg) est prescrit en mars 2009 par l'endocrinologue pour améliorer la masse osseuse. Le 5 août 2009, alors âgée de 28 ans, madame Bouchard se présente à l'urgence pour une paresthésie du visage, trouble de langage et paralysie de l'hémiface droite. La présentation clinique laisse présumer à un diagnostic d'accident vasculaire cérébral gauche. À son arrivée à l'hôpital, la liste des médicaments utilisés par la patiente est notée et on n'y retrouve pas de contraceptif oral.

### Question et opinion

**Les problèmes de santé allégués à l'égard de madame Bouchard, soit les AVC auraient-ils été causés par la prise de Yazmin®?**

29. Mme Bouchard présente également plusieurs facteurs de risque vasculaire dont l'hypertension et le diabète. Elle ne prenait plus le Yasmin® au moment des événements en cause. Le docteur Stéphane Charest, neurologue, mentionne dans son résumé de dossier du 14 août 2009 que « *des contraceptifs oraux avaient été donnés dans le temps mais cessés en raison d'effets secondaires bien avant cet événement neurologique qui n'a aucun lien avec cette médication prise dans le passé* ».

30. [...]

### Conclusion

31. [...]

ET J'AI SIGNÉ À MONTRÉAL, le 17 juin 2016



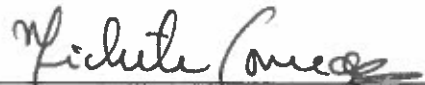
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André Masse MD, CSPQ, FRCSC  
Obstétricien-gynécologue  
Professeur titulaire de clinique  
Département d'obstétrique-gynécologie  
Université de Montréal  
Hôpital Saint-Luc du CHUM  
Membre de la Société d'experts en évaluation médico-  
légale du Québec (SEEMLQ)

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*Société d'avocats Torys s.e.n.c.r.l.*  
Société d'avocats Torys S.E.N.C.R.L.

Déclaré solennellement devant moi  
à Montréal, le 17 juin 2016



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Commissaire à l'assermentation



NO : 500-06-000484-093

COUR SUPÉRIEURE  
(Action collective)  
DISTRICT DE MONTRÉAL

JANIE GUINDON

-et-

GENEVIÈVE GLADU

-et-

SERGE BOUCHARD

Requérants

c.

BAYER INC.

Intimée

DÉCLARATION SOUS SERMENT  
AMENDÉE DU DR ANDRÉ MASSE MD,  
CSPQ, FRCSC

**COPIE POUR LA COUR**

Maitre Geneviève Bertrand  
Courriel : [gbertrand@torys.com](mailto:gbertrand@torys.com)

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BS-2554

# 34506-2039

**2**

CANADA

(Class Action)  
SUPERIOR COURT

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PROVINCE OF QUEBEC  
DISTRICT OF MONTREAL

NO: 500-06-000484-093

JANIE GUINDON

and

GENEVIÈVE GLADU

and

SERGE BOUCHARD

Plaintiffs

v.

BAYER INC.

Defendant

---

**AFFIDAVIT OF DR. STEVEN A. GROVER, M.D.**

---

I, the undersigned, **Steven A. Grover**, M.D., Professor of Medicine at McGill University, having a place of practice at the McGill Comprehensive Health Improvement Program (CHIP), located at 430 Rue Saint Pierre, in the City of Montréal, Province of Québec H2Y 2M5, duly sworn do depose and say:

1. This Affidavit is produced as a review of the Affidavit provided by Dr. Andre Masse, M.D., CSPQ, FRCSC and the associated medical files for Janie Guindon, Genevieve Gladu, and Julie Bouchard as part of an Application for Authorization to Institute a Class Action against the Defendant Bayer Inc., in relation to oral contraceptives marketed under the names Yaz and Yasmin.

**QUALIFICATIONS**

2. I am a board certified specialist (Canada and USA) in Internal Medicine and a Professor of Medicine at McGill University. I have also been on staff at the Montreal General Hospital (now part of the McGill University Health Center) since 1986. Beyond my clinical practice, I have also been a



member of the Division of Clinical Epidemiology at the Montreal General Hospital since 1986 and was the Director of this division from 1995-2007. A copy of my C.V. is attached.

### **DOCUMENTS AND MEDICAL RECORDS CONSULTED**

3. I have reviewed the declaration provided by Dr. Andre Masse, M.D., CSPQ, FRCSC and the medical files provided to me for Janie Guindon, Geneviève Gladu, and Julie Bouchard. I also reviewed the expert opinion provided by Dr. David Sackett, which was filed in the Ontario proceeding, and reviewed the published literature on the risk of gall bladder stones associated with the use of specific oral contraceptives.

### **CASE OF JULIE BOUCHARD**

4. I reviewed the file of Julie Bouchard and agree with Dr. Masse's opinion that Ms. Bouchard suffered repeated strokes as a result of a vasculitis affecting the arterial circulation of the brain. Vasculitis is a much rarer cause of stroke than the thrombo-embolic causes that have been associated with some oral contraceptives (OC). There is no convincing evidence that I am aware of that vasculitic strokes are associated with the taking of any OC, including Yasmin. As a rare condition it is unlikely that an association could be made convincingly given the few cases of vasculitic strokes among OC users that would be available for study.
5. Accordingly, I agree with Dr. Masse that it is unlikely that Yasmin was a cause of these vasculitic strokes.

### **CASE OF JANIE GUINDON**

6. Ms. Guindon suffered from two medical problems, acute cholecystitis requiring the removal of her gall bladder in November 2009, followed by the diagnosis of thrombophlebitis one month later. Both of these conditions have been associated with the taking of OC including Yasmin.
7. I agree with Dr. Masse that the primary cause of the thrombophlebitis was the immobility and surgery during the previous month for the removal of her gall bladder. I cannot rule out that Yasmin increased the risk of this complication but would consider this a minor factor compared to those associated with the surgery.
8. Regarding the cause of the gallstones, I agree with Dr. Masse that this patient had many important risk factors associated with gall stones. In the

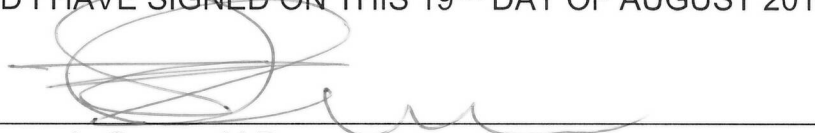
largest study to date examining the risks of gall stones associated with different OC, (Etminian et al) the most important risk factors associated with gall stones that were present in this patient were obesity and smoking. In this study of 2.7 million women including over 27,000 who developed gall stones, those with obesity had an increased in risk of 141% to 187% and smokers had an increased the risk of 99% to 114%.

9. However, this study also compared the risk of specific OC after statistically adjusting for risk factors such as obesity and smoking. Seven different OC drugs were available for comparison based on the progestin compound that they contained. Levonorgestrel was selected as the reference progestin as it was one of the most commonly used. After statistically adjusting for 13 other factors associated with gall stones, only two OC were associated with a small but measurable increase risk in gallstones compared to levonorgestrol; norethindrone (6% to 14% increased risk) and drospirenone (16% to 26% increased risk). Drospirenone is the progestin compound used in Yasmin.
10. While this increased risk may be small compared to the other risk factors this patient had for gallstones, it cannot be considered zero based on the largest study to date.
11. Dr. Masse also argues that the patient had only been on Yasmin for two months making this an unlikely cause of the gallstones. This patient was at increased risk of gallstones due to her weight and smoking habit and the fact that she had used OC of various forms since 2003. I agree with Dr. Masse that only two months of Yasmin was unlikely to be the sole cause of the gallstones but one cannot rule out that it contributed to the development of symptomatic disease where the existing stones grew larger with the introduction of Yasmin and finally obstructed the gall bladder.
12. I therefore disagree with Dr. Masse that Yasmin could not have played a role in the gall bladder stones. One could in fact argue that in a patient at increased risk of gallstones like Ms. Guidon, Yasmin, with a small but measurable increased risk for gallstones, should be considered a secondary choice compared to other OC.
13. Accordingly, I cannot agree with Dr. Masse that Yasmin did not have any significant effect in the formation of the gallstones. The risk associated with Yasmin may have indeed been small compared to the other factors that were present in this patient but it was not insignificant given the data from this study.

**CASE OF GENEVIÈVE GLADU**

- 14. This case is very similar to that of Janie Guindon. The formation of gallstones was the cause of her biliary obstruction and pancreatitis. The critical issue is could the use of Yasmin increase the risk of developing gallstones in a women with other risk factors including obesity and hypertriglyceridemia. The results of the previously mentioned study by Etimian et al suggest that while the increased risk (16% to 26%) associated with Yasmin is small compared to major risk factors like obesity (141% to 187%), it is not zero.
- 15. As mentioned in the previous case, the thrombophlebitis that developed during her hospitalization for biliary obstruction and pancreatitis was probably due to the immobilization and inflammation associated with these conditions that required her admission in the first place.
- 16. Accordingly, I cannot agree with Dr. Masse that the choice of Yasmin did not play any role in her admission for gallstones and pancreatitis followed by thrombophlebitis several days later.

AND I HAVE SIGNED ON THIS 19<sup>TH</sup> DAY OF AUGUST 2016.



Steven A. Grover, M.D.  
Professor of Medicine  
McGill University  
McGill Comprehensive Health Improvement Program (CHIP)

SIGNED AND SWORN TO BEFORE ME ON THE 19<sup>TH</sup> DAY OF AUGUST 2016.



COMMISSIONER FOR OATHS  
For all Judicial Districts of Québec



CANADA  
PROVINCE DE QUÉBEC  
DISTRICT DE MONTRÉAL

COUR SUPÉRIEURE – ACTION COLLECTIVE  
NO : 500-06-000484-093

<b>JANIE GUINDON</b>  <b>ET ALS.</b>  Demandeurs  c.  <b>BAYER INC.</b>  Défenderesse	<b>AFFIDAVIT OF DR. STEVEN A. GROVER, M.D.</b>  Copie à la Défenderesse a/s Mes Sylvie Rodrigue Société d'avocats Torys 1 Place Ville-Marie, bureau 1919 Montréal (Québec) H3B 2C3
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**BS-2497**  
**Me Sammy Elnemr**  
O/F : 67-095

**SISKINDS**  
MONTRÉAL

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Fax : (514) 849-7934  
[www.siskinds.com](http://www.siskinds.com)

**3**

CANADA  
PROVINCE OF QUEBEC  
DISTRICT OF MONTREAL  
N°: 500-06-000484-093

S U P E R I O R C O U R T  
(Class Action)

**JANINE GUINDON**

-and-

**GENEVIEVE GLADU**

-and-

**SERGE BOUCHARD**  
Petitioners

-vs-

**BAYER INC.**  
Respondent

EXAMINATION OF STEVEN GROVER

APPEARANCES:

**Me SAMY ELNEMR**  
for Petitioners

**Me GENEVIEVE BERTRAND**  
**Me SYLVIE RODRIGUE**  
for Respondent

DECEMBER 13, 2016

AZ161213.

ASTRIDA AUZA, o. c. r.

2

INDEX

PAGE

**STEVEN GROVER**  
Examination by Me Geneviève Bertrand . . . . .5

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LIST OF EXHIBITS

	PAGE
I-1: A copy of the Jick Study - three pages . . . . .	.59
I-2: A copy of the Etminan Study . . . . .	.71

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5	<p>1 In the year of Our Lord, two thousand and sixteen 2 (2016), on this thirteenth (13th) day of December; 3 4 PERSONALLY CAME AND APPEARED; 5 6 STEVEN GROVER, born the twenty-ninth (29th) day of 7 November, nineteen hundred and fifty-three (1953), 8 Physician, residing at six four four (644) Argyle 9 Avenue, Westmount, Province of Quebec; 10 11 WHO, after having made a Solemn Affirmation, doth 12 depose and say as follows; 13 14 EXAMINATION BY Me GENEVIEVE BERTRAND, 15 On behalf of Respondent: 16 Q- Hello, Dr. Grover, my name is Geneviève 17 Bertrand, I represent Bayer Inc. in the Class 18 Action concerning Yaz and Yasmin that was filed 19 in Quebec. My colleague, Sylvie Rodrigue, is 20 also present here today. 21 I'm going to ask you a series of questions, 22 if you don't understand the questions, simply 23 let me know and I will reformulate the question. 24 Also, it's important to answer verbally, because 25 the Stenographer won't be able to transcribe,</p>	7
6	<p>1 obviously, gestures, nods, that kind of thing. 2 And lastly, it's important to let me finish 3 asking the question before you start answering, 4 because the Stenographer can't take down what we 5 both say at the same time. 6 Okay, what is your area of specialty? 7 A- I'm a general internist by training, and I'm a 8 clinical epidemiologist. 9 Q- And what does that entail in terms of the first 10 general... 11 A- Well, internal... 12 Q- ... clinical... 13 A- Internal medicine... 14 Q- Yes. 15 A- ... is basically the sort of diametric opposite 16 of general surgery. We take care of complex 17 diagnostic and therapeutic problems for adults, 18 and adults only. Typically, we're the guys who 19 are in charge of the wards in the hospitals for 20 the medical side of the hospital. 21 At McGill University, where I'm a professor 22 of medicine, we're the guys who typically teach 23 the medical students, interns and residents, you 24 know, how to practice internal medicine. 25 Q- Yes.</p>	8

<p>9</p> <p>1 Comprehensive Health Improvement Program 2 administrative side of things out of here as 3 well, in this space. 4 Q- And what does your epidemiology practice entail? 5 A- Largely research, it's typically getting 6 research grants from the Federal Government, or 7 from industry, or from some other, you know, 8 funding source. Conducting research... 9 Q- What kind of... 10 A- ... publishing the results... 11 Q- On which topics... 12 A- Most of... 13 Q- ... typically? 14 A- ... my research has typically been around 15 cardiovascular disease, cardiovascular disease 16 prevention. More recently diabetes, obesity, 17 we're reaching out into mental health issues 18 now. But most of it's around cardiovascular 19 disease. 20 Q- Okay. And does that pretty much cover what 21 you've described, the clinical epidemiology 22 portion of your practice... and research, I 23 should say... 24 A- Yes, it's not... 25 Q- ... in terms of...</p>	<p>11</p> <p>1 tests... 2 Q- Yes. 3 A- ... approaches to diagnosis and therapy... those 4 sorts of things. 5 Q- Okay. And what about the internal medicine 6 portion of your practice in that case, in... 7 A- Largely a general... 8 Q- General... 9 A- ... medicine practice. 10 Q- Okay. 11 A- You know, the full range of... gamut of problems 12 that adults show up with. 13 Q- So, you don't prescribe oral contraceptives? 14 A- I haven't prescribed an oral contraceptive, I'm 15 sure, in thirty (30) years. 16 Q- Okay. And you've never contributed to studies 17 regarding gall bladder disease? 18 A- Let me think about it for one second. 19 No, I've never published a study on gall 20 bladder disease. 21 Q- And you... or contributed to a study on gall 22 bladder disease? 23 A- No, not that I can recall. 24 Q- And you've never contributed to studies related 25 to oral contraceptives?</p>
<p>10</p> <p>1 A- The clinical epidemiology is really a 2 research... 3 Q- Right. 4 A- ... profession, as opposed to a practice. 5 Q- Right, I meant... 6 A- Yes. 7 Q- ... research instead of... 8 A- Yes. 9 Q- ... practice, but does that cover what you've 10 said... Does that cover that portion of the 11 epidemiological research that you do? 12 A- Well, over the years... I've been doing this now 13 since nineteen... You know, my first clinical 14 epidemiology paper was probably published around 15 eighty-four ('84), and I came back to McGill in 16 eighty-six ('86), and the range of topics I've 17 published on over the years is quite extensive, 18 but I'm giving you the highlights.. 19 Q- Right. 20 A- ... the things that I... 21 Q- So, those... 22 A- ... that I'm known particularly for. 23 Q- Those are the main ones, the topics you 24 mentioned? 25 A- I would say cardiovascular disease, diagnostic</p>	<p>12</p> <p>1 A- Jesus... Well, yes... Not... I... I don't 2 consider myself an oral contraceptive researcher 3 or expert, but indirectly some of our research 4 studies have been around things like 5 thrombophlebitis, which was indirectly 6 associated in many cases with the prescription 7 of oral contraceptives. But I'm not suggesting 8 to you that I consider myself an oral 9 contraceptive researcher. 10 Q- And when you mentioned that thrombophlebitis 11 effect related to an oral contraceptive, is that 12 a study topic that you addressed specifically, 13 or was that... 14 A- No, it was just something I was peripherally 15 involved in. But that was the focus of the 16 study... 17 Q- Okay. 18 A- ... they were looking at an... the benefits of 19 an exercise program for people who have 20 developed thrombophlebitis in the past. 21 Q- So, directly speaking, you've never contributed 22 to a study on oral contraceptives? 23 A- No. No. 24 Q- Or published a paper on... 25 A- No.</p>

13	<p>1 Q- ... oral contraceptives? 2 A- I haven't. 3 Q- And you haven't contributed to any studies, or 4 published any studies related to Yaz or Yasmin, 5 specifically? 6 A- No, I haven't. 7 Q- And you don't have specific expertise with 8 regards to oral contraceptives? 9 A- I do not have either specific research 10 expertise, or specific clinical expertise. 11 Q- Regarding oral contraceptives? 12 A- That's right. 13 Q- And you don't have any specific clinical or 14 research expertise regarding gall bladder 15 disease? 16 A- No, I don't. 17 Q- Including gallstones in particular? 18 A- Nothing outside of what... I mean, as a general 19 internist, you see plenty of gall bladder... 20 Q- Gallstones... 21 A- ... disease over the years. 22 Q- ... in your usual practice? 23 A- Yes. 24 Q- But nothing... You're not a specialist or... 25 A- No, no.</p>	15	<p>1 Q- Okay. And you mentioned that you wanted to make 2 sure there were no errors, did Professor... 3 A- Well, I wanted to see is... was there any other 4 way that could... that a thoughtful statistician 5 could interpret the data differently from the 6 way I had. 7 Q- Right. And so, what was Professor Joseph's... 8 or Dr. Joseph's... what were his thoughts on 9 that? 10 A- He agreed with what I had stated. 11 Q- Okay. Did he disagree with any of the 12 statements you... 13 A- No. 14 Q- ... had provided? 15 A- No. 16 Q- And you also mentioned that you wanted to see 17 what were the strengths and weaknesses, what did 18 Dr. Joseph say in terms of the strengths of the 19 report, and the weaknesses? 20 A- No, we were aligned, he agreed with... He did 21 not... He did not examine the deposition in 22 terms of the clinical cases that were presented 23 here, he has no... 24 Q- Right. 25 A- ... particular clinical expertise, he's a</p>
14	<p>1 Q- ... an expert in... in gallstones... 2 A- No. 3 Q- ... or in cholecystectomies? 4 A- No, I'm not. 5 Q- Okay. Switching gears now, did you prepare for 6 your testimony today? 7 A- Only inasmuch as I reminded myself what I had 8 written and reviewed, the research studies that 9 I had, you know, examined at the time I did the 10 testimony, and specifically focused on the one 11 (1) major study that I quoted. 12 I also enlisted the help of a senior 13 statistician to... once I knew that this 14 deposition was going to happen, I enlisted the 15 help of a senior statistician to make sure I 16 hadn't made any errors in my... in what I had 17 written, and to sort of debate with me what the 18 strengths and weaknesses of my... of my 19 deposition were. 20 Q- Okay, so who was that senior statistician that 21 you consulted? 22 A- Lawrence Joseph, he's a professor of 23 epidemiology and biostatistics at McGill. 24 Q- Okay. And when did you consult him? 25 A- Let's say in the last month.</p>	16	<p>1 statistician. He simply focused on the one (1) 2 study by... the one (1) study that I quoted in 3 the Canadian Medical Association... 4 Q- And you're referring... 5 A- ... journal. 6 Q- ... to the Etminan Study? 7 A- That's right. 8 Well, it wasn't actually a study on the 9 Etminan, it was a study on different oral 10 contraceptives and their impact on gall bladder 11 disease. 12 Q- But that's the study you're referring... 13 A- That's correct. 14 Q- ... to that you... 15 A- Yes. 16 Q- ... discussed with... 17 A- Right. 18 Q- ... Dr. Joseph? Okay. 19 Did he mention anything with regards to 20 weaknesses in your analysis? 21 A- No. 22 Q- And you mentioned that you had reviewed 23 literature in preparation for your Affidavit 24 for... 25 A- Yes.</p>

17	<p>1 Q- And did you review any other studies, other 2 than... 3 A- Oh, lots. 4 Q- ... the Etminan... 5 A- Yes. 6 Q- Do you recall some... 7 A- No, I don't have the names for you, I... you 8 know, I initially... I had initially seen Dr. 9 Sackett's report, you know, but, to be quite 10 frank with you, when I was first approached to 11 do this, I said I'm really only interested in 12 being on the right side of this argument, and 13 they showed me Dr. Sackett's report, who I... 14 who I have personal experience with for many 15 years, he's one of my mentors. His report 16 focused primarily on the thrombophlebitis story, 17 rather... 18 Q- Yes. 19 A- ... than the... the gall bladder disease story. 20 21 So, I reviewed his report, I reviewed a 22 number of the papers that he quoted, so that I 23 could get a handle on that information myself... 24 Q- So, who provided you with Dr. Sackett's report? 25 A- What's your firm's name?</p>	19	<p>1 A- I have spoken to another lawyer who originally 2 approached me... 3 Q- And... 4 A- ... but I can't tell you what his name was. 5 Q- Was he an English speaking lawyer? I mean an 6 anglophone... you know what I'm saying, was 7 he... 8 A- I would... 9 Q- ... a native anglophone speaker? 10 A- I'm guessing... I'm guessing so, yes. 11 Q- Okay. 12 A- I'm guessing he was an English speaking lawyer. 13 Q- Now, you mentioned that you knew Dr. Sackett. 14 Did you speak with Dr. Sackett in the context 15 of... 16 A- No. 17 Q- ... drafting your report? 18 A- No, I didn't, he had passed away by the time I 19 saw his report. 20 Q- Right. 21 You mentioned that you wanted... you were 22 interested... only interested in being on the 23 right side of the question, what did you mean by 24 that? 25 A- Well, I said I wouldn't serve as a... as an</p>
18	<p>1 Me SAMY ELNEMR, 2 On behalf of Petitioners: 3 Siskinds. 4 Me GENEVIEVE BERTRAND: 5 Q- So, what... And when you say "Siskinds," was it 6 Siskinds... was it Maître Elnemr, or was it 7 Siskinds in Toronto? 8 A- I can't recall. I don't remember who sent me 9 the report. 10 Q- Did you have contact with any other lawyer than 11 Maître Elnemr? 12 A- Yes, there were some others. Was there anybody 13 from Toronto, or were they all... 14 Me SAMY ELNEMR: 15 You're going to have to answer... 16 A- I just... 17 Me GENEVIEVE BERTRAND: 18 Q- To the best of your knowledge... 19 Me SAMY ELNEMR: 20 ... to the best of your knowledge. 21 A- I just can't recall. But... 22 Me GENEVIEVE BERTRAND: 23 Q- Do you remember... 24 A- ... I have... 25 Q- ... any names?</p>	20	<p>1 expert witness in this if I felt that... that 2 the position this firm was taking as part of 3 their Class Action was the wrong position. So, 4 I had to first convince myself that it really 5 did look like there was an increased risk 6 associated with Yasmin. 7 Q- And what convinced you of that? Or were you 8 convinced that there was? 9 A- Yes, I was convinced, and... 10 Q- And what convinced you? 11 A- ... it was largely that paper that I quoted. 12 Q- Okay. Were you familiar with the Etminan Study 13 before reading it? 14 A- I knew nothing of this particular birth control 15 pill. 16 Q- And you're referring to Yaz and Yasmin? 17 A- Right. I mean, given that I haven't prescribed 18 them in thirty (30) years, I... I wasn't up-to- 19 date on what's happening in birth control pills. 20 Q- Right. 21 How would you qualify your level of 22 understanding when reading French? 23 A- I think it was pretty good. Whenever... but if 24 I had any doubts, I either turned to a colleague 25 and made sure I understood it correctly, or I...</p>

21	<p>1 you know, I used Google Translate if there 2 was... 3 Q- Okay. 4 A- ... a word I couldn't... you know, but it was 5 not a very difficult testimony to read, the 6 obstetrician/gynaecologist who wrote the other 7 report... it was fairly straightforward. 8 Q- So, you're talking about Dr. Masse... Dr... 9 A- Right. 10 Q- ... André Masse's... 11 A- Right. 12 Q- ... report? 13 And in terms of the medical records... 14 A- Right, the medical records were not particularly 15 complicated either. 16 Q- Okay. Did you review any other documents in the 17 context of... We've talked about some of the 18 literature... 19 A- No. 20 Q- ... Dr. Masse's report... 21 A- I... 22 Q- ... the medical records. 23 A- My review was confined to Dr. Sackett's report, 24 my own research around the literature on birth 25 control pill and these complications, and Dr.</p>	23	<p>1 Q- Okay, that you can... 2 A- ... I... You know, to me it really... this 3 case... out of... the three (3) cases really 4 hung on that specific paper, I found nothing 5 else that was either... on gall bladder disease 6 that was either confirmatory or contradictory to 7 that specific paper, and you know, the rest of 8 my reading was on gall bladder and 9 thrombophlebitis. 10 And I mean, I could... I probably do have 11 a digital trail, so to speak, because as a 12 general rule, I would... 13 Q- Yes. 14 A- ... copy a paper and put it away. But there 15 could be all kinds of stuff... 16 Q- Okay. 17 A- ... that I've just... I don't really... I'd have 18 to spend some time on it... 19 Q- Okay. 20 A- ... if that's what you wanted. 21 Q- Well, if it's easily... if you do have a folder 22 where you've... 23 A- I don't. 24 Q- ... split everything... okay. 25 How did you come to be involved in the</p>
22	<p>1 Masse's report. 2 Q- Okay. 3 Did you... In the context of preparing your 4 report, did you review the medical records, as 5 well? 6 A- Yes. 7 Q- So, Ms. Guindon, Ms. Gladu, and Ms. Bouchard's 8 medical records... 9 A- That's right. 10 Q- ... the three (3) representative Plaintiffs? 11 A- That's right. 12 Q- Would you be in a position to provide us with a 13 list of the literature that you've reviewed... 14 a list of the research you did? Did you keep a 15 track of any of it, or would you have to redo 16 the research? 17 A- I have some reprints of papers that I thought 18 started to look interesting, but certainly... I 19 have some... this would take some work. 20 Q- Okay. 21 A- This would take some work. 22 Q- So, you don't have something... 23 A- In some... 24 Q- ... ready... 25 A- Well, in some... No, I don't have anything...</p>	24	<p>1 proceedings... in the Class Action as an expert? 2 A- A member of... a lawyer in Siskinds' firm... a 3 different lawyer called me up... or sent me an 4 e-mail, rather... 5 Q- Okay. 6 A- ... and asked me would I be interested in doing 7 this, and I sort of responded, "Well, where did 8 you get my name from, and why are you calling 9 me?"... 10 Q- Right. 11 A- ... and that sort of thing. 12 Q- And was that in the context of the Quebec 13 action? 14 A- I guess so, yes. 15 Q- And do you remember who... You said you don't 16 remember who... 17 A- But I... 18 Q- ... you specifically spoke to? 19 A- That's a name I can come up with... 20 Q- Okay. 21 A- ... if I had to. 22 Q- Well, no, that's fine, actually. 23 Well, how many times... I'll ask you this, 24 how many times have you spoken to counsel in the 25 course of the mandate? If you recall.</p>

<p style="text-align: right;">25</p> <p>1 Me SAMY ELNEMR: 2 To the best of your recollection... 3 A- Yes, yes, I get it. 4 Q- ... obviously. 5 A- I'm going to guess, between e-mails, personal 6 contact, and telephone calls, we're talking 7 about half a dozen (6). 8 Me GENEVIEVE BERTRAND: 9 Q- Okay. And does that include discussions 10 regarding the report? 11 A- There was one (1) discussion about the report 12 before it was submitted. 13 Q- And how many drafts of the report did you have? 14 A- For the... I can't recall if there were any 15 changes, but, you know, if there was, it was 16 only in, you know, some... I refused to change 17 the report based on any... any outside ideas 18 other than my own, but there might have been a 19 couple of things where someone said, you know, 20 "Make sure you put this in at this point here," 21 type of thing. But the report is my report. 22 Q- Okay. Do you recall which of Ms. Guindon's 23 medical records you reviewed? 24 A- You're going to have to orient me on which one 25 of...</p>	<p style="text-align: right;">27</p> <p>1 A- I remembered every... I have the documents... 2 Q- Right. 3 A- ... in my office, and I remember reviewing... 4 Q- Sure. 5 A- ... absolutely everything that was provided to 6 me. 7 Q- Okay. In your report, you refer to Ms. Guindon 8 taking Yasmin instead of Yaz, but you meant to 9 write Yaz in regard to Ms. Guindon, not Yasmin, 10 correct? 11 Me SAMY ELNEMR: 12 You can refer him to the report? 13 Me GENEVIEVE BERTRAND: 14 Sure. 15 A- I'm sorry... 16 Q- So, for example, at paragraph 6 of your 17 report... 18 A- Sorry, give me one second. 19 Q- Sure, please... 20 A- Is this... 21 Q- ... take your time. 22 A- ... this document here that I have in front of 23 me? 24 Q- Your report, yes... Oh, no, that's the Motion, 25 I think, and...</p>
<p style="text-align: right;">26</p> <p>1 Q- No, just... 2 A- ... which one of the patients she is. 3 Q- Oh, so she's the main representative Plaintiff 4 who took Yaz. Obese smoker... 5 A- Yes. 6 Q- ... she was the first one... 7 A- I remember... I only loosely remember the three 8 (3) patients... 9 Q- Okay. 10 A- ... without having the document in front... 11 Q- Sure. 12 A- ... of me. I remember that one (1) of the 13 cases, I didn't think had absolutely anything to 14 do with birth control pills, at all. 15 Q- Yes. 16 A- And the other two (2) were very similar, for the 17 most part, the women who had multiple risk 18 factors for gallstones, and who developed their 19 thrombophlebitis following their hospitalization 20 for the gallstones. 21 Q- Right, okay, but... So, for all three (3) of 22 them, you wouldn't specifically remember which 23 medical records you would have reviewed... 24 A- I don't remember... 25 Q- ... without having the documents...</p>	<p style="text-align: right;">28</p> <p>1 Me SAMY ELNEMR: 2 That's the Motion... 3 Me GENEVIEVE BERTRAND: 4 Q- I have a copy here, if you need one. 5 Me SAMY ELNEMR: 6 This is your report. 7 A- Yes. 8 Me GENEVIEVE BERTRAND: 9 Q- Okay, so if you take, for example, paragraph 10 6... and it's throughout the section on Ms. 11 Guindon... 12 A- Yes. 13 Q- ... but if you... if you look at her section... 14 and one (1) example is paragraph 6... You refer 15 to... 16 A- Yes. 17 Q- ... Ms. Guindon as taking Yasmin, but I would 18 have assumed you meant Yaz wherever you wrote 19 Yasmin in terms of Madame... Ms. Guindon? 20 A- I guess I was using... I'm just guessing that I 21 was using the two (2) terms interchangeably 22 based on whatever... I was probably responding 23 to what I thought was in Dr. Masse's report. I 24 used... Did I use... Did I use Yaz or Yasmin 25 throughout the report?</p>

29	<p>1 Q- I think you used Yasmin throughout the report. 2 A- Right. 3 Q- And I... Perhaps you meant... but I understand 4 your response, perhaps you meant to write Yaz 5 instead of Yasmin... 6 A- Oh, yes, I think that would be... 7 Q- ... for Ms. Guindon... 8 A- I think that... 9 Q- ... is that... 10 A- ... would be true. 11 Q- Is that true? Okay. 12 Also in the report, you refer to the 13 Etminian... E-T-M-I-N-I-A-N... 14 A- Sorry, where are we now? 15 Q- So, at paragraph 8... 16 A- Yes. 17 Q- ... of the report, you refer to the Etminian... 18 A- Yes. 19 Q- ... E-T-M-I-N-I-A-N, at paragraph 8, and the 20 Etimian... 21 A- Yes. 22 Q- ... E-T-I-M-I-A-N Study at paragraph 14. 23 A- Yes. 24 Q- But I think you meant to write the Etminan 25 Study, E-T-M-I-N-A-N.</p>	31	<p>1 Q- Are you aware that there are two (2) different 2 actions, one (1) in Ontario, and one (1) in 3 Quebec? 4 A- Yes, I was told that. 5 Q- Yes, okay. 6 Did you use Dr. Sackett's as the basis for 7 your own opinion? 8 A- No, I didn't. 9 Q- We'll switch gears now to Ms. Guindon 10 specifically, and we'll start with the 11 gallstones. 12 A- Okay. 13 Q- I'll start with general questions, though, 14 first, regarding gallstones... 15 A- Yes. 16 Q- ... before getting into Ms. Guindon's specific 17 situation. 18 Now, you're aware that fifteen percent 19 (15%) of Caucasian women in North America are at 20 risk of developing gallstones? 21 A- If you say so, sure. 22 Q- Okay, so you're not specifically aware of that? 23 A- I don't have a number in my own mind... 24 Q- Okay. 25 A- ... as to... I mean, I know lots of women</p>
30	<p>1 A- You're saying there's a spelling mistake? 2 Q- Yes, I'm just... 3 A- Okay. 4 Q- ... I want to make sure that that... 5 A- Right. 6 Q- ... was your intention. That's why I'm spelling 7 them out for you. 8 9 (DISCUSSION OFF RECORD) 10 11 A- No, there was only one (1)... there's only one 12 (1) study. 13 Me GENEVIEVE BERTRAND: 14 Q- There's only one (1) study, and you meant to 15 refer to... 16 A- Right. 17 Q- ... the Etminan Study? 18 A- That's right. 19 Q- Okay. Were you given other... any other 20 documents in regard to the Ontario proceedings, 21 and other than Dr. Sackett's report? 22 A- If I was, I can't remember them. The only 23 things I remember are the things I did the 24 research on, Dr. Sackett's report, and then 25 reading through the medical dossiers.</p>	32	<p>1 develop gallstones, but I don't have a specific 2 number in my mind. 3 Q- Okay, are you aware that a family history of 4 gallstones doubles that risk? 5 A- I wouldn't have known off the top of my head 6 that it doubled the risk. 7 Q- Okay. Are you aware that obesity is a known 8 risk factor of developing... 9 A- That one, I... 10 Q- ... gallstones? 11 A- That I am aware of, yes. 12 Q- And you're aware... or are you aware that Yaz 13 only contains twenty micrograms (20 mcg) of 14 estrogen? 15 A- I was aware of it at the... I read up on Yaz, 16 and I checked out the amount of estrogen and 17 progesterone that was in it... 18 Q- Right. 19 A- ... but it wasn't an important point in my 20 consideration, I wasn't... I don't fuss about 21 the chemical composition. For me, as a clinical 22 epidemiologist, as opposed to, let's say, a 23 pharmacologist, it's not what the ingredients 24 are, it's what the data shows. 25 Q- Okay. What data in particular?</p>



33	<p>1 A- The clinical research data. 2 Q- Okay, that are used in studies, for example? 3 A- Well, it was specifically used in that one (1) 4 study that I quoted. 5 Q- Okay. Were you aware that Yasmin contains 6 thirty micrograms (30 mcg) of estrogen? 7 A- I know there's different dosing levels of it, 8 yes. 9 Q- Between... You mean different dosing between Yaz 10 and Yasmin? 11 A- Well, that there's different levels... there's 12 a lower dose estrogen and a higher dose 13 estrogen. 14 Q- Between the Yaz and Yasmin? I'm just trying 15 to... or between oral contraceptives, generally? 16 A- Oh, again, I'm thinking primarily of the generic 17 name of the drug, and I know it comes in 18 different doses of estrogen... 19 Q- Okay. 20 A- ... and part of the problem is that the research 21 studies often are going back and forth between 22 one dose or the other dose, they're not always 23 looking at the same dose. 24 Q- Is that because they take into consideration 25 various...</p>	35	<p>1 quite frank with you, to show that something at 2 a certain dose does not increase the risk of 3 something is a very difficult study to do. 4 Q- Yes. 5 A- The easiest way to do that is simply have the 6 study underpowered so that you can't prove it. 7 So, in those sorts of situations, negative 8 studies are far less important than positive 9 studies, particularly if the positive studies 10 are positive because they're so much bigger than 11 the negative studies were. 12 Q- Yes. So, you haven't seen any studies that... 13 that do... Did you look for any studies that 14 mentioned that... 15 A- I looked for everything I could find... 16 Q- Okay. 17 A- ... on the drug. 18 Q- And specifically... 19 A- Around gallstones and thrombophlebitis. 20 Q- Okay, and you... You did not come across a study 21 that would... that... 22 A- That would sway my opinion? 23 Q- No, no, in terms of... That oral contraceptives 24 with less than fifty micrograms (50 mcg) of 25 estrogen don't contribute significantly to the</p>
34	<p>1 A- Well, I mean... 2 Q- ... oral contraceptives? 3 A- That's right, women just get prescribed 4 different... 5 Q- Right. 6 A- ... doses, it's typical. 7 Q- Okay, depending on the oral contraceptive... 8 A- Sure. 9 Q- ... that's prescribed? 10 Are you aware that oral contraceptives with 11 less than fifty micrograms (50 mcg) of estrogen 12 don't significantly contribute to the formation 13 of gallstones? 14 A- I'm not sure, I don't... I'm not aware that 15 that's been proven. 16 Q- Okay. 17 THE COURT REPORTER: 18 It was fifteen (15)? One five (1-5)? 19 Me GENEVIEVE BERTRAND: 20 Fifty (50). Five zero (5-0). 21 Q- Did you understand that as being five zero (5-0) 22 when I asked the question? 23 A- When you said fifty (50), yes. 24 Q- Okay. 25 A- I mean, that would be the... You know, to be</p>	36	<p>1 development of gallstones. You haven't... 2 A- I didn't... 3 Q- ... seen that? 4 A- I didn't find a study like that. 5 Q- You're aware that Ms. Guindon was diagnosed with 6 a gallstone that measured three point two 7 centimetres (3.2 cm) two (2) months after she 8 started taking Yaz? 9 A- M'hm. 10 Q- It has to be a verbal answer. 11 A- Oh, yes. I'm sorry, yes. 12 Q- Okay. And you agree that a gallstone that size 13 would have started forming before Ms. Guindon 14 started taking Yaz? 15 A- I couldn't say with certainty, because I really 16 don't know how fast gallstones grow, but what's 17 important is not... at least as a clinician, I 18 would argue that what's important is not when 19 the gallstone started growing, but when the 20 gallstone became of sufficient size that it 21 caused the inflammation and the symptoms of gall 22 bladder disease, so that somebody actually had 23 to do something about it. Because I think we'd 24 agree that there's lots of asymptomatic 25 gallstones out there, and as long as they don't</p>

37	<p>1 cause anybody any trouble...</p> <p>2 Q- Right.</p> <p>3 A- ... nobody fusses about them.</p> <p>4 Q- Would you agree that it's likely... more likely</p> <p>5 than not... that it's likely that a gallstone</p> <p>6 that size would have started forming before she</p> <p>7 had started taking the Yaz... before two (2)</p> <p>8 months, basically, it would...</p> <p>9 A- Yes, I really couldn't say, I have no... I have</p> <p>10 no knowledge of exactly what... the speed that</p> <p>11 gallstones can grow.</p> <p>12 Q- Okay. But you agree with Dr. Masse that Ms.</p> <p>13 Guindon had many important risk factors...</p> <p>14 A- Yes.</p> <p>15 Q- ... associated with gallstones?</p> <p>16 A- Yes, I do.</p> <p>17 Q- And you also agree that Ms. Guindon's most</p> <p>18 important risk factors were associated... Well,</p> <p>19 were... regarding the gallstone, were the</p> <p>20 obesity and the fact that she smoked?</p> <p>21 A- I would argue her most important risk factor was</p> <p>22 the fact that she was hospitalized for a</p> <p>23 cholecystectomy... up until she was hospitalized</p> <p>24 for a cholecystectomy... I'm sorry, you're</p> <p>25 talking about the gallstones. Yes...</p>	39	<p>1 the Yaz.</p> <p>2 Q- Okay. Switching gears now, still on Ms.</p> <p>3 Guindon, but with regard to the</p> <p>4 thromboembolism...</p> <p>5 A- Yes.</p> <p>6 Q- ... you're aware that without any risk factors,</p> <p>7 just generally speaking, the risk of developing</p> <p>8 thrombophlebitis is four (4) out of ten thousand</p> <p>9 (10,000) persons a year? Are you aware of that?</p> <p>10 A- I wouldn't know that...</p> <p>11 Q- Okay.</p> <p>12 A- ... number off the top of my head.</p> <p>13 Q- And that using any oral contraceptive, no matter</p> <p>14 the brand, would increase that risk by two to</p> <p>15 three (2 - 3) times?</p> <p>16 A- I know that most oral contraceptives will</p> <p>17 increase the risk of developing</p> <p>18 thrombophlebitis.</p> <p>19 Q- Okay. Regardless of the oral contraceptive,</p> <p>20 regardless of...</p> <p>21 A- Right.</p> <p>22 Q- ... the brand? And the risk of developing</p> <p>23 thrombophlebitis when taking an oral</p> <p>24 contraceptive decreases with the dose of</p> <p>25 estrogen... are you aware of that?</p>
38	<p>1 Q- Yes.</p> <p>2 A- ... I would argue... Yes, you're right, the</p> <p>3 smoking and the obesity would be the most</p> <p>4 important reason that she developed the</p> <p>5 gallstones.</p> <p>6 Q- Right. So, for Ms. Guindon...</p> <p>7 A- Yes.</p> <p>8 Q- ... you agree with that?</p> <p>9 And you agree that the risks associated</p> <p>10 with any oral contraceptive for developing</p> <p>11 gallstones is small compared to other risk</p> <p>12 factors? So, we're talking about the risk</p> <p>13 factors of obesity, smoking, immobility...</p> <p>14 A- Yes, I... I would...</p> <p>15 Q- ... surgery...</p> <p>16 A- I would agree that obesity and smoking are more</p> <p>17 important.</p> <p>18 Q- Okay. And you agree that Ms. Guindon's use of</p> <p>19 Yaz is not the cause of the gallstone?</p> <p>20 A- No, I wouldn't agree to that.</p> <p>21 Q- Okay, but it's not... It's not the main cause of</p> <p>22 the gallstone, there are, as we mentioned, the</p> <p>23 other factors that are more important than...</p> <p>24 A- There are other causes that I would agree with</p> <p>25 you are more likely to be more important than</p>	40	<p>1 A- Yes.</p> <p>2 Q- And you're aware that the Institut national de</p> <p>3 santé publique du Québec... so the INSPQ...</p> <p>4 A- Yes.</p> <p>5 Q- ... reviewed the available studies regarding the</p> <p>6 risk of progesterone in oral contraceptives?</p> <p>7 A- Yes.</p> <p>8 Q- Were you aware of that?</p> <p>9 A- Yes, I don't know that they did that study, but</p> <p>10 I wouldn't be put off by any provincial or</p> <p>11 national body that comes up with these sorts of</p> <p>12 reviews.</p> <p>13 Q- Okay. And Dr. Masse referred to this review in</p> <p>14 his expert report, do you have a recollection of</p> <p>15 that... that he mentioned that?</p> <p>16 A- I didn't recall that he mentioned it, but</p> <p>17 I've... you know, I've served as... I've served</p> <p>18 on these committees over the years, and I've</p> <p>19 also been an expert advisor to these committees,</p> <p>20 and I wouldn't let any committee report...</p> <p>21 Q- Yes.</p> <p>22 A- ... in Quebec, or Canada for that matter, change</p> <p>23 my opinion, because...</p> <p>24 Q- Okay.</p> <p>25 A- ... frankly, they're of only marginally... I</p>

41	<p>1 mean, without looking at the report 2 personally... 3 Q- Yes. 4 A- ... they're not all necessarily of particularly 5 high standards. 6 Q- Okay. But in this case, you haven't reviewed 7 the national... the... 8 A- No, I didn't... I didn't... 9 Q- ... INSPQ's report? 10 A- I didn't review the national report. 11 Q- So, you don't know the quality of the INSPQ's... 12 A- No, I don't. 13 Q- ... report? Okay. 14 Were you aware that the Institute concluded 15 that all the available... 16 A- No. 17 Q- ... studies had methodological flaws? 18 A- No, I didn't read the report. 19 Q- Were you aware that the Institute concluded that 20 if there were... there was, sorry, a difference 21 in the risk between a fourth generation oral 22 contraceptive and a second generation oral 23 contraceptive, the difference would be very low, 24 representing one to two (1 - 2) cases per ten 25 thousand (10,000) women years?</p>	43	<p>1 A- To me, the critical issue would be, in the 2 Institute's report did they cite the study I 3 cited? 4 Me GENEVIEVE BERTRAND: 5 Q- Okay, and the study you cited, just for the 6 record, is... 7 A- Is the... 8 Q- ... dated May seventeen (17), twenty eleven 9 (2011), it's the Etminan Study... 10 A- Right. 11 Q- ... published in this CMAJ... 12 A- CMAJ, yes. 13 Q- Okay. Okay, so back to the thrombophlebitis. 14 We were talking about the fact that obesity 15 on its own increases the risk of... 16 A- Yes. 17 Q- ... developing thrombophlebitis by two to three 18 (2 - 3) times... you agree with that? 19 A- M'hm. 20 Q- Verbally? 21 A- Yes, I do. Sorry. 22 Q- Okay, you do. 23 And that the risk... that risk increases 24 two to twenty-four (2 - 24) times in obese women 25 who take an oral contraceptive?</p>
42	<p>1 A- Yes, I don't know the report, so I don't know 2 what they concluded. 3 Q- Okay. So, you're not aware of the Institute's 4 conclusion that, given that result, there is no 5 need to change the clinical practise? 6 A- I don't know that conclusion, either. 7 Q- Okay. You agree, however, that obesity, on its 8 own, increases the risk of developing 9 thrombophlebitis by two to three (2 - 3) times? 10 A- Sorry... 11 Q- So... 12 A- I'm not allowed... I'm not allowed to ask a 13 question, am I? 14 Q- No, you don't want to ask me any questions. 15 A- No, no, just... I'm trying to get at this 16 Institute report... 17 Q- We can... Do we go off the record? 18 Me SAMY ELNEMR: 19 We can go off the record. 20 Me GENEVIEVE BERTRAND: 21 We'll go off the record. 22 A- Just for my own information. 23 Q- Yes. 24 25 (DISCUSSION OFF RECORD)</p>	44	<p>1 A- There's no question that obesity is a major risk 2 factor for... 3 Q- Okay. 4 A- ... for... for that complication, yes. 5 Q- For thrombophlebitis? 6 A- Yes. 7 Q- Okay. And you also agree that smoking 8 increases... 9 A- Yes. 10 Q- ... the risk of developing thrombophlebitis? 11 A- Yes, I do. 12 Q- And that a post-operative period and 13 immobilization can also increase the risk of 14 developing thrombophlebitis? 15 A- Yes, I agree. 16 Q- And you agree with Dr. Masse that the primary 17 cause of Ms. Guindon's thrombophlebitis was the 18 immobility and the surgery during the previous 19 month for the removal of her gall bladder? 20 A- That would be my best guess, too. 21 Q- And that a high cholesterol is also a vascular 22 risk? 23 A- For thrombophlebitis? 24 Q- Yes. 25 A- I'm not aware of that.</p>

45	<p>1 Q- You're not aware of that, okay. 2 Do you know that a Factor V Leiden on its 3 own increases seven (7) times the risk of 4 developing a thromboembolic event? 5 A- If she had a... If she had a thrombotic 6 tendency, yes, that would increase her risk. 7 Q- Including a Factor V Leiden, you mean? 8 A- I have to check Factor V Leiden, but I'm sure 9 you're right. 10 Q- Okay. Now, you testified earlier that you 11 reviewed Ms. Guindon's medical records. You're 12 aware that Ms. Guindon presented all those 13 risks? 14 A- Yes. 15 Q- That she presented with... 16 A- Had multiple risks, yes. 17 Q- Right. She had obesity? 18 A- Correct. 19 Q- She was a smoker? 20 A- Right. 21 Q- She had surgery in November two thousand and 22 nine (2009), two (2) months before presenting a 23 thromboembolic event? 24 A- Yes. 25 Q- That she travelled long distances? She</p>	47	<p>1 Q- Okay. So, you agree that smoking, obesity, the 2 surgery, immobilization, the Factor V Leiden 3 likely all contributed to the thrombophlebitis? 4 A- Yes. 5 Q- And you agree that patients presenting 6 thromboembolic events generally present with 7 many different risk factors? 8 A- Yes. 9 Q- And that the risk factors presented by Ms. 10 Guindon collectively and individually influenced 11 an increase for a thromboembolic risk? 12 A- I'd agree with that. 13 Q- And that this could have been the case, no 14 matter what oral contraceptive she would have 15 taken? 16 A- I would agree with that. 17 Q- And you'd agree that the use of an oral 18 contraceptive containing drospirenone does not 19 significantly increase the risk of a 20 thromboembolic event, compared to other oral 21 contraceptives? 22 A- It's not clear to me, I don't agree with that. 23 Q- Okay. 24 A- But it's a complicated issue, I will agree to 25 that.</p>
46	<p>1 travelled between Gatineau and Quebec in that 2 time before her thromboembolic event in December 3 of two thousand and nine (2009)? 4 A- I'm not sure I would have thought that was a 5 major issue, but... but it could... it could 6 have played a role. 7 Q- And that she had a Factor V Leiden? 8 A- Okay. 9 Q- And... Okay, or were you aware of that in your 10 review of the record? 11 A- I remember one (1) of them, I just didn't 12 remember whether she was the one. 13 Q- Okay. But you remember seeing that... 14 A- Yes, I do. 15 Q- ... and you agreed that that would be a factor? 16 A- Yes, yes. Yes. 17 Q- And she also had high cholesterol even... 18 A- Yes, I'm not aware of high cholesterol being a 19 major risk factor for thrombophlebitis. 20 Q- Okay. 21 A- It is a major risk factor for vascular 22 disease... 23 Q- Okay. 24 A- ... but that's arterial vascular disease, not 25 venous vascular disease.</p>	48	<p>1 Q- Okay. But it's not clear to you is what you 2 would say... 3 A- I wouldn't... 4 Q- ... to that? 5 A- ... agree that it doesn't increase risk. 6 Q- And... but would you say that it does, or is 7 that unclear to you? 8 A- I didn't... You know, once it was clear to... 9 Once it was clear to me what the clinical cases 10 were, that were being presented, I didn't focus 11 most of my research on the thrombophlebitis 12 risk. There were conflicting papers, that was 13 clear, and it became increasingly clear to me 14 that the... If the surgical admission was the 15 primary cause of the thrombophlebitis -- which 16 I felt it was -- then the question I asked, 17 well, was the surgical admission due to the use 18 of one or other oral contraceptives? 19 So, I... I didn't think I could get to the 20 bottom of this very easily. 21 Q- Okay, so... 22 A- And I went the easier route, if you would. 23 Q- Which is the gall bladder... 24 A- The gall bladder story. 25 Q- ... to your mind?</p>

<p>49</p> <p>1 A- Yes. 2 Q- So, you didn't... You're saying you didn't focus 3 much of your research and what you put in your 4 report with regard to the thromboembolic 5 event... 6 A- No. 7 Q- ... you... you didn't, okay. 8 Would you say that for Ms. Gladu it's the 9 same, that no matter what oral contraceptive she 10 would have taken, Ms. Gladu would likely have 11 developed a thromboembolic event, as well? 12 A- No, relatively speaking, a thromboembolic event, 13 for most women coming into the hospital with... 14 for a cholecystectomy, even with multiple risk 15 factors, the majority of them don't develop a 16 thromboembolic event. 17 Q- But in terms... So, let me go back, we'll talk 18 more specifically about Ms. Gladu. 19 So, you testified that you reviewed her 20 medical records, as well? 21 A- Yes. 22 Q- And you're aware that Ms. Gladu presented with 23 many of the risks that we just discussed? 24 A- Yes. 25 Q- Right, that she was obese...</p>	<p>51</p> <p>1 since we're going to... 2 Me GENEVIEVE BERTRAND: 3 Well, we'll... 4 Me SAMY ELNEMR: 5 ... remove her? 6 Me GENEVIEVE BERTRAND: 7 We'll cover it just... 8 A- Sure, that's fine. 9 Q- I only have three (3) more questions. 10 Me SAMY ELNEMR: 11 Do we need to address the... Mrs. Bouchard's 12 case, since she will be removed from the case, 13 most likely? 14 Me SYLVIE RODRIGUE, 15 On behalf of Respondent: 16 Well, we don't know that yet, that's the 17 problem. 18 Me GENEVIEVE BERTRAND: 19 That's why we'll just ask for... 20 Me SAMY ELNEMR: 21 Most likely, but I'll... I won't stand in the 22 way... 23 Me GENEVIEVE BERTRAND: 24 Yes. 25</p>
<p>50</p> <p>1 A- M'hm. Yes, I'm sorry... sorry. 2 Q- And that she was hospitalized... 3 A- Yes. 4 Q- ... for a period of time? And she was 5 immobilized, as well, for a period... 6 A- Yes. 7 Q- ... of time? 8 And that she presented with an infection, 9 which is also a risk factor for a thromboembolic 10 event? 11 A- M'hm. Yes, sorry. 12 Q- Thank you. 13 And so, you would agree that the risk 14 factors presented by Ms. Gladu influenced and 15 also increased her thromboembolic risk? 16 A- Yes, I would. 17 Q- And that her thrombophlebitis was likely due to 18 her immobilization following the surgery? 19 A- That was the most important risk factor, yes. 20 Q- Okay. And with regard to Ms. Bouchard, you 21 testified that you reviewed her medical records, 22 as well? 23 A- That was... 24 Me SAMY ELNEMR: 25 Do we... Do we need to address Mrs. Bouchard,</p>	<p>52</p> <p>1 Me SAMY ELNEMR: 2 ... of a few questions, so... 3 Me SYLVIE RODRIGUE: 4 It will be... 5 A- Sure, go ahead. 6 Q- It will be brief, just to avoid having him 7 coming back. 8 Me SAMY ELNEMR: 9 Okay, no problem. 10 Me GENEVIEVE BERTRAND: 11 Q- Just before we get to Ms. Bouchard, regarding 12 Ms. Gladu, since we talked about the fact that 13 she had all of those... the same risk factors, 14 the obesity, the hospitalization, the 15 immobilization... It would have been the same 16 result in terms of her thromboembolic, no matter 17 which oral contraceptive she would have taken? 18 A- No, I don't agree with that. 19 Q- And why is that different for Ms. Gladu? 20 A- I... I didn't... I don't agree with that for 21 either of those people... for either patient. 22 Q- And why is that? 23 A- Because of that paper that I've cited... 24 Q- Okay. 25 A- ... for you.</p>

53	<p>1 Q- Okay, we'll get to the paper, let's cover Ms. 2 Bouchard. 3 You testified that you reviewed her medical 4 records? 5 A- Yes. 6 Q- And you agree with Dr. Masse that Ms. Bouchard's 7 strokes were the result of a vasculitis 8 affecting the arterial circulation of the brain? 9 A- Correct. 10 Q- And that this has nothing to do with oral 11 contraceptives? 12 A- I'm not aware of... I couldn't find any data to 13 support that. 14 Q- So, it has nothing to do with oral... 15 A- I don't... 16 Q- ... contraceptives? 17 A- ... think so. 18 Q- And you agree that it's unlikely that Yasmin was 19 the cause of Ms. Bouchard's vasculitic strokes? 20 A- Correct. 21 Q- Okay. So, when you looked at the literature in 22 preparation for your report... We talked about 23 this a bit, but I want to ask you specifically, 24 did you look at all of the available studies, or 25 only the studies that supported your position?</p>	55	<p>1 discussion. 2 Q- Okay. 3 A- And that, to me, was the critical issue. You 4 know, in the absence of a randomized trial where 5 they randomly give women one oral contraceptive 6 versus the other, and then follow them for many 7 years to see who develops... 8 Q- Right. 9 A- ... either thrombophlebitis or gall stones, 10 you're really stuck with trying to come up with 11 comparables. 12 Q- Yes. 13 A- And you really need a big study to pull that one 14 off, and this was the only one that I could find 15 that I thought was sufficiently powered. 16 Q- Okay. Were you aware that there were only two 17 (2) studies... or that there are two (2) studies 18 concerning the use of drospirenone containing 19 oral contraceptives? So, you found one (1), 20 which was the Etminan one... 21 A- No, I found more... 22 Q- ... were you aware... 23 A- I found more than... 24 Q- Okay. 25 A- ... one (1), but I focused on what I...</p>
54	<p>1 A- No, no, I looked at all the available studies I 2 could. I was interested in trying to get to the 3 bottom of the question. 4 Q- Right. And as part of your analysis, did you 5 identify any studies that concluded that 6 drospirenone use was not related to an increased 7 risk of gall bladder disease compared to women 8 that were not taking an oral contraceptive? 9 A- I don't recall finding a study like that. 10 Q- Did you identify any studies that concluded that 11 drospirenone wasn't associated with a higher 12 risk of gall bladder disease, compared to the 13 use of Levonorgestrel? 14 A- Wasn't? 15 Q- Was not. 16 A- You know, I don't recall that either, that I 17 found one. The thing that was most important to 18 me was... the study I cited was, in my opinion, 19 the best study. 20 Q- Okay. 21 A- The one that had the greatest number of 22 observations, the one that had sufficient 23 statistical power to adjust for all of the other 24 risk factors... or most of the other risk 25 factors that you've just mentioned in our</p>	56	<p>1 Q- Okay. 2 A- ... thought was the best study. 3 Q- Were you aware that there is only one (1) study 4 concerning the use of drospirenone compared to 5 women who are not taking any oral 6 contraceptives? 7 A- Yes, that wasn't the critical issue to me... 8 Q- Okay. 9 A- ... though. The critical issue was what... if 10 you're taking oral... You see, in an 11 epidemiologic... in an epidemiologic type study 12 like this, women who are taking oral 13 contraceptives, for whatever reason, are more 14 likely to be similar, than comparing a women 15 who's not taking an oral contraceptive, to 16 someone who is taking an oral contraceptive. 17 So, the great strength of this study was, 18 they were comparing all oral contraceptive users 19 and looking for a signal that one (1) or more 20 oral contraceptives were worse than the others. 21 And that's a very difficult thing to do, you 22 need a very big study for that. 23 Q- Okay. 24 A- But it's a much better comparison than comparing 25 oral contraceptive users to non-users.</p>

<p>57</p> <p>1 Q- Okay. And did you come across a study that... 2 it's the Jick Study... J-I-C-K... 3 A- I'd have to go over my notes... 4 Q- Okay. 5 A- ... I can't tell you. 6 Me SAMY ELNEMR: 7 G... J-I... 8 Me GENEVIEVE BERTRAND: 9 J... J... J-I-C-K. 10 Me SAMY ELNEMR: 11 ... C-K. 12 Me GENEVIEVE BERTRAND: 13 Jick Study. 14 Me SAMY ELNEMR: 15 Jick. 16 Me GENEVIEVE BERTRAND: 17 Q- So, does that ring a bell? 18 A- I couldn't say. 19 Q- Okay. 20 A- I just don't remember. 21 Q- Okay, if... So, I'll ask on the record for the 22 undertaking, if you can find it, if you can draw 23 up a list of the studies that you did consult, 24 going back... you know, whatever is 'dans la 25 mesure du possible'... what's possible, if you</p>	<p>59</p> <p>1 with a copy of the Jick Study, which we will 2 'coter' as Exhibit I-1 to the examination, and 3 I'll let Dr. Grover take a look at the... the 4 study, it's a short one, it's only four (4) 5 pages... three (3) pages. 6 7 EXHIBIT I-1: A copy of the Jick Study - 8 three pages. 9 10 Me SAMY ELNEMR: 11 Do you plan on asking questions on this... 12 Me GENEVIEVE BERTRAND: 13 No. 14 Me SAMY ELNEMR: 15 Okay. 16 Me GENEVIEVE BERTRAND: 17 Just... Well, one (1) or two (2) follow-up, just 18 to... 19 Me SAMY ELNEMR: 20 Because we might need some time to read it. 21 A- I... 22 Me GENEVIEVE BERTRAND: 23 No, no... 24 A- So... 25 Q- But go ahead, if you want to read the</p>
<p>58</p> <p>1 could draw up that list... We'll ask for it 2 as... 3 A- Sure. 4 Q- ... an undertaking. 5 A- Sure, sure. 6 7 UNDERTAKING #U-1: Prepare a list of the 8 studies that Dr. Grover consulted. And if 9 he cannot come up with a complete list of 10 the literature reviewed, then confirm 11 whether or not he the Jick Study in the 12 course of his literature review (page 61). 13 14 Me GENEVIEVE BERTRAND: 15 Q- Now, the Jick Study stands for the proposition 16 that there is no increased risk of gall bladder 17 disease with the use of drospirenone compared to 18 women who don't take oral contraceptives, and 19 compared to Levonorgestrel, okay? Were you 20 aware of that? 21 A- I don't recall whether I read the study and 22 dismissed it as being inferior to this study, or 23 did I never find the study. I just can't tell 24 you off the top of my head. 25 Q- Okay. So, we... So, I'm providing Dr. Grover</p>	<p>60</p> <p>1 abstract... 2 Me SAMY ELNEMR: 3 Just look at this... 4 Me GENEVIEVE BERTRAND: 5 Q- ... take your time, and... 6 A- Could I have a copy of the other study... 7 Q- Yes. 8 A- ... that you have right in front of you? 9 Q- Well, I'll actually... Well, I can provide you 10 with a copy now, we'll... 11 We can be off record right now. 12 13 (DISCUSSION OFF RECORD) 14 15 Me GENEVIEVE BERTRAND: 16 Q- So, Dr. Grover, now that you've had an 17 opportunity to review the study... the Jick 18 Study, do you recall having read this study 19 and... in your literature review? 20 A- I might well have, but I could certainly confirm 21 it. 22 Q- Okay. And so, maybe we'll 'précisez'... We'll 23 particularize the undertaking that we ask for, 24 Undertaking 1... 25 A- Sure.</p>

<p>61</p> <p>1 Q- ... if you can't come up with a complete list of 2 the literature review, then also confirm that... 3 whether or not Dr. Grover reviewed the Jick 4 Study in the course of his literature review. 5 Me SAMY ELNEMR: 6 Okay. 7 Me GENEVIEVE BERTRAND: 8 Q- Now, for the purposes of the transcript, I'll 9 read the conclusions that are part of the 10 abstract. And the conclusions read: 11 "There is no evidence in these 12 data that drospirenone or 13 Levonorgestrel containing oral 14 contraceptive use confers an 15 increased risk of gall bladder 16 disease compared to women not 17 currently exposed to an oral 18 contraceptive, nor is use of 19 drospirenone oral contraceptives 20 associated with a higher risk of 21 gall bladder disease than use of 22 Levonorgestrel containing oral 23 contraceptives." 24 Does the conclusion contained in the Jick Study 25 change your opinion, at all?</p>	<p>63</p> <p>1 Me GENEVIEVE BERTRAND: 2 Q- Okay, go ahead. 3 A- Yes. So, when you say it didn't show anything, 4 well, the first thing that comes to mind is, 5 it's vastly underpowered compared to the 6 'Etminian' Study, which has a lot more 7 statistical clout to identify an association. 8 The other thing is, the study design is an 9 inferior study design to the 'Etminian' Study. 10 The 'Etminian' Study is a retrospective cohort 11 study where they're following the women forward 12 in time, looking for the development of this 13 disease, whereas this was a case control study 14 where they're comparing cases, women who have 15 developed the disease, to woman who haven't, in 16 a retrospective fashion. 17 They also have very limited data to adjust 18 for potential confounders. In this particular 19 case... 20 Q- In which study? 21 A- In your Jick Study. 22 Q- Okay. 23 A- In the Jick Study, they were able to adjust for 24 basically only body mass index. Let me just be 25 absolutely certain about that.</p>
<p>62</p> <p>1 A- No. No, it doesn't. 2 Q- And why is that? 3 A- Well, first of all, it's a vastly inferior study 4 to the study by Etminan. 5 Q- Why is that? 6 A- One, the simple numbers that they have here... 7 they have all of... basically, twenty-nine 8 hundred (2,900) cases of gall bladder disease, 9 compared to fifty-eight hundred and some odd 10 individuals who don't have gall bladder disease. 11 So, the number of cases is far inferior to the 12 study by 'Etminian'. 13 The other thing is, the study designs 14 vastly... 15 Q- So, wouldn't the results still... 16 Me SAMY ELNEMR: 17 Oh, just let him... 18 Me GENEVIEVE BERTRAND: 19 Sorry. 20 Me SAMY ELNEMR: 21 Let him finish the answer... 22 Me GENEVIEVE BERTRAND: 23 Yes, before... 24 Me SAMY ELNEMR: 25 ... please.</p>	<p>64</p> <p>1 So, they only adjusted... They only 2 adjusted for BMI, which is one (1) risk factor 3 for gall bladder disease, whereas the 'Etminian' 4 Study adjusted for multiple potential 5 confounders, including weight, smoking, presence 6 of diabetes, inflammatory bowel disease, 7 pancreatitis, sickle cell anemia, statin use, 8 and fibrate use. So... 9 Q- And where do you see that? I see you're 10 referring to the Etminan Study, which... 11 A- Yes, that's in the results section on page 901. 12 Q- And where does it say in that report on page 901 13 that they... okay, they adjusted... I think 14 you're referring to the second paragraph of the 15 results? 16 A- Right. So, they used a multivariate model that 17 adjusted not only for body mass index, but for 18 all these other things that we know are 19 important as risk factors for the development of 20 gall bladder disease. It's just... It's just it 21 completely... 22 Q- So... 23 A- It completely trumps the Jick Study, in my 24 opinion. 25 Q- So, you're saying that, to your mind, this</p>



<p style="text-align: right;">65</p> <p>1 study... you wouldn't rely on the results of 2 this study? 3 A- I would say that, given the two (2) studies 4 together... If I had to choose between the 5 results of these two (2) studies, I'd go with 6 the Etminan Study because it's a vastly superior 7 study to the Jick Study. 8 Q- But not having to choose between the two (2) in 9 terms of the conclusions of the Jick Study, do 10 you... Do you dispute the results of the Jick 11 Study? 12 A- The Jick Study didn't show any association, but 13 the simplest explanation for the absence of the 14 association would be the weak study design and 15 their inability to adjust for more than just 16 weight in their analysis. 17 Q- Is that something that you know, or something 18 that you're... you suspect? Or... and what 19 would you be... 20 A- It makes it... 21 Q- ... basing that on? 22 A- It makes it a weak study, that I know for 23 certain. Is that the reason they didn't find 24 the association? I can never be sure of that. 25 Q- Okay, in your report now, you refer to the</p>	<p style="text-align: right;">67</p> <p>1 significant does not mean that an observed 2 association is valid? 3 A- It cannot prove causality, correct. 4 Q- Right. And so, statistically significant 5 associations can be observed as a result of 6 chance alone? 7 A- Correct. 8 Q- And statistically significant associations may 9 be affected by various types of bias? 10 A- By various types of bias, correct. 11 Q- And types of bias... or biases can... sorry, 12 biases... and various types of biases can 13 include bias in the study design? 14 A- Right. 15 Q- Bias in conduct? 16 A- Correct. 17 Q- Bias in the analysis? 18 A- Correct. 19 Q- And in your report, you refer to the results of 20 the Etminan Study, but you don't discuss its 21 methodological limitations? 22 A- I didn't see any of those biases in the study 23 design. 24 Q- Okay, you don't mention that to be eligible for 25 the study, for example, the women had to have</p>
<p style="text-align: right;">66</p> <p>1 Etminan Study, you mention that the Etminan 2 Study is a retrospective cohort study? 3 A- Right. 4 Q- And a... retrospective cohort studies also have 5 their limitations? 6 A- Yes. 7 Q- In retrospective studies, important data may not 8 be available? 9 A- Correct. 10 Q- And not having important data available can 11 limit the ability to control for factors that 12 can influence the outcome? 13 A- Correct. 14 Q- And you would agree that in epidemiology a valid 15 statistically significant association is not 16 sufficient to establish a causal relationship? 17 I'll... I can repeat the question. 18 Me SAMY ELNEMR: 19 Could you repeat the question, please? 20 Me GENEVIEVE BERTRAND: 21 Q- You would agree that in epidemiology a valid 22 statistically significant association is not 23 sufficient to establish a causal relationship? 24 A- Correct. 25 Q- So, just because results are statistically</p>	<p style="text-align: right;">68</p> <p>1 been taking the oral contraceptive for at least 2 six (6) months? 3 A- No, I didn't mention that. 4 Q- And Ms. Guindon, herself, had been taking Yaz 5 for less than six (6) months? 6 A- Right, but just because this study only included 7 women who'd been taking oral contraceptives for 8 six (6) months or more... If you believe, on the 9 basis of this study's results, that there was an 10 increased risk associated with taking Yaz for 11 six (6) months or more, that doesn't mean that 12 taking Yaz for less than six (6) months is 13 associated with no risk. 14 Q- But in this case, Ms. Guindon's group, the group 15 of women taking an oral contraceptive for less 16 than six (6) months, would not have been part of 17 the study? 18 A- That's correct. 19 Q- And you omitted in your study to discuss... in 20 your report, sorry, to discuss the impact of the 21 study's design features on the results of the 22 study? 23 A- I'm sorry, say that... 24 Q- I can repeat the question. 25 A- Yes.</p>

<p>69</p> <p>1 Q- So, in your report, you don't discuss the impact 2 of the study's design features on the results of 3 the study? 4 A- I didn't go in... I did not discuss the 5 strengths and weaknesses of the study. 6 Q- You omitted to mention that censoring for 7 cessation, or switching oral contraceptives was 8 extremely common, and that only twenty percent 9 (20%) of the original cohort was continuously 10 exposed to an oral contraceptive for two (2) 11 years? 12 A- Right, but that would only be important if you 13 believed that one group was more likely to stop 14 taking the contraceptives than another group, 15 and I didn't see that as being a bias in this 16 study. 17 Q- Okay. 18 A- In fact, those sorts of issues really add what 19 we call background noise to a study, they reduce 20 the likelihood that we'll see an association. 21 Q- But you did mention those things... those two 22 (2) things, the cessation and the switching of 23 oral contraceptives? 24 A- No, because in this... 25 Q- Yes, I understand.</p>	<p>71</p> <p>1 compared to the other. So, all of these errors 2 in the study design just reduce the likelihood 3 of finding an association. The fact that you 4 find an association despite all those 5 shortcomings strengthens your conclusion that 6 there is an association. 7 Q- At Table 3... 8 A- Yes. 9 Q- ... of... So, we'll... We'll 'coter' this 10 Etminan Study as I-2 to the... to the 11 examination. 12 13 EXHIBIT I-2: A copy of the Etminan Study. 14 15 Me GENEVIEVE BERTRAND: 16 Q- And I've provided you with a copy, Doctor, and 17 so I'm... 18 A- Yes. 19 Q- ... referring you to Table 3 of... 20 A- Yes. 21 Q- ... the study at page 903, and more particularly 22 I'm referring you to the Levonorgestrel, which 23 is the first one, and the Norgestrel, which is 24 the last one mentioned on the list... 25 A- Yes.</p>
<p>70</p> <p>1 A- ... particular case, an association was found... 2 Q- Right. 3 A- ... and those issues would only weaken the 4 likelihood of finding an association. 5 Q- Okay. And you didn't mention that there wasn't 6 any adjustment made for clinically important 7 confounders? 8 A- Such as...? 9 Q- Body mass index... 10 A- They did adjust... 11 Q- ... diet... 12 A- ... for obesity. 13 Q- ... family history or ethnicity. 14 A- There's things that are missing, I absolutely 15 agree with you on that, I mean... But no... no 16 data set... I've never seen a study that could 17 adjust for absolutely every known potential 18 confounder. 19 Q- Okay, and you didn't mention in your report that 20 no medical records were reviewed to confirm the 21 diagnosis of a gall bladder event? 22 A- No, but again, if that's the case, it would only 23 add background noise to reduce the chance of 24 finding an association, unless you believe one 25 group was under-reported or over-reported</p>	<p>72</p> <p>1 Q- ... and to the adjusted for propensity score... 2 A- Yes. 3 Q- ... column. 4 A- Yes. 5 Q- Now, do you understand... If I'm talking to you 6 about the Levonorgestrel and the Norgestrel, do 7 you understand that two (2)... these two (2) 8 compounds that they're comparing? 9 A- That they're... 10 Q- Do you understand, if I'm talking to you about 11 the... If we're comparing Levonorgestrel and 12 Norgestrel, do you understand these two (2) 13 compounds? 14 A- No, I don't. 15 Q- Okay. Do you understand the relationship 16 between Norgestrel and Levonorgestrel? 17 A- No, I don't. 18 Q- So, if I tell you there's only... The only 19 active ingredient in Norgestrel is 20 Levonorgestrel, from a scientific perspective, 21 if you... So, if that is the case... and it is, 22 I'm... 23 A- Yes. 24 Q- ... putting it to you that Norgestrel... the 25 only active ingredient is Levonorgestrel. And</p>

73	<p>1 from a scientific perspective, if you compare a 2 chemical compound to itself, you wouldn't expect 3 to find a statistically different result, would 4 you? 5 Me SAMY ELNEMR: 6 If we look... 7 Me GENEVIEVE BERTRAND: 8 So... 9 Me SAMY ELNEMR: 10 I'm sorry, you're going to have to repeat 11 that... 12 A- Yes. 13 Me GENEVIEVE BERTRAND: 14 Okay, so I'll start over. 15 So, we're comparing here, in this table... 16 I'm referring Dr. Grover to Table 3, the 17 Levonorgestrel and the Norgestrel, and the 18 adjusted for propensity score in that table. 19 Q- Do you understand what an adjusted for 20 propensity score is? 21 A- Yes. 22 Q- Okay. 23 A- I don't consider... 24 Q- So... 25 A- ... though, the adjusted propensity score being</p>	75	<p>1 the Levonorgestrel and Norgestrel... In that 2 case, comparing two (2) things of the same 3 nature, you would not expect to find a 4 statistically different result in that case 5 normally, would you? 6 A- No, you wouldn't. 7 Q- You wouldn't. 8 A- If it's the same... If it's the same thing, it's 9 the same thing. 10 Q- And the fact that they looked at the same 11 compound and they found a statistical difference 12 shows in this case that there must have been 13 bias, correct? 14 A- It doesn't mean there's bias, it could also 15 mean... When you do an analysis... When you do 16 an analysis where you're looking at multiple 17 comparisons, there is a risk of... there is a 18 risk of a comparison being positive just on 19 chance alone. 20 Q- As we... So, it could be chance... 21 A- Yes. 22 Q- ... or it could be the... 23 A- Could be bias. 24 Q- ... fact that there are bias? 25 A- But there's no obvious bias to me, here.</p>
74	<p>1 the most important column in that table. 2 Q- Let me ask you the question, and... and then 3 we'll... 4 A- Yes. 5 Q- ... okay, we'll move on. 6 So, we're comparing these two (2) 7 compounds, Levonorgestrel... 8 A- Yes. 9 Q- ... and Norgestrel. The only active ingredient 10 in Norgestrel is Levonorgestrel. 11 A- Yes. 12 Me SAMY ELNEMR: 13 Is that a fact? 14 Me GENEVIEVE BERTRAND: 15 It is a fact, and I'm putting it to Dr. Grover, 16 but what's important is the next question. 17 Me SAMY ELNEMR: 18 Go ahead. 19 Me GENEVIEVE BERTRAND: 20 Q- You would understand from a scientific 21 perspective... and Dr. Grover, tell me if you 22 don't agree... 23 A- Okay. 24 Q- If you compare a chemical compound to itself... 25 So, we're comparing two (2) of the same thing,</p>	76	<p>1 Q- Okay, so it's chance or bias. But if... Is that 2 correct, sir? 3 A- But it's also... You have to be clear here that, 4 relatively speaking, the comparison between 5 Norgestrel and Levonorgestrel, whether you agree 6 there is an association or there isn't, it's a 7 weak one, and it depends on which analysis you 8 look at. The adjusted for propensity score 9 shows a very marginally significant result, the 10 adjusted... 11 Q- Yes. 12 A- ... rate score doesn't show a statistically 13 significant result, and the crude rate shows a 14 marginally statistically significant result. 15 So, if you'd asked me to comment on the 16 comparison between Norgestrel and 17 Levonorgestrel, I would have said it's more 18 borderline... more unclear. 19 Q- Okay, and other than chance or bias, are there 20 other reasons the... there would be a 21 statistically different result for these two (2) 22 compounds that are the same? 23 A- That's the only two (2) that I... 24 Q- Okay. 25 A- ... guess I can think of off the top of my head</p>

77	<p>1 as chance or bias. 2 Q- And isn't it true that... 3 A- Well, misclassification, of course, but... yes. 4 Q- And isn't it true that the authors of the study 5 conclude that the small amount of increased 6 risk, together with possible biases in the 7 study, make the differences in the incidents of 8 gall bladder disease unlikely to be clinically 9 significant? 10 A- That is their conclusion, that's correct. 11 Q- So, they candidly admitted that there are biases 12 in their study, and that could have affected the 13 results of the study? 14 A- I didn't... they said "compounded with the 15 possibility of residual biases." 16 Q- Right. 17 A- But the possibility of residual biases are 18 always there in any study, other than a 19 perfectly... 20 Q- Yes. 21 A- ... done randomized control trial. So... 22 Q- Right. 23 A- ... all they're saying is that this isn't a 24 perfect study. 25 Q- Right.</p>	79	<p>1 not support... 2 A- Yes, I didn't review that issue. 3 Q- Okay. 4 A- I couldn't say. 5 Q- So, you couldn't say. 6 And there are no studies that demonstrate 7 an association between Yaz or Yasmin 8 specifically, and functional gall bladder 9 disorder, correct? 10 A- I would argue this one does. 11 Me SAMY ELNEMR: 12 Could you specify which one you're talking 13 about? 14 A- I'm sorry, say that again. 15 Me GENEVIEVE BERTRAND: 16 Q- So, no studies that would demonstrate a clear 17 association between Yaz and Yasmin and 18 functional gall bladder disorder? 19 A- Can you define "functional gall bladder" for me? 20 Q- Disorder... in terms of gall stones, 21 cholecystectomy, the... 22 A- Well, in this study, gall bladder disease was 23 defined as a cholecystectomy. 24 Q- Okay. The Etminan Study used data from IMS 25 LifeLink Health Plan Claims Database?</p>
78	<p>1 And you would agree with that, that it's 2 not a... it's not a perfect study? 3 A- Not... Not a perfect study to prove causality. 4 Q- Okay. So, there... The existing literature does 5 not support that low doses of estrogen -- we're 6 talking about estrogen this time -- used in 7 modern oral contraceptives, including Yaz or 8 Yasmin, are associated with an increased risk of 9 gall bladder disease, compared to non-use of 10 oral contraceptives? 11 A- Well, I wouldn't say that, because... 12 Q- Okay. 13 A- ... this study actually found an association, 14 and... 15 Q- But we're talking about estrogen, not progestin. 16 17 A- Oh, I'm sorry. Sorry, say that... 18 Q- So, I'll repeat... 19 A- Repeat it again? 20 Q- ... the question. 21 A- Yes. 22 Q- So, in terms of the literature... So, we're 23 switching from progestin -- which is the Etminan 24 Study -- to estrogen, and my question is, so the 25 existing literature, as far as you've seen, does</p>	80	<p>1 A- M'hm. 2 Q- And... Well, just maybe verbally, if you could 3 say "yes"? 4 A- Yes. 5 Q- Yes. 6 A- Sorry. 7 Q- And you won an award from IMS Health Canada in 8 the past, correct? Do you recall that? 9 A- Oh, yes. Yes, you're right, I... 10 Q- Do you recall that? 11 A- ... did, actually. 12 Q- And... 13 A- You're right, I did. 14 Q- ... do you have any affiliations with... 15 A- No, none... 16 Q- ... IMS? 17 A- ... whatsoever. 18 Q- Okay. 19 20 (DISCUSSION OFF RECORD) 21 22 Me GENEVIEVE BERTRAND: 23 Q- So, Dr. Grover, just to come back to your 24 earlier conclusion for Ms. Gladu, I want to 25 clarify that you agree that Ms. Gladu... So, her</p>

<p style="text-align: right;">81</p> <p>1 factors, the obesity, the surgery, the 2 immobilization, the infection, were more likely 3 to have caused a thrombotic event than her use 4 of an oral contraceptive? 5 A- Yes. 6 Q- You agree with that, okay. 7 And in discussing the Jick Study, and not 8 comparing the women that were on or off oral 9 contraceptives, you said that all the women are 10 similar... Surely, you didn't mean... or didn't 11 suggest that all of the women taking an oral 12 contraceptive are all obese, or all smokers, or 13 have the same risk factors as Ms. Gladu... 14 A- No. 15 Q- ... or Guindon? That's not what you meant? 16 A- I meant more similar in the sense that they all 17 decided to take oral contraceptives. 18 Q- Right. Okay. 19 And when you said that all of the flaws in 20 the Etminan Study, including the dose, the 21 proper diagnosis of gall bladder disease, the 22 duration of taking the oral contraceptive... You 23 said that all of this was background noise and 24 that it only strengthened the association in the 25 Etminan Study.</p>	<p style="text-align: right;">83</p> <p>1 Q- Yes. 2 A- At very least, you wouldn't expect that the gall 3 bladder would be taken out in the absence of 4 gall stones. At very least they would have 5 known they had gall stones. 6 Q- So, we will suspend the examination and 7 'sujet'... subject to the... the undertaking to 8 be provided. 9 We thank you for your time today, Dr. 10 Grover... 11 Me SYLVIE RODRIGUE: 12 Thank you. 13 Me GENEVIEVE BERTRAND: 14 Q- ... we appreciate it. 15 16 AND FURTHER DEPONENT SAITH NOT 17 ----- 18 19 20 21 22 23 24 25</p>
<p style="text-align: right;">82</p> <p>1 Now, if there's no proper diagnosis, for 2 example, doesn't it tell you that there's a weak 3 association because it could be someone without 4 gall bladder disease that was included in the 5 study? 6 A- Sorry, when you say poor... When you say "weak 7 diagnosis"... their diagnosis was on the basis 8 of cholecystectomy, so unless you believe some 9 of these women had a cholecystectomy, but, in 10 fact, didn't have gall bladder disease... 11 Q- Because there was the... 12 A- Yes. 13 Q- That was the... 14 A- I mean, if we assume that they only take gall 15 bladders out with people that have 16 cholecystectomy... 17 Q- Yes. 18 A- ... I can't see that they made many mistakes 19 here in the diagnosis of gall bladder disease. 20 Now, I'm sure there are cases where a woman has 21 her gall bladder taken out, and they 22 subsequently look and go, "Son of a gun, there's 23 nothing wrong with this gall bladder." But a 24 cholecystectomy is a pretty good indicator of 25 gall bladder disease.</p>	<p style="text-align: right;">84</p> <p>1 2 I, ASTRIDA AUZA, Official Court Reporter in the 3 Judicial District of Montreal, hereby certify that 4 the foregoing pages are a true and accurate 5 transcription of the mechanical recording, to the 6 best of my skill, ability, and understanding. 7 8 And I have signed, 9 10 _____ 11 ASTRIDA AUZA 12 Official Court Reporter 13 14 15 16 17 18 19 20 21 22 23 24 25</p>

<p>--- <b>-and-</b> [2] 1:11,15 <b>-vs-</b> [1] 1:20</p> <p><b>- 1 -</b> <b>1</b> [21] 14:11 16:1,2 25:11 26:12 28:14 30:11,12,14 31:2 33:3 41:24 46:11 55: 19,25 56:3,19 59:17 60: 24 64:2 <b>1-5</b> [1] 34:18 <b>10,000</b> [2] 39:9 41:25 <b>13</b> [1] 1:42 <b>13th</b> [1] 5:2 <b>14</b> [1] 29:22 <b>15</b> [2] 31:19 34:18 <b>17</b> [1] 43:8 <b>1953</b> [1] 5:7</p> <p><b>- 2 -</b> <b>2</b> [29] 7:5 8:15 26:16 28: 21 31:1 36:7 37:7 39:15 41:24 42:9 43:18,24 45: 22 55:17 59:17 65:3,5,8 69:10,22 72:7,12 74:6,25 75:2 76:21,23 <b>2,900</b> [1] 62:8 <b>20</b> [3] 8:3 32:13 69:9 <b>2009</b> [2] 45:22 46:3 <b>2011</b> [1] 43:9 <b>2016</b> [2] 1:42 5:2 <b>24</b> [1] 43:24 <b>25</b> [1] 7:20 <b>29th</b> [1] 5:6</p> <p><b>- 3 -</b> <b>3</b> [12] 22:10 23:3 26:8,21 39:15 42:9 43:18 51:9 59: 5 71:7,19 73:16 <b>3.2</b> [1] 36:7 <b>30</b> [3] 11:15 20:18 33:6</p> <p><b>- 4 -</b></p>	<p><b>4</b> [2] 39:8 59:4</p> <p><b>- 5 -</b> <b>5</b> [1] 2:14 <b>5-0</b> [2] 34:20,21 <b>50</b> [4] 34:11,20,23 35:24 <b>500-06-000484-093</b> [1] 1:4 <b>59</b> [1] 4:14</p> <p><b>- 6 -</b> <b>6</b> [10] 25:7 27:16 28:10,14 68:2,5,8,11,12,16 <b>61</b> [3] 3:19 58:12 <b>644</b> [1] 5:8</p> <p><b>- 7 -</b> <b>7</b> [1] 45:3 <b>71</b> [1] 4:16 <b>75</b> [1] 7:19</p> <p><b>- 8 -</b> <b>8</b> [2] 29:15,19 <b>84</b> [1] 10:15 <b>86</b> [1] 10:16</p> <p><b>- 9 -</b> <b>901</b> [2] 64:11,12 <b>903</b> [1] 71:21</p> <p><b>- A -</b> <b>ability</b> [2] 66:11 84:6 <b>absence</b> [3] 55:4 65:13 83: 3 <b>absolutely</b> [5] 26:13 27:5 63:25 70:14,17 <b>abstract</b> [2] 60:1 61:10 <b>accurate</b> [1] 84:4 <b>across</b> [2] 35:20 57:1 <b>Action</b> [5] 1:5 5:18 20:3 24:1,13 <b>actions</b> [1] 31:2 <b>active</b> [3] 72:19,25 74:9 <b>actually</b> [7] 8:6 16:8 24:22</p>	<p>36:22 60:9 78:13 80:11 <b>add</b> [2] 69:18 70:23 <b>address</b> [2] 50:25 51:11 <b>addressed</b> [1] 12:12 <b>adjust</b> [6] 54:23 63:17,23 65:15 70:10,17 <b>adjusted</b> [11] 64:1,2,4,13, 17 72:1 73:18,19,25 76:8, 10 <b>adjustment</b> [1] 70:6 <b>administrative</b> [1] 9:2 <b>admission</b> [2] 48:14,17 <b>admitted</b> [1] 77:11 <b>adults</b> [3] 6:17,18 11:12 <b>advisor</b> [1] 40:19 <b>affected</b> [2] 67:9 77:12 <b>affecting</b> [1] 53:8 <b>Affidavit</b> [1] 16:23 <b>affiliations</b> [1] 80:14 <b>Affirmation</b> [1] 5:11 <b>after</b> [2] 5:11 36:7 <b>again</b> [4] 33:16 70:22 78: 19 79:14 <b>ago</b> [1] 8:3 <b>agree</b> [37] 36:12,24 37:4, 12,17 38:8,9,16,18,20,24 42:7 43:18 44:7,15,16 47: 1,5,12,16,17,22,24 48:5 50:13 52:18,20 53:6,18 66:14,21 70:15 74:22 76: 5 78:1 80:25 81:6 <b>agreed</b> [3] 15:10,20 46:15 <b>ahead</b> [4] 52:5 59:25 63:2 74:18 <b>aligned</b> [1] 15:20 <b>allowed</b> [2] 42:12 <b>alone</b> [2] 67:6 75:19 <b>always</b> [2] 33:22 77:18 <b>am</b> [2] 32:11 42:13 <b>America</b> [1] 31:19 <b>amount</b> [2] 32:16 77:5 <b>analysis</b> [7] 16:20 54:4 65: 16 67:17 75:15,16 76:7</p>	<p><b>André</b> [1] 21:10 <b>anemia</b> [1] 64:7 <b>anglophone</b> [2] 19:6,9 <b>another</b> [2] 19:1 69:14 <b>answering</b> [1] 6:3 <b>any</b> [34] 13:3,4,13 14:16 15:3,11 17:1 18:10,25 20: 24 21:16 22:15 25:14,17 30:19 35:12,13 37:1 38: 10 39:6,13 40:10,20 42: 14 53:12 54:5,10 56:5 65: 12 67:22 70:6 77:18 80:14 <b>anybody</b> [2] 18:12 37:1 <b>anything</b> [4] 16:19 22:25 26:13 63:3 <b>APPEARANCES</b> [1] 1:34 <b>APPEARED</b> [1] 5:4 <b>appreciate</b> [1] 83:14 <b>approached</b> [2] 17:10 19:2 <b>approaches</b> [1] 11:3 <b>area</b> [1] 6:6 <b>argue</b> [4] 36:18 37:21 38:2 79:10 <b>argument</b> [1] 17:12 <b>Argyle</b> [1] 5:8 <b>around</b> [6] 9:14,18 10:14 12:4 21:24 35:19 <b>arterial</b> [2] 46:24 53:8 <b>asked</b> [4] 24:6 34:22 48: 16 76:15 <b>asking</b> [2] 6:3 59:11 <b>associated</b> [10] 12:6 20:6 37:15,18 38:9 54:11 61: 20 68:10,13 78:8 <b>associates</b> [1] 8:22 <b>Association</b> [21] 16:3 63: 7 65:12,14,24 66:15,22 67:2 69:20 70:1,4,24 71:3, 4,6 76:6 78:13 79:7,17 81: 24 82:3 <b>associations</b> [2] 67:5,8 <b>assume</b> [1] 82:14 <b>assumed</b> [1] 28:18 <b>ASTRIDA</b> [3] 1:45 84:2,11</p>
--	--	---	---

<p><b>asymptomatic</b> [1] 36:24 <b>authors</b> [1] 77:4 <b>AUZA</b> [3] 1:45 84:2,11 <b>available</b> [6] 40:5 41:15 53:24 54:1 66:8,10 <b>Avenue</b> [1] 5:9 <b>avoid</b> [1] 52:6 <b>award</b> [1] 80:7 <b>aware</b> [32] 31:1,18,22 32: 3,7,11,12,15 33:5 34:10, 14 36:5 39:6,9,25 40:2,8 41:14,19 42:3 44:25 45:1, 12 46:9,18 49:22 53:12 55:16,22 56:3 58:20 <b>away</b> [2] 19:18 23:14 <b>AZ161213</b> [1] 1:45</p> <p>- B -</p> <p><b>back</b> [7] 10:15 33:21 43: 13 49:17 52:7 57:24 80:23 <b>background</b> [3] 69:19 70: 23 81:23 <b>based</b> [2] 25:17 28:22 <b>basically</b> [5] 6:15 7:4 37:8 62:7 63:24 <b>basing</b> [1] 65:21 <b>basis</b> [3] 31:6 68:9 82:7 <b>BAYER</b> [2] 1:23 5:17 <b>became</b> [2] 36:20 48:13 <b>because</b> [18] 5:24 6:4 8: 24 23:11 33:24 35:10 36: 15,23 40:23 52:23 59:20 65:6 66:25 68:6 69:24 78: 11 82:3,11 <b>become</b> [1] 7:6 <b>before</b> [11] 6:3 20:13 25: 12 31:16 36:13 37:6,7 45: 22 46:2 52:11 62:23 <b>behalf</b> [3] 5:15 18:2 51:15 <b>being</b> [9] 17:12 19:22 34: 21 46:18 48:10 58:22 69: 15 73:25 75:18 <b>believe</b> [3] 68:8 70:24 82:8</p>	<p><b>believed</b> [1] 69:13 <b>bell</b> [1] 57:17 <b>benefits</b> [1] 12:18 <b>BERTRAND</b> [42] 1:38 2: 14 5:14,17 18:4,17,22 25: 8 27:13 28:3,8 30:13 34: 19 42:20 43:4 51:2,6,18, 23 52:10 57:8,12,16 58: 14 59:12,16,22 60:4,15 61:7 62:18,22 63:1 66:20 71:15 73:7,13 74:14,19 79:15 80:22 83:13 <b>best</b> [7] 18:18,20 25:2 44: 20 54:19 56:2 84:6 <b>better</b> [1] 56:24 <b>bias</b> [15] 67:9,10,11,13,15, 17 69:15 75:13,14,23,24, 25 76:1,19 77:1 <b>biases</b> [8] 67:11,12,22 77: 6,11,15,17 <b>big</b> [2] 55:13 56:22 <b>bigger</b> [1] 35:10 <b>biostatics</b> [1] 14:23 <b>biostatistics</b> [1] 7:9 <b>birth</b> [4] 20:14,19 21:24 26:14 <b>bit</b> [1] 53:23 <b>bladder</b> [37] 11:17,20,22 13:14,19 16:10 17:19 23: 5,8 36:22 44:19 48:23,24 54:7,12 58:16 61:15,21 62:8,10 64:3,20 70:21 77: 8 78:9 79:8,18,19,22 81: 21 82:4,10,19,21,23,25 83:3 <b>bladders</b> [1] 82:15 <b>BMI</b> [1] 64:2 <b>body</b> [4] 40:11 63:24 64: 17 70:9 <b>borderline</b> [1] 76:18 <b>born</b> [1] 5:6 <b>both</b> [2] 6:5 8:19 <b>bottom</b> [2] 48:20 54:3 <b>BOUCHARD</b> [5] 1:17 50:</p>	<p>20,25 52:11 53:2 <b>Bouchard's</b> [4] 22:7 51:11 53:6,19 <b>bowel</b> [1] 64:6 <b>brain</b> [1] 53:8 <b>brand</b> [2] 39:14,22 <b>brief</b> [1] 52:6</p> <p>- C -</p> <p><b>C</b> [3] 1:1,4,45 <b>C-K</b> [1] 57:11 <b>call</b> [1] 69:19 <b>called</b> [1] 24:3 <b>calling</b> [1] 24:8 <b>calls</b> [1] 25:6 <b>CAME</b> [2] 5:4 10:15 <b>Canada</b> [2] 40:22 80:7 <b>Canadian</b> [1] 16:3 <b>candidly</b> [1] 77:11 <b>cannot</b> [3] 3:14 58:9 67:3 <b>cardiovascular</b> [4] 9:15, 18 10:25 <b>care</b> [1] 6:16 <b>case</b> [15] 11:6 23:3 41:6 47:13 51:12 63:13,19 68: 14 70:1,22 72:21 75:2,4, 12 <b>cases</b> [10] 12:6 15:22 23: 3 26:13 41:24 48:9 62:8, 11 63:14 82:20 <b>Caucasian</b> [1] 31:19 <b>causal</b> [2] 66:16,23 <b>causality</b> [2] 67:3 78:3 <b>cause</b> [6] 37:1 38:19,21 44:17 48:15 53:19 <b>caused</b> [2] 36:21 81:3 <b>causes</b> [1] 38:24 <b>cell</b> [1] 64:7 <b>censoring</b> [1] 69:6 <b>centimetres</b> [1] 36:7 <b>certain</b> [3] 35:2 63:25 65: 23 <b>certainly</b> [2] 22:18 60:20</p>	<p><b>certainty</b> [1] 36:15 <b>certify</b> [1] 84:3 <b>cessation</b> [2] 69:7,22 <b>chance</b> [7] 67:6 70:23 75: 19,20 76:1,19 77:1 <b>change</b> [4] 25:16 40:22 42: 5 61:25 <b>changes</b> [1] 25:15 <b>charge</b> [1] 6:19 <b>check</b> [1] 45:8 <b>checked</b> [1] 32:16 <b>chemical</b> [3] 32:21 73:2 74:24 <b>cholecystectomies</b> [1] 14: 3 <b>cholecystectomy</b> [9] 37: 23,24 49:14 79:21,23 82: 8,9,16,24 <b>cholesterol</b> [3] 44:21 46: 17,18 <b>choose</b> [2] 65:4,8 <b>circulation</b> [1] 53:8 <b>cite</b> [1] 43:2 <b>cited</b> [4] 43:3,5 52:23 54: 18 <b>Claims</b> [1] 79:25 <b>clarify</b> [1] 80:25 <b>Class</b> [4] 1:5 5:17 20:3 24: 1 <b>clear</b> [8] 47:22 48:1,8,9,13 76:3 79:16 <b>Clinimetrica</b> [1] 8:16 <b>clinical</b> [23] 6:8,12 7:3,4,6, 7,13,15,17,20 8:4,22 9:21 10:1,13 13:10,13 15:22, 25 32:21 33:1 42:5 48:9 <b>clinically</b> [2] 70:6 77:8 <b>clinician</b> [1] 36:17 <b>clout</b> [1] 63:7 <b>cm</b> [1] 36:7 <b>CMAJ</b> [2] 43:11,12 <b>cohort</b> [4] 63:10 66:2,4 69: 9</p>
---	--	---	---

**colleague** [2] 5:19 20:24  
**collectively** [1] 47:10  
**column** [2] 72:3 74:1  
**combination** [1] 7:8  
**come** [9] 3:14 23:25 24:19  
35:20 55:10 57:1 58:9 61:  
1 80:23  
**comes** [3] 33:17 40:11 63:  
4  
**coming** [2] 49:13 52:7  
**commercial** [1] 8:19  
**committee** [1] 40:20  
**committees** [2] 40:18,19  
**common** [1] 69:8  
**comparables** [1] 55:11  
**compare** [2] 73:1 74:24  
**compared** [12] 38:11 47:  
20 54:7,12 56:4 58:17,19  
61:16 62:9 63:5 71:1 78:9  
**comparing** [11] 56:14,18,  
24 63:14 72:8,11 73:15  
74:6,25 75:2 81:8  
**comparison** [4] 56:24 75:  
18 76:4,16  
**comparisons** [1] 75:17  
**complete** [3] 3:15 58:9 61:  
1  
**completely** [2] 64:21,23  
**complex** [1] 6:16  
**complicated** [2] 21:15 47:  
24  
**complication** [1] 44:4  
**complications** [1] 21:25  
**composition** [1] 32:21  
**compound** [3] 73:2 74:24  
75:11  
**compounded** [1] 77:14  
**compounds** [4] 72:8,13  
74:7 76:22  
**Comprehensive** [3] 7:25  
8:9 9:1  
**concerning** [3] 5:18 55:18  
56:4

**conclude** [1] 77:5  
**concluded** [5] 41:14,19  
42:2 54:5,10  
**conclusion** [6] 42:4,6 61:  
24 71:5 77:10 80:24  
**conclusions** [3] 61:9,10  
65:9  
**conduct** [1] 67:15  
**Conducting** [1] 9:8  
**confers** [1] 61:14  
**confined** [1] 21:23  
**confirm** [5] 3:16 58:10 60:  
20 61:2 70:20  
**confirmatory** [1] 23:6  
**conflicting** [1] 48:12  
**confounder** [1] 70:18  
**confounders** [3] 63:18 64:  
5 70:7  
**consider** [3] 12:2,8 73:23  
**consideration** [2] 32:20  
33:24  
**consult** [2] 14:24 57:23  
**consulted** [3] 3:14 14:21  
58:8  
**consulting** [1] 8:17  
**contact** [2] 18:10 25:6  
**contained** [1] 61:24  
**containing** [4] 47:18 55:  
18 61:13,22  
**contains** [2] 32:13 33:5  
**context** [4] 19:14 21:17 22:  
3 24:12  
**continuously** [1] 69:9  
**contraceptive** [30] 11:14  
12:2,9,11 34:7 38:10 39:  
13,19,24 41:22,23 43:25  
47:14,18 49:9 52:17 54:8  
55:5 56:15,16,18,25 61:  
14,18 68:1,15 69:10 81:4,  
12,22  
**contraceptives** [33] 11:13,  
25 12:7,22 13:1,8,11 16:  
10 33:15 34:2,10 35:23  
39:16 40:6 47:21 48:18

53:11,16 55:19 56:6,13,  
20  
58:18 61:19,23 68:7 69:7,  
14,23 78:7,10 81:9,17  
**contradictory** [1] 23:6  
**contribute** [2] 34:12 35:25  
**contributed** [6] 11:16,21,  
24 12:21 13:3 47:3  
**control** [7] 20:14,19 21:25  
26:14 63:13 66:11 77:21  
**convince** [1] 20:4  
**convinced** [4] 20:7,8,9,10  
**corporate** [1] 8:18  
**correct** [19] 16:13 27:10  
45:18 53:9,20 66:9,13,24  
67:3,7,10,16,18 68:18 75:  
13 76:2 77:10 79:9 80:8  
**correctly** [1] 20:25  
**coter** [2] 59:2 71:9  
**counsel** [1] 24:24  
**couple** [1] 25:19  
**COURT** [3] 34:17 84:2,12  
**cover** [5] 9:20 10:9,10 51:  
7 53:1  
**critical** [4] 43:1 55:3 56:7,9  
**crude** [1] 76:13  
**currently** [1] 61:17

- D -

**D** [2] 1:1 2:5  
**dans** [1] 57:24  
**data** [12] 7:14 15:5 32:24,  
25 33:1 53:12 61:12 63:  
17 66:7,10 70:16 79:24  
**Database** [1] 79:25  
**date** [1] 20:19  
**dated** [1] 43:8  
**day** [2] 5:2,6  
**debate** [1] 14:17  
**DECEMBER** [3] 1:42 5:2  
46:2  
**decided** [1] 81:17  
**decreases** [1] 39:24

**define** [1] 79:19  
**defined** [1] 79:23  
**demonstrate** [2] 79:6,16  
**depending** [1] 34:7  
**depends** [1] 76:7  
**DEPONENT** [1] 83:16  
**depose** [1] 5:12  
**deposition** [3] 14:14,19  
15:21  
**described** [1] 9:21  
**description** [1] 7:1  
**design** [9] 7:10 63:8,9 65:  
14 67:13,23 68:21 69:2  
71:2  
**designs** [1] 62:13  
**despite** [1] 71:4  
**develop** [2] 32:1 49:15  
**developed** [6] 7:15 12:20  
26:18 38:4 49:11 63:15  
**developing** [13] 7:10,13  
31:20 32:8 38:10 39:7,17,  
22 42:8 43:17 44:10,14  
45:4  
**development** [3] 36:1 63:  
12 64:19  
**develops** [1] 55:7  
**diabetes** [2] 9:16 64:6  
**diagnosed** [1] 36:5  
**diagnosis** [7] 11:3 70:21  
81:21 82:1,7,19  
**diagnostic** [2] 6:17 10:25  
**diametric** [1] 6:15  
**diet** [1] 70:11  
**difference** [3] 41:20,23 75:  
11  
**differences** [1] 77:7  
**different** [13] 16:9 24:3 31:  
1 33:7,9,11,18 34:4 47:7  
52:19 73:3 75:4 76:21  
**differently** [1] 15:5  
**difficult** [3] 21:5 35:3 56:  
21  
**digital** [1] 23:11



**directly** [1] 12:21  
**director** [1] 8:1  
**disagree** [1] 15:11  
**discuss** [5] 67:20 68:19,  
20 69:1,4  
**discussed** [2] 16:16 49:23  
**discussing** [1] 81:7  
**discussion** [6] 25:11 30:9  
42:25 55:1 60:13 80:20  
**discussions** [1] 25:9  
**disease** [36] 9:15,19 10:  
25 11:17,20,22 13:15,21  
16:11 17:19 23:5 36:22  
46:22,24,25 54:7,12 58:  
17 61:16,21 62:8,10 63:  
13,15 64:3,6,20 77:8 78:9  
79:22 81:21 82:4,10,19,25  
**dismissed** [1] 58:22  
**disorder** [3] 79:9,18,20  
**dispute** [1] 65:10  
**distances** [1] 45:25  
**DISTRICT** [2] 1:3 84:3  
**Doctor** [1] 71:16  
**document** [2] 26:10 27:22  
**documents** [4] 21:16 26:  
25 27:1 30:20  
**dose** [8] 33:12,22,23 35:2  
39:24 81:20  
**doses** [3] 33:18 34:6 78:5  
**dosing** [2] 33:7,9  
**dossiers** [1] 30:25  
**doth** [1] 5:11  
**doubled** [1] 32:6  
**doubles** [1] 32:4  
**doubts** [1] 20:24  
**down** [1] 6:4  
**dozen** [1] 25:7  
**Dr** [33] 3:13 5:16 15:8,18  
16:18 17:8,13,24 19:13,  
14 21:8,20,23,25 28:23  
30:21,24 31:6 37:12 40:  
13 44:16 53:6 58:8,25 59:  
3 60:16 61:3 73:16 74:15,  
21 80:23 83:9

**drafting** [1] 19:17  
**drafts** [1] 25:13  
**draw** [2] 57:22 58:1  
**drospirenone** [8] 47:18  
54:6,11 55:18 56:4 58:17  
61:12,19  
**drug** [2] 33:17 35:17  
**due** [2] 48:17 50:17  
**duration** [1] 81:22  
**during** [1] 44:18

**- E -**  
**E** [2] 1:4 2:5  
**e-mail** [1] 24:4  
**e-mails** [1] 25:5  
**E-T-I-M-I-A-N** [1] 29:22  
**E-T-M-I-N-A-N** [1] 29:25  
**E-T-M-I-N-I-A-N** [2] 29:13,  
19  
**earlier** [2] 45:10 80:24  
**easier** [1] 48:22  
**easiest** [1] 35:5  
**easily** [2] 23:21 48:20  
**effect** [1] 12:11  
**eighty-four** [1] 10:15  
**eighty-six** [1] 10:16  
**either** [10] 13:9 20:24 21:  
15 23:5,6 42:6 52:21 54:  
16 55:9  
**eleven** [1] 43:8  
**eligible** [1] 67:24  
**ELNEMR** [34] 1:35 18:1,6,  
11,14,19 25:1 27:11 28:1,  
5 42:18 50:24 51:4,10,20  
52:1,8 57:6,10,14 59:10,  
14,19 60:2 61:5 62:16,20,  
24 66:18 73:5,9 74:12,17  
79:11  
**English** [2] 19:5,12  
**enlisted** [2] 14:12,14  
**entail** [2] 6:9 9:4  
**epidemiologic** [2] 56:11

**epidemiological** [1] 10:11  
**epidemiologist** [3] 6:8 7:7  
32:22  
**epidemiology** [15] 7:3,4,7,  
13,17,20 8:4,22 9:4,21 10:  
1,14 14:23 66:14,21  
**errors** [3] 14:16 15:2 71:1  
**establish** [2] 66:16,23  
**estrogen** [13] 32:14,16 33:  
6,12,13,18 34:11 35:25  
39:25 78:5,6,15,24  
**ethnicity** [1] 70:13  
**Etimian** [1] 29:20  
**Etminan** [21] 4:16 16:6,9  
17:4 20:12 29:24 30:17  
43:9 55:20 62:4 64:10 65:  
6 66:1 67:20 71:10,13 78:  
23 79:24 81:20,25  
**Etminian** [7] 29:13,17 62:  
12 63:6,9,10 64:3  
**even** [2] 46:17 49:14  
**event** [11] 45:4,23 46:2 47:  
20 49:5,11,12,16 50:10  
70:21 81:3  
**events** [1] 47:6  
**every** [2] 27:1 70:17  
**everything** [3] 23:24 27:5  
35:15  
**evidence** [1] 61:11  
**exactly** [1] 37:10  
**EXAMINATION** [6] 1:29 2:  
14 5:14 59:2 71:11 83:6  
**examine** [1] 15:21  
**examined** [1] 14:9  
**example** [6] 27:16 28:9,14  
33:2 67:25 82:2  
**exercise** [1] 12:19  
**Exhibit** [3] 59:2,7 71:13  
**EXHIBITS** [1] 4:5  
**existing** [2] 78:4,25  
**expect** [3] 73:2 75:3 83:2  
**experience** [1] 17:14  
**expert** [6] 12:3 14:1 20:1  
24:1 40:14,19

**expertise** [6] 7:10 13:7,  
10,14 15:25  
**explanation** [1] 65:13  
**exposed** [2] 61:17 69:10  
**extensive** [1] 10:17  
**extremely** [1] 69:8

**- F -**  
**fact** [11] 37:20,22 43:14  
52:12 69:18 71:3 74:13,  
15 75:10,24 82:10  
**factor** [14] 32:8 37:21 44:  
2 45:2,7,8 46:7,15,19,21  
47:2 50:9,19 64:2  
**factors** [18] 26:18 37:13,  
18 38:12,13,23 39:6 47:7,  
9 49:15 50:14 52:13 54:  
24,25 64:19 66:11 81:1,13  
**fairly** [1] 21:7  
**familiar** [1] 20:12  
**familiarity** [1] 7:9  
**family** [2] 32:3 70:13  
**far** [3] 35:8 62:11 78:25  
**fashion** [1] 63:16  
**fast** [1] 36:16  
**features** [2] 68:21 69:2  
**Federal** [1] 9:6  
**felt** [2] 20:1 48:16  
**few** [1] 52:2  
**fibrate** [1] 64:8  
**fifteen** [2] 31:18 34:18  
**fifty** [4] 34:11,20,23 35:24  
**fifty-eight** [1] 62:9  
**fifty-three** [1] 5:7  
**filed** [1] 5:18  
**find** [10] 35:15 36:4 53:12  
55:14 57:22 58:23 65:23  
71:4 73:3 75:3  
**finding** [4] 54:9 70:4,24  
71:3  
**fine** [2] 24:22 51:8  
**finish** [2] 6:2 62:21

*firm* [4] 8:17 20:2 24:2  
*firm's* [1] 17:25  
*first* [9] 6:9 10:13 17:10 20:  
4 26:6 31:14 62:3 63:4 71:  
23  
*five* [3] 34:18,20,21  
*flaws* [2] 41:17 81:19  
*focus* [3] 12:15 48:10 49:2  
*focused* [4] 14:10 16:1 17:  
16 55:25  
*folder* [1] 23:21  
*follow-up* [1] 59:17  
*following* [3] 26:19 50:18  
63:11  
*follows* [1] 5:12  
*foregoing* [1] 84:4  
*formation* [1] 34:12  
*forming* [2] 36:13 37:6  
*forth* [1] 33:21  
*forward* [1] 63:11  
*found* [8] 23:4 54:17 55:  
19,21,23 70:1 75:11 78:13  
*founding* [1] 8:1  
*four* [4] 5:8 39:8 59:4  
*fourth* [1] 41:21  
*frank* [2] 17:10 35:1  
*frankly* [1] 40:25  
*French* [1] 20:22  
*front* [3] 26:10 27:22 60:8  
*full* [1] 11:11  
*functional* [3] 79:8,18,19  
*funding* [2] 8:23 9:8  
**FURTHER** [1] 83:16  
*fuss* [1] 32:20  
*fusses* [1] 37:3

**- G -**

**G** [1] 57:7  
*gall* [42] 11:17,19,21 13:  
14,19 16:10 17:19 23:5,8  
36:21 44:19 48:23,24 54:  
7,12 55:9 58:16 61:15,21  
62:8,10 64:3,20 70:21 77:

8 78:9 79:8,18,19,20,22  
81:21 82:4,10,14,19,21,  
23,25 83:2,4,5  
*gallstone* [8] 36:6,12,19,  
20 37:5,19 38:19,22  
*gallstones* [21] 13:17,20  
14:1 26:18,20 31:11,14,  
20 32:1,4,10 34:13 35:19  
36:1,16,25 37:11,15,25  
38:5,11  
*gamut* [1] 11:11  
*Gatineau* [1] 46:1  
*gears* [3] 14:5 31:9 39:2  
*general* [9] 6:7,10,16 7:24  
11:7,8 13:18 23:12 31:13  
*generally* [3] 33:15 39:7  
47:6  
*generation* [2] 41:21,22  
*generic* [1] 33:16  
**GENEVIEVE** [41] 1:13,38  
5:14 18:4,17,22 25:8 27:  
13 28:3,8 30:13 34:19 42:  
20 43:4 51:2,6,18,23 52:  
10 57:8,12,16 58:14 59:  
12,16,22 60:4,15 61:7 62:  
18,22 63:1 66:20 71:15  
73:7,13 74:14,19 79:15  
80:22 83:13  
*Geneviève* [2] 2:14 5:16  
*gestures* [1] 6:1  
*give* [2] 27:18 55:5  
*given* [4] 20:17 30:19 42:4  
65:3  
*giving* [1] 10:18  
**GLADU** [12] 1:13 22:7 49:  
8,10,18,22 50:14 52:12,  
19 80:24,25 81:13  
*good* [3] 7:1 20:23 82:24  
*Google* [1] 21:1  
*government* [2] 8:20 9:6  
*grants* [1] 9:6  
*great* [1] 56:17  
*greatest* [1] 54:21  
*group* [5] 68:14 69:13,14

70:25  
**GROVER** [15] 1:29 2:13 3:  
14 5:6,16 58:8,25 59:3 60:  
16 61:3 73:16 74:15,21  
80:23 83:10  
*grow* [2] 36:16 37:11  
*growing* [1] 36:19  
*guess* [6] 7:1 24:14 25:5  
28:20 44:20 76:25  
*guessing* [4] 19:10,12 28:  
20  
**GUINDON** [18] 1:9 22:7  
27:7,9 28:11,17,19 29:7  
31:9 36:5,13 37:13 38:6  
39:3 45:12 47:10 68:4 81:  
15  
*Guindon's* [7] 25:22 31:16  
37:17 38:18 44:17 45:11  
68:14  
*gun* [1] 82:22  
*guys* [2] 6:18,22  
*gynaecologist* [1] 21:6

**- H -**

*hadn't* [1] 14:16  
*half* [1] 25:7  
*handle* [1] 17:23  
*happen* [1] 14:14  
*happening* [1] 20:19  
*haven't* [9] 11:14 13:2,3,6  
20:17 35:12 36:1 41:6 63:  
15  
*he's* [3] 14:22 15:25 17:15  
*head* [4] 32:5 39:12 58:24  
76:25  
*Health* [9] 7:25 8:1,9,18,  
19 9:1,17 79:25 80:7  
*Hello* [1] 5:16  
*help* [2] 14:12,15  
*hereby* [1] 84:3  
*herself* [1] 68:4  
*high* [4] 41:5 44:21 46:17,  
18  
*higher* [3] 33:12 54:11 61:

20  
*highlights* [1] 10:18  
*him* [5] 14:24 27:12 52:6  
62:17,21  
*history* [2] 32:3 70:13  
*hm* [5] 36:9 43:19 50:1,11  
80:1  
*hospital* [3] 6:20 7:24 49:  
13  
*hospitalization* [2] 26:19  
52:14  
*hospitalized* [3] 37:22,23  
50:2  
*hospitals* [2] 6:19 8:25  
*however* [1] 42:7  
*hundred* [3] 5:7 62:8,9  
*hung* [1] 23:4

**- I -**

*I-1* [3] 4:13 59:2,7  
*I-2* [3] 4:16 71:10,13  
*ideas* [1] 25:17  
*identify* [3] 54:5,10 63:7  
*immobility* [2] 38:13 44:18  
*immobilization* [5] 44:13  
47:2 50:18 52:15 81:2  
*immobilized* [1] 50:5  
*impact* [3] 16:10 68:20 69:  
1  
*important* [22] 5:24 6:2 32:  
19 35:8 36:17,18 37:13,  
18,21 38:4,17,23,25 50:  
19 54:17 64:19 66:7,10  
69:12 70:6 74:1,16  
*Improvement* [2] 7:25 9:1  
**IMS** [3] 79:24 80:7,16  
*inability* [1] 65:15  
*inadequate* [1] 8:24  
*incidents* [1] 77:7  
*include* [2] 25:9 67:13  
*included* [2] 68:6 82:4  
*Including* [5] 13:17 45:7  
64:5 78:7 81:20

**increase** [8] 35:2 39:14,17  
44:13 45:6 47:11,19 48:5  
**increased** [8] 20:5 50:15  
54:6 58:16 61:15 68:10  
77:5 78:8  
**increases** [5] 42:8 43:15,  
23 44:8 45:3  
**increasingly** [1] 48:13  
**index** [3] 63:24 64:17 70:9  
**indicator** [1] 82:24  
**indirectly** [2] 12:3,5  
**individually** [1] 47:10  
**individuals** [1] 62:10  
**industry** [1] 9:7  
**infection** [2] 50:8 81:2  
**inferior** [4] 58:22 62:3,11  
63:9  
**inflammation** [1] 36:21  
**inflammatory** [1] 64:6  
**influence** [1] 66:12  
**influenced** [2] 47:10 50:14  
**information** [2] 17:23 42:  
22  
**ingredient** [3] 72:19,25 74:  
9  
**ingredients** [1] 32:23  
**initially** [2] 17:8  
**insomuch** [1] 14:7  
**INSPQ** [1] 40:3  
**INSPQ's** [2] 41:9,11  
**instead** [3] 10:7 27:8 29:5  
**Institut** [1] 40:2  
**Institute** [3] 41:14,19 42:  
16  
**Institute's** [2] 42:3 43:2  
**intention** [1] 30:6  
**interchangeably** [1] 28:21  
**interested** [5] 17:11 19:22  
24:6 54:2  
**interesting** [1] 22:18  
**internal** [7] 6:11,13,24 7:  
18,21,22 11:5  
**internist** [2] 6:7 13:19

**interns** [1] 6:23  
**interpret** [1] 15:5  
**into** [4] 9:17 31:16 33:24  
49:13  
**involved** [2] 12:15 23:25  
**isn't** [4] 76:6 77:2,4,23  
**issue** [7] 43:1 46:5 47:24  
55:3 56:7,9 79:2  
**issues** [3] 9:17 69:18 70:3  
**it's** [43] 5:24 6:2 7:8,9 8:1,  
7,17 9:5,18,24 23:21 28:  
10 32:23,24 34:6 37:4,5  
38:21 43:9 47:22,24 48:1  
49:8 53:18 56:24 57:2 59:  
4 62:3 63:5 64:20 65:6 75:  
8 76:1,3,6,17 78:1,2  
**its** [4] 42:7 43:15 45:2 67:  
20  
**itself** [2] 73:2 74:24

**- J -**

**J** [2] 57:9  
**J-I** [1] 57:7  
**J-I-C-K** [2] 57:2,9  
**JANINE** [1] 1:9  
**Jesus** [1] 12:1  
**Jick** [20] 3:17 4:13 57:2,  
13,15 58:11,15 59:1,7 60:  
17 61:3,24 63:21,23 64:  
23 65:7,9,10,12 81:7  
**Joseph** [3] 14:22 15:18 16:  
18  
**Joseph's** [2] 15:7,8  
**journal** [1] 16:5  
**Judicial** [1] 84:3

**- K -**

**keep** [1] 22:14  
**kind** [2] 6:1 9:9  
**kinds** [1] 23:15  
**knowledge** [3] 18:18,20  
37:10  
**known** [5] 10:22 32:5,7 70:  
17 83:5

**- L -**

**largely** [4] 7:8 9:5 11:7 20:  
11  
**lastly** [1] 6:2  
**Lawrence** [1] 14:22  
**lawyer** [6] 18:10 19:1,5,12  
24:2,3  
**layman's** [1] 7:12  
**least** [4] 36:17 68:1 83:2,4  
**Leiden** [5] 45:2,7,8 46:7  
47:2  
**level** [1] 20:21  
**levels** [2] 33:7,11  
**Levonorgestrel** [16] 54:  
13 58:19 61:13,22 71:22  
72:6,11,16,20,25 73:17  
74:7,10 75:1 76:5,17  
**LifeLink** [1] 79:25  
**likelihood** [3] 69:20 70:4  
71:2  
**likely** [12] 37:4,5 38:25 47:  
3 49:10 50:17 51:13,21  
56:14 69:13 81:2  
**limit** [1] 66:11  
**limitations** [2] 66:5 67:21  
**limited** [1] 63:17  
**line** [1] 8:19  
**LIST** [12] 3:5,13,15 4:5 22:  
13,14 57:23 58:1,7,9 61:1  
71:24  
**literature** [15] 3:16,18 16:  
23 21:18,24 22:13 53:21  
58:10,12 60:19 61:2,4 78:  
4,22,25  
**long** [2] 36:25 45:25  
**look** [10] 20:5 22:18 28:13  
35:13 53:24 59:3 60:3 73:  
6 76:8 82:22  
**looked** [4] 35:15 53:21 54:  
1 75:10  
**looking** [6] 12:18 33:23 41:  
1 56:19 63:12 75:16  
**loosely** [1] 26:7  
**Lord** [1] 5:1

**lot** [1] 63:6  
**lots** [3] 17:3 31:25 36:24  
**low** [2] 41:23 78:5  
**lower** [1] 33:12

**- M -**

**main** [3] 10:23 26:3 38:21  
**major** [5] 14:11 44:1 46:5,  
19,21  
**majority** [1] 49:15  
**makes** [2] 65:20,22  
**mandate** [1] 24:25  
**marginally** [3] 40:25 76:9,  
14  
**mass** [3] 63:24 64:17 70:9  
**Masse** [5] 21:8 37:12 40:  
13 44:16 53:6  
**Masse's** [4] 21:10,20 22:1  
28:23  
**matter** [5] 39:13 40:22 47:  
14 49:9 52:16  
**maybe** [2] 60:22 80:2  
**mcg** [4] 32:13 33:6 34:11  
35:24  
**McGill** [6] 6:21 7:24 8:8,25  
10:15 14:23  
**mean** [18] 13:18 19:5,23  
20:17 23:10 31:25 33:9  
34:1,25 41:1 45:7 67:1 68:  
11 70:15 75:14,15 81:10  
82:14  
**meant** [9] 10:5 27:8 28:18  
29:3,4,24 30:14 81:15,16  
**measured** [1] 36:6  
**mechanical** [1] 84:5  
**medical** [16] 6:20,23 16:3  
21:13,14,22 22:4,8 25:23  
26:23 30:25 45:11 49:20  
50:21 53:3 70:20  
**medicine** [9] 6:13,22,24 7:  
15,18,21,22 11:5,9  
**member** [1] 24:2  
**mental** [1] 9:17  
**mention** [8] 16:19 66:1 67:

24 68:3 69:6,21 70:5,19  
**mentioned** [13] 10:24 12:  
10 15:1,16 16:22 19:13,  
21 35:14 38:22 40:15,16  
54:25 71:24  
**mentors** [1] 17:15  
**mésure** [1] 57:25  
**methodological** [2] 41:17  
67:21  
**micrograms** [4] 32:13 33:  
6 34:11 35:24  
**might** [3] 25:18 59:20 60:  
20  
**mind** [5] 31:23 32:2 48:25  
63:4 64:25  
**misclassification** [1] 77:3  
**missing** [1] 70:14  
**mistake** [1] 30:1  
**mistakes** [1] 82:18  
**model** [1] 64:16  
**modern** [1] 78:7  
**month** [2] 14:25 44:19  
**months** [9] 36:7 37:8 45:  
22 68:2,5,8,11,12,16  
**MONTREAL** [3] 1:3 7:24  
84:3  
**more** [23] 7:5 9:16 37:4 38:  
16,23,25 49:18 51:9 55:  
21,23 56:13,19 63:6 65:  
15 68:8,11 69:13 71:21  
76:17,18 81:2,16  
**Motion** [2] 27:24 28:2  
**move** [1] 74:5  
**Mrs** [2] 50:25 51:11  
**Ms** [40] 22:7 25:22 27:7,9  
28:10,17,19 29:7 31:9,16  
36:5,13 37:12,17 38:6,18  
39:2 44:17 45:11,12 47:9  
49:8,10,18,22 50:14,20  
52:11,12,19 53:1,6,19 68:  
4,14 80:24,25 81:13  
**multiple** [5] 26:17 45:16  
49:14 64:4 75:16  
**multivariate** [1] 64:16

**must** [1] 75:12  
**myself** [5] 12:2,8 14:7 17:  
23 20:4  
  
**- N -**  
**N** [3] 1:1,4 2:5  
**name** [6] 5:16 17:25 19:4  
24:8,19 33:17  
**names** [2] 17:7 18:25  
**national** [4] 40:2,11 41:7,  
10  
**native** [1] 19:9  
**nature** [1] 75:3  
**necessarily** [1] 41:4  
**need** [7] 28:4 42:5 50:25  
51:11 55:13 56:22 59:20  
**negative** [2] 35:7,11  
**never** [7] 11:16,19,24 12:  
21 58:23 65:24 70:16  
**next** [1] 74:16  
**nine** [2] 45:22 46:3  
**nineteen** [2] 5:7 10:13  
**nobody** [1] 37:3  
**nods** [1] 6:1  
**noise** [3] 69:19 70:23 81:  
23  
**non-use** [1] 78:9  
**non-users** [1] 56:25  
**none** [1] 80:15  
**nor** [1] 61:18  
**Norgestrel** [12] 71:23 72:  
6,12,16,19,24 73:17 74:9,  
10 75:1 76:5,16  
**normally** [1] 75:5  
**North** [1] 31:19  
**notes** [1] 57:3  
**Nothing** [7] 13:18,24 20:  
14 23:4 53:10,14 82:23  
**November** [2] 5:7 45:21  
**number** [6] 17:22 31:23  
32:2 39:12 54:21 62:11  
**numbers** [1] 62:6

**- O -**  
**Obese** [4] 26:4 43:24 49:  
25 81:12  
**obesity** [14] 9:16 32:7 37:  
20 38:3,13,16 42:7 43:14  
44:1 45:17 47:1 52:14 70:  
12 81:1  
**observations** [1] 54:22  
**observed** [2] 67:1,5  
**obstetrician** [1] 21:6  
**obvious** [1] 75:25  
**obviously** [2] 6:1 25:4  
**odd** [1] 62:9  
**OFF** [15] 30:9 32:5 39:12  
40:10 42:17,19,21,25 55:  
14 58:24 60:11,13 76:25  
80:20 81:8  
**office** [1] 27:3  
**offices** [7] 8:7,8,10,11,15,  
16,24  
**Official** [2] 84:2,12  
**often** [1] 33:21  
**omitted** [2] 68:19 69:6  
**on-** [1] 8:18  
**once** [3] 14:13 48:8,9  
**one** [48] 11:18 14:10 16:1,  
2 17:15 25:11,24 26:2,6,  
12 27:18 28:4,14 30:11,  
14 31:2 32:9 33:3,22 34:  
18 41:24 46:11,12 48:18  
54:17,21,22 55:5,13,14,  
19,20,25 56:3,19 59:4,17  
62:6 64:2 69:13 70:24 71:  
23,24 76:7 79:10,12  
**ones** [1] 10:23  
**Ontario** [2] 30:20 31:2  
**opinion** [6] 31:7 35:22 40:  
23 54:18 61:25 64:24  
**opportunity** [1] 60:17  
**opposed** [2] 10:4 32:22  
**opposite** [1] 6:15  
**oral** [63] 11:13,14,25 12:2,  
7,8,11,22 13:1,8,11 16:9  
33:15 34:2,7,10 35:23 38:

10 39:13,16,19,23 40:6  
41:  
21,22 43:25 47:14,17,20  
48:18 49:9 52:17 53:10,  
14 54:8 55:5,19 56:5,10,  
12,15,16,18,20,25 58:18  
61:13,17,19,22 68:1,7,15  
69:7,10,23 78:7,10 81:4,8,  
11,17,22  
**orient** [1] 25:24  
**original** [1] 69:9  
**originally** [1] 19:1  
**outcome** [1] 66:12  
**outside** [2] 13:18 25:17  
**over** [6] 10:12,17 13:21 40:  
18 57:3 73:14  
**over-reported** [1] 70:25  
**own** [8] 21:24 25:18 31:7,  
23 42:8,22 43:15 45:3  
  
**- P -**  
**P** [1] 1:4  
**PAGE** [8] 2:9 3:9,18 4:9  
58:12 64:11,12 71:21  
**pages** [5] 4:14 59:5,8 84:4  
**pancreatitis** [1] 64:7  
**paper** [8] 10:14 12:24 20:  
11 23:4,7,14 52:23 53:1  
**papers** [3] 17:22 22:17 48:  
12  
**paragraph** [7] 27:16 28:9,  
14 29:15,19,22 64:14  
**part** [6] 20:2 26:17 33:20  
54:4 61:9 68:16  
**particularize** [1] 60:23  
**particularly** [5] 10:22 21:  
14 35:9 41:4 71:21  
**passed** [1] 19:18  
**past** [2] 12:20 80:8  
**patient** [1] 52:21  
**patients** [3] 26:2,8 47:5  
**people** [4] 7:5 12:19 52:21  
82:15  
**per** [1] 41:24

*percent* [4] 7:19,20 31:18  
69:8  
*perfect* [3] 77:24 78:2,3  
*perfectly* [1] 77:19  
*Perhaps* [2] 29:3,4  
*period* [3] 44:12 50:4,5  
*peripherally* [1] 12:14  
*personal* [3] 8:20 17:14  
25:5  
**PERSONALLY** [2] 5:4 41:2  
*persons* [1] 39:9  
*perspective* [3] 72:20 73:  
1 74:21  
*Petitioners* [3] 1:18,36 18:  
2  
*pharmacologist* [1] 32:23  
*Physician* [1] 5:8  
*pill* [2] 20:15 21:25  
*pills* [2] 20:19 26:14  
*place* [2] 8:5,6  
*Plaintiff* [1] 26:3  
*Plaintiffs* [1] 22:10  
*plan* [2] 59:11 79:25  
*played* [1] 46:6  
*please* [3] 27:19 62:25 66:  
19  
*plenty* [1] 13:19  
*point* [3] 25:20 32:19 36:6  
*poor* [1] 82:6  
*portion* [4] 7:17 9:22 10:  
10 11:6  
*position* [4] 20:2,3 22:12  
53:25  
*positive* [4] 35:8,9,10 75:  
18  
*possibility* [2] 77:15,17  
*possible* [3] 57:25 77:6  
*post-operative* [1] 44:12  
*potential* [3] 63:18 64:4  
70:17  
*power* [1] 54:23  
*powered* [1] 55:15  
*practice* [9] 6:24 8:5 9:4,

22 10:4,9 11:6,9 13:22  
*practise* [3] 7:16,23 42:5  
*précisez* [1] 60:22  
*preparation* [2] 16:23 53:  
22  
*Prepare* [3] 3:13 14:5 58:7  
*preparing* [1] 22:3  
*prescribe* [1] 11:13  
*prescribed* [4] 11:14 20:  
17 34:3,9  
*prescription* [1] 12:6  
*presence* [1] 64:5  
*present* [2] 5:20 47:6  
*presented* [8] 15:22 45:12,  
15 47:9 48:10 49:22 50:8,  
14  
*presenting* [2] 45:22 47:5  
*pretty* [3] 9:20 20:23 82:24  
*prevention* [1] 9:16  
*previous* [1] 44:18  
*primarily* [2] 17:16 33:16  
*primary* [2] 44:16 48:15  
*problem* [3] 33:20 51:17  
52:9  
*problems* [2] 6:17 11:11  
*proceedings* [2] 24:1 30:  
20  
*profession* [1] 10:4  
*professor* [4] 6:21 14:22  
15:2,7  
*progesterone* [2] 32:17  
40:6  
*progestin* [2] 78:15,23  
*Program* [4] 7:25 8:2 9:1  
12:19  
*promotion* [1] 8:2  
*propensity* [5] 72:1 73:18,  
20,25 76:8  
*proper* [2] 81:21 82:1  
*proportion* [1] 7:16  
*proposition* [1] 58:15  
*prove* [3] 35:6 67:3 78:3  
*proven* [1] 34:15

*provide* [2] 22:12 60:9  
*provided* [5] 15:14 17:24  
27:5 71:16 83:8  
*providing* [1] 58:25  
**PROVINCE** [2] 1:2 5:9  
*provincial* [1] 40:10  
*publique* [1] 40:3  
*published* [7] 7:15 10:14,  
17 11:19 12:24 13:4 43:11  
*publishing* [1] 9:10  
*pull* [1] 55:13  
*purposes* [2] 8:21 61:8  
*putting* [2] 72:24 74:15

- Q -

*quality* [1] 20:21  
*quality* [1] 41:11  
**QUEBEC** [7] 1:2 5:9,19 24:  
12 31:3 40:22 46:1  
**Québec** [1] 40:3  
*quite* [3] 10:17 17:9 35:1  
*quoted* [5] 14:11 16:2 17:  
22 20:11 33:4

- R -

*randomized* [2] 55:4 77:21  
*randomly* [1] 55:5  
*range* [2] 10:16 11:11  
*rate* [2] 76:12,13  
*rather* [2] 17:17 24:4  
*reaching* [1] 9:17  
*read* [9] 21:5 32:15 41:18  
58:21 59:20,25 60:18 61:  
9,10  
*reading* [4] 20:13,22 23:8  
30:25  
*ready* [1] 22:24  
*really* [12] 7:7 10:1 17:11  
20:4 23:2,3,17 36:15 37:9  
55:10,13 69:18  
*reason* [3] 38:4 56:13 65:  
23  
*reasons* [1] 76:20

*recall* [14] 11:23 17:6 18:8,  
21 24:25 25:14,22 40:16  
54:9,16 58:21 60:18 80:8,  
10  
*recently* [1] 9:16  
*recollection* [2] 25:2 40:14  
**RECORD** [11] 30:9 42:17,  
19,21,25 43:6 46:10 57:  
21 60:11,13 80:20  
*recording* [1] 84:5  
*records* [12] 21:13,14,22  
22:4,8 25:23 26:23 45:11  
49:20 50:21 53:4 70:20  
*redo* [1] 22:15  
*reduce* [3] 69:19 70:23 71:  
2  
*refer* [8] 27:7,12 28:14 29:  
12,17 30:15 65:25 67:19  
*referred* [1] 40:13  
*referring* [9] 8:14 16:4,12  
20:16 64:10,14 71:19,22  
73:16  
*reformulate* [1] 5:23  
*refused* [1] 25:16  
*regard* [5] 27:9 30:20 39:3  
49:4 50:20  
*regarding* [8] 11:17 13:11,  
14 25:10 31:14 37:19 40:  
5 52:11  
**Regardless** [2] 39:19,20  
*regards* [2] 13:8 16:19  
*related* [4] 11:24 12:11 13:  
4 54:6  
*relationship* [3] 66:16,23  
72:15  
*relatively* [2] 49:12 76:4  
*rely* [1] 65:1  
*remember* [16] 18:8,23 24:  
15,16 26:7,12,22,24 27:3  
30:22,23 46:11,12,13 57:  
20  
*remembered* [1] 27:1  
*reminded* [1] 14:7

**removal** [1] 44:19  
**remove** [1] 51:5  
**removed** [1] 51:12  
**repeat** [6] 66:17,19 68:24  
73:10 78:18,19  
**report** [51] 15:19 17:9,13,  
15,21,24 18:9 19:17,19  
21:7,12,20,23 22:1,4 25:  
10,11,13,17,21 27:7,12,  
17,24 28:6,23,25 29:1,12,  
17 30:21,24 40:14,20 41:  
1,9,10,13,18 42:1,16 43:2  
49:4 53:22 64:12 65:25  
67:19 68:20 69:1 70:19  
**REPORTER** [3] 34:17 84:  
2,12  
**represent** [2] 5:17 8:15  
**representative** [2] 22:10  
26:3  
**representing** [1] 41:24  
**reprints** [1] 22:17  
**research** [23] 7:4,14 8:21  
9:5,6,8,14,22 10:2,7,11  
12:3 13:9,14 14:8 21:24  
22:14,16 30:24 33:1,20  
48:11 49:3  
**researcher** [2] 12:2,9  
**residents** [1] 6:23  
**residing** [1] 5:8  
**residual** [2] 77:15,17  
**responded** [1] 24:7  
**Respondent** [4] 1:24,40 5:  
15 51:15  
**responding** [1] 28:22  
**response** [1] 29:4  
**rest** [1] 23:7  
**result** [10] 42:4 52:16 53:7  
67:5 73:3 75:4 76:9,13,14,  
21  
**results** [13] 9:10 62:15 64:  
11,15 65:1,5,10 66:25 67:  
19 68:9,21 69:2 77:13  
**retrospective** [5] 63:10,16  
66:2,4,7

**review** [14] 3:18 17:1 21:  
16,23 22:4 40:13 41:10  
46:10 58:12 60:17,19 61:  
2,4 79:2  
**reviewed** [17] 3:16 14:8  
16:22 17:21 22:13 25:23  
26:23 40:5 41:6 45:11 49:  
19 50:21 53:3 58:10 61:3  
70:20  
**reviewing** [1] 27:3  
**reviews** [1] 40:12  
**right** [56] 8:10,11 10:3,5,  
19 13:12 15:7,24 16:7,17  
17:12 19:20,23 20:17,20  
21:9,11,14 22:9,11 24:10  
26:21 27:2 29:2 30:5,16,  
18 32:18 34:3,5 37:2 38:2,  
6 39:21 43:10 45:9,17,20  
49:25 54:4 55:8 60:8,11  
64:16 66:3 67:4,14 68:6  
69:12 70:2 77:16,22,25  
80:9,13 81:18  
**ring** [1] 57:17  
**risk** [59] 20:5 26:17 31:20  
32:4,6,8 35:2 37:13,18,21  
38:11,12 39:6,7,14,17,22  
40:6 41:21 42:8 43:15,23  
44:1,10,13,22 45:3,6 46:  
19,21 47:7,9,11,19 48:5,  
12 49:14 50:9,13,15,19  
52:13 54:7,12,24 58:16  
61:15,20 64:2,19 68:10,  
13 75:17,18 77:6 78:8 81:  
13  
**risks** [4] 38:9 45:13,16 49:  
23  
**RODRIGUE** [5] 1:39 5:19  
51:14 52:3 83:11  
**role** [1] 46:6  
**route** [1] 48:22  
**rule** [1] 23:12  
**run** [2] 8:17,25

- S -

**S** [1] 1:4  
**Sackett** [2] 19:13,14  
**Sackett's** [7] 17:9,13,24  
21:23 30:21,24 31:6  
**SAITH** [1] 83:16  
**SAMY** [32] 1:35 18:1,14,  
19 25:1 27:11 28:1,5 42:  
18 50:24 51:4,10,20 52:1,  
8 57:6,10,14 59:10,14,19  
60:2 61:5 62:16,20,24 66:  
18 73:5,9 74:12,17 79:11  
**santé** [1] 40:3  
**saw** [1] 19:19  
**say** [28] 5:12 6:5 7:12 9:  
23 10:25 14:25 15:18 18:  
5 31:21 32:22 36:15 37:9  
48:2,6 49:8 57:18 63:3 64:  
12 65:3 68:23 78:11,17  
79:4,5,14 80:3 82:6  
**saying** [5] 19:6 30:1 49:2  
64:25 77:23  
**scientific** [3] 72:20 73:1  
74:20  
**score** [6] 72:1 73:18,20,25  
76:8,12  
**second** [4] 11:18 27:18 41:  
22 64:14  
**section** [3] 28:10,13 64:11  
**seeing** [1] 46:13  
**senior** [3] 14:12,15,20  
**sense** [1] 81:16  
**sent** [2] 18:8 24:3  
**SERGE** [1] 1:17  
**series** [1] 5:21  
**serve** [1] 19:25  
**served** [2] 40:17  
**set** [2] 8:2 70:16  
**seven** [1] 45:3  
**seventeen** [1] 43:8  
**seventy-five** [1] 7:19  
**she's** [1] 26:3  
**short** [1] 59:4  
**shortcomings** [1] 71:5  
**should** [1] 9:23

**show** [5] 11:12 35:1 63:3  
65:12 76:12  
**showed** [1] 17:13  
**shows** [4] 32:24 75:12 76:  
9,13  
**sickle** [1] 64:7  
**side** [4] 6:20 9:2 17:12 19:  
23  
**signal** [1] 56:19  
**signed** [1] 84:8  
**significant** [9] 66:15,22  
67:1,4,8 76:9,13,14 77:9  
**significantly** [3] 34:12 35:  
25 47:19  
**similar** [4] 26:16 56:14 81:  
10,16  
**simple** [1] 62:6  
**simplest** [1] 65:13  
**simply** [3] 5:22 16:1 35:5  
**sir** [1] 76:2  
**Siskinds** [5] 18:3,5,6,7 24:  
2  
**situation** [1] 31:17  
**situations** [1] 35:7  
**six** [7] 5:8 68:2,5,8,11,12,  
16  
**sixteen** [1] 5:1  
**size** [3] 36:12,20 37:6  
**skill** [1] 84:6  
**skills** [1] 7:14  
**small** [2] 38:11 77:5  
**smoked** [1] 37:20  
**smoker** [2] 26:4 45:19  
**smokers** [1] 81:12  
**smoking** [6] 38:3,13,16 44:  
7 47:1 64:5  
**Solemn** [1] 5:11  
**some** [16] 9:7 12:3 17:6  
18:12 21:17 22:17,19,21,  
23,25 23:18 25:16 59:20  
62:9 82:8  
**somebody** [1] 36:22

**someone** [3] 25:19 56:16 82:3  
**something** [7] 12:14 22: 22 35:1,3 36:23 65:17  
**sorry** [21] 27:15,18 29:14 36:11 37:24 41:20 42:10 43:21 50:1,11 62:19 67: 11 68:20,23 73:10 78:17 79:14 80:6 82:6  
**sort** [5] 6:15 7:12 14:17 24: 7,11  
**sorts** [4] 11:4 35:7 40:11 69:18  
**source** [1] 9:8  
**sources** [1] 8:23  
**space** [2] 8:24 9:3  
**speak** [2] 19:14 23:11  
**speaker** [1] 19:9  
**speaking** [6] 12:21 19:5, 12 39:7 49:12 76:4  
**specialist** [1] 13:24  
**specialty** [1] 6:6  
**specific** [8] 13:7,9,10,13 23:4,7 31:16 32:1  
**specifically** [12] 12:12 13: 5 14:10 24:18 26:22 31: 10,22 33:3 35:18 49:18 53:23 79:8  
**specify** [1] 79:12  
**speed** [1] 37:10  
**spelling** [2] 30:1,6  
**spend** [2] 7:5 23:18  
**split** [1] 23:24  
**spoke** [1] 24:18  
**spoken** [2] 19:1 24:24  
**stand** [1] 51:21  
**standards** [1] 41:5  
**stands** [1] 58:15  
**start** [4] 6:3 31:10,13 73:14  
**started** [7] 22:18 36:8,13, 14,19 37:6,7  
**stated** [1] 15:10  
**statements** [1] 15:12

**statin** [1] 64:7  
**statistical** [3] 54:23 63:7 75:11  
**statistically** [10] 66:15,22, 25 67:4,8 73:3 75:4 76:12, 14,21  
**statistician** [5] 14:13,15, 20 15:4 16:1  
**Stenographer** [2] 5:25 6:4  
**STEVEN** [3] 1:29 2:13 5:6  
**still** [2] 39:2 62:15  
**stones** [4] 55:9 79:20 83:4, 5  
**stop** [1] 69:13  
**story** [3] 17:16,19 48:24  
**straightforward** [1] 21:7  
**strength** [1] 56:17  
**strengthened** [1] 81:24  
**strengthens** [1] 71:5  
**strengths** [5] 7:11 14:18 15:17,18 69:5  
**strokes** [2] 53:7,19  
**stuck** [1] 55:10  
**students** [1] 6:23  
**studies** [33] 3:13 11:16,24 12:4 13:3,4 14:8 17:1 33: 2,21 35:8,9,11,12,13 40:5 41:17 53:24,25 54:1,5,10 55:17 57:23 58:8 65:3,5 66:4,7 79:6,16  
**Study** [121] 3:17 4:13,16 7:10,11 11:19,21 12:12, 16,22 14:11 16:2,6,8,9,12 20:12 29:22,25 30:12,14, 17 33:4 35:3,6,20 36:4 40: 9 43:2,5,9 54:9,18,19 55: 13 56:2,3,11,17,22 57:1,2, 13 58:11,15,21,22,23 59: 1,4,7 60:6,17,18 61:4,24 62:3,4,12,13 63:6,8,9,10, 11,13,20,21,23 64:4,10, 23 65:1,2,6,7,9,11,12,14, 22 66:1,2 67:13,20,22,25 68:6,17,19,22 69:3,5,16,

19 70:16 71:2,10,13,21 77: 4,7,12,13,18,24 78:2,3,13, 24 79:22,24 81:7,20,25 82:5  
**study's** [3] 68:9,21 69:2  
**stuff** [1] 23:15  
**subject** [1] 83:7  
**submitted** [1] 25:12  
**subsequently** [1] 82:22  
**Such** [1] 70:8  
**sufficient** [4] 36:20 54:22 66:16,23  
**sufficiently** [1] 55:15  
**suggest** [1] 81:11  
**suggesting** [1] 12:7  
**sujet** [1] 83:7  
**superior** [1] 65:6  
**support** [3] 53:13 78:5 79: 1  
**supported** [1] 53:25  
**sure** [23] 11:15 14:15 15:2 20:25 25:20 26:11 27:4, 14,19 30:4 31:21 34:8,14 45:8 46:4 51:8 52:5 58:3, 5 60:25 65:24 82:20  
**Surely** [1] 81:10  
**surgery** [7] 6:16 38:15 44: 18 45:21 47:2 50:18 81:1  
**surgical** [2] 48:14,17  
**suspect** [1] 65:18  
**suspend** [1] 83:6  
**sway** [1] 35:22  
**switch** [1] 31:9  
**Switching** [5] 14:5 39:2 69:7,22 78:23  
**SYLVIE** [5] 1:39 5:19 51: 14 52:3 83:11  
**symptoms** [1] 36:21  
  
- T -  
**T** [1] 1:4  
**Table** [6] 71:7,19 73:15,16, 18 74:1

**take** [14] 6:4,16 8:5 22:19, 21 27:21 28:9 33:24 43: 25 58:18 59:3 60:5 81:17 82:14  
**taken** [5] 47:15 49:10 52: 17 82:21 83:3  
**taking** [23] 8:6 20:2 27:8 28:17 36:8,14 37:7 39:23 54:8 56:5,10,12,15,16 68: 1,4,7,10,12,15 69:14 81: 11,22  
**talk** [1] 49:17  
**talked** [3] 21:17 52:12 53: 22  
**talking** [10] 21:8 25:6 37: 25 38:12 43:14 72:5,10 78:6,15 79:12  
**teach** [1] 6:22  
**telephone** [1] 25:6  
**ten** [2] 39:8 41:24  
**tendency** [1] 45:6  
**terms** [16] 6:9 7:12,22 8:4 9:25 15:18,22 21:13 28: 19,21 35:23 49:17 52:16 65:9 78:22 79:20  
**testified** [4] 45:10 49:19 50:21 53:3  
**testimony** [3] 14:6,10 21:5  
**tests** [1] 11:1  
**Thank** [3] 50:12 83:9,12  
**that's** [29] 7:1,14 13:12 16: 7,12,13 22:9,11 23:20 24: 19,22 27:24 28:2 30:6,18 34:3,9,15 46:24 51:8,16, 19 56:21 64:11 68:18 70: 22 76:23 77:10 81:15  
**their** [11] 8:23 16:10 20:3 26:18,19 65:15,16 66:5 77:10,12 82:7  
**therapeutic** [1] 6:17  
**therapy** [1] 11:3  
**there** [43] 15:2,3 18:12 20: 5,8 21:1 23:14 25:11,14, 15,18 30:11 31:1 36:25

38:22,24 41:20 42:4 48:12  
55:16,17 56:3 58:16 61:11  
68:9 70:5 71:6 75:12,17,  
24 76:6,19,20 77:11,18 78:  
4 79:6 82:11,20  
**there's** [16] 8:24 30:1,11,  
14 33:7,11 36:24 44:1 70:  
14 72:18 75:14,25 82:1,2,  
22  
**they're** [9] 33:22 35:10 40:  
25 41:4 63:11,14 72:8,9  
77:23  
**thing** [11] 6:1 24:11 25:21  
54:17 56:21 62:13 63:4,8  
74:25 75:8,9  
**things** [13] 8:15 9:2 10:20  
11:4 12:4 25:19 30:23 64:  
18 69:21,22 70:14 75:2  
**thinking** [1] 33:16  
**thirteenth** [1] 5:2  
**thirty** [3] 11:15 20:18 33:6  
**though** [3] 31:13 56:9 73:  
25  
**thoughtful** [1] 15:4  
**thoughts** [1] 15:8  
**thousand** [5] 5:1 39:8 41:  
25 45:21 46:3  
**three** [12] 4:13 22:10 23:3  
26:7,21 36:6 39:15 42:9  
43:17 51:9 59:5,8  
**thromboembolic** [13] 45:  
4,23 46:2 47:6,11,20 49:4,  
11,12,16 50:9,15 52:16  
**thromboembolism** [1] 39:  
4  
**thrombophlebitis** [24] 12:  
5,10,20 17:16 23:9 26:19  
35:19 39:8,18,23 42:9 43:  
13,17 44:5,10,14,17,23  
46:19 47:3 48:11,15 50:  
17 55:9  
**thrombotic** [2] 45:5 81:3  
**through** [1] 30:25  
**throughout** [3] 28:10,25

29:1  
**time** [14] 6:5 7:19 14:9 19:  
18 23:18 27:21 46:2 50:4,  
7 59:20 60:5 63:12 78:6  
83:9  
**times** [7] 24:23,24 39:15  
42:9 43:18,24 45:3  
**today** [3] 5:20 14:6 83:9  
**together** [2] 65:4 77:6  
**too** [1] 44:20  
**took** [1] 26:4  
**top** [4] 32:5 39:12 58:24  
76:25  
**topic** [1] 12:12  
**topics** [3] 9:11 10:16,23  
**Toronto** [2] 18:7,13  
**track** [1] 22:15  
**trail** [1] 23:11  
**training** [3] 6:7 7:5,6  
**transcribe** [1] 5:25  
**transcript** [2] 8:12 61:8  
**transcription** [1] 84:5  
**Translate** [1] 21:1  
**travelled** [2] 45:25 46:1  
**trial** [2] 55:4 77:21  
**trouble** [1] 37:1  
**true** [5] 29:10,11 77:2,4 84:  
4  
**trumps** [1] 64:23  
**trying** [4] 33:14 42:15 54:  
2 55:10  
**turned** [1] 20:24  
**twenty** [4] 8:2 32:13 43:8  
69:8  
**twenty-five** [1] 7:20  
**twenty-four** [1] 43:24  
**twenty-nine** [1] 62:7  
**twenty-ninth** [1] 5:6  
**two** [33] 5:1 7:5 8:15 26:  
16 28:21 31:1 36:6,7 37:7  
39:14 41:24 42:9 43:17,  
24 45:21,22 46:3 55:16,  
17 59:17 65:3,5,8 69:10,

21 72:7,12 74:6,25 75:2  
76:21,23  
**type** [2] 25:21 56:11  
**types** [4] 67:9,10,11,12  
**typical** [1] 34:6  
**Typically** [5] 6:18,22 9:5,  
13,14  
  
- U -  
**U** [2] 1:4  
**U-1** [2] 3:13 58:7  
**unclear** [2] 48:7 76:18  
**under** [2] 8:7,23  
**under-reported** [1] 70:25  
**underpowered** [2] 35:6 63:  
5  
**understand** [12] 5:22 7:14  
29:3 34:21 69:25 72:5,7,  
10,12,15 73:19 74:20  
**understanding** [2] 20:22  
84:6  
**understood** [1] 20:25  
**undertaking** [6] 57:22 58:  
4,7 60:23,24 83:7  
**UNDERTAKINGS** [1] 3:5  
**University** [1] 6:21  
**unless** [2] 70:24 82:8  
**unlikely** [2] 53:18 77:8  
**up** [13] 3:15 8:2 11:12 24:  
3,19 32:15 37:23 40:11  
55:10 57:23 58:1,9 61:1  
**up-to-** [1] 20:18  
**users** [2] 56:18,25  
**using** [3] 28:20,21 39:13  
**usual** [1] 13:22  
**Usually** [1] 7:5  
  
- V -  
**V** [5] 45:2,7,8 46:7 47:2  
**valid** [3] 66:14,21 67:2  
**various** [4] 33:25 67:9,10,  
12  
**vascular** [4] 44:21 46:21,

24,25  
**vasculitic** [1] 53:19  
**vasculitis** [1] 53:7  
**vastly** [4] 62:3,14 63:5 65:  
6  
**venous** [1] 46:25  
**verbal** [1] 36:10  
**verbally** [3] 5:24 43:20 80:  
2  
**versus** [2] 7:17 55:6  
**very** [11] 21:5 26:16 35:3  
41:23 48:20 56:21,22 63:  
17 76:9 83:2,4  
  
- W -  
**want** [5] 30:4 42:14 53:23  
59:25 80:24  
**wanted** [5] 15:1,3,16 19:  
21 23:20  
**wards** [1] 6:19  
**way** [4] 15:4,6 35:5 51:22  
**we'd** [1] 36:23  
**weak** [5] 65:14,22 76:7 82:  
2,6  
**weaken** [1] 70:3  
**weaknesses** [6] 7:11 14:  
18 15:17,19 16:20 69:5  
**weight** [2] 64:5 65:16  
**wellness** [2] 8:18,19  
**Westmount** [1] 5:9  
**What's** [6] 17:25 20:19 36:  
16,18 57:25 74:16  
**whatever** [3] 28:22 56:13  
57:24  
**whatsoever** [1] 80:17  
**when** [17] 12:10 14:24 17:  
10 18:5 20:22 34:22,23  
36:18,19 39:23 53:21 63:  
3 75:15 81:19 82:6  
**Whenever** [1] 20:23  
**whereas** [2] 63:13 64:3  
**wherever** [1] 28:18  
**who'd** [1] 68:7



**who's** [1] 56:15  
**why** [7] 24:8 30:6 51:19  
52:19,22 62:2,5  
**without** [5] 26:10,25 39:6  
41:1 82:3  
**witness** [1] 20:1  
**woman** [2] 63:15 82:20  
**women** [23] 26:17 31:19,  
25 34:3 41:25 43:24 49:  
13 54:7 55:5 56:5,12,14  
58:18 61:16 63:11,14 67:  
25 68:7,15 81:8,9,11 82:9  
**won** [1] 80:7  
**word** [1] 21:4  
**work** [4] 8:6,23 22:19,21  
**worse** [1] 56:20  
**wouldn't** [15] 19:25 26:22  
32:5 38:20 39:10 40:10,  
20 48:3 62:15 65:1 73:2  
75:6,7 78:11 83:2  
**write** [3] 27:9 29:4,24  
**written** [2] 14:8,17  
**wrong** [2] 20:3 82:23  
**wrote** [2] 21:6 28:18

- X -

**X** [1] 2:5

- Y -

**Yasmin** [18] 5:18 13:4 20:  
6,16 27:8,9 28:17,19,24  
29:1,5 33:5,10,14 53:18  
78:8 79:7,17  
**Yaz** [24] 5:18 13:4 20:16  
26:4 27:8,9 28:18,24 29:4  
32:12,15 33:9,14 36:8,14  
37:7 38:19 39:1 68:4,10,  
12 78:7 79:7,17  
**years** [12] 7:6 8:3 10:12,  
17 11:15 13:21 17:15 20:  
18 40:18 41:25 55:7 69:11  
**yet** [1] 51:16

- Z -

**zero** [2] 34:20,21

<p><b>- A -</b> agree [37] any [34] Association [21] aware [32]</p> <p><b>- B -</b> because [18] Bertrand [41] bias [15] bladder [37]</p> <p><b>- C -</b> case [15] clinical [23] contraceptive [30] contraceptives [33] correct [19]</p> <p><b>- D -</b> disease [36] Dr [33]</p> <p><b>- E -</b> ELNEMR [33] epidemiology [15] Etminan [21]</p> <p><b>- F -</b> factors [18]</p> <p><b>- G -</b> gall [42] gallstones [21] GENEVIEVE [39] Guindon [17]</p> <p><b>- I -</b> important [22] it's [43]</p> <p><b>- J -</b> Jick [20]</p>	<p><b>- L -</b> Levonorgestrel [16] literature [15]</p> <p><b>- M -</b> mean [18] medical [16] more [23] Ms [40]</p> <p><b>- O -</b> OFF [15] one [48] oral [63]</p> <p><b>- R -</b> remember [16] report [51] research [23] reviewed [17] right [56] risk [59]</p> <p><b>- S -</b> SAMY [31] say [28] some [16] sorry [21] studies [33] Study [121] sure [23]</p> <p><b>- T -</b> taking [23] terms [16] that's [29] there [43] there's [16] thrombophlebitis [24] two [33]</p> <p><b>- W -</b> when [17] women [23]</p>	<p>wouldn't [15]</p> <p><b>- Y -</b> Yasmin [18] Yaz [24]</p>	
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**4**

**EXHIBIT P-12**

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## Oral contraceptives and the risk of gallbladder disease: a comparative safety study

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### ABSTRACT

**Background:** Recent concerns have been raised about the risk of gallbladder disease associated with the use of drospirenone, a fourth-generation progestin used in oral contraceptives. We conducted a study to determine the magnitude of this risk compared with other formulations of oral contraceptives.

**Methods:** We conducted a retrospective cohort study using the IMS LifeLink Health Plan Claims Database. We included women who were using an oral contraceptive containing ethinyl estradiol combined with a progestin during 1997–2009. To be eligible, women had to have been taking the oral contraceptive continuously for at least six months. We computed adjusted rate ratios (RRs) for gallbladder disease using a Cox proportional hazards model. In the primary analysis, gallbladder disease was defined as cholecystectomy; in a secondary analysis, it was defined as hospital admission secondary to gallbladder disease.

**Results:** We included 2 721 014 women in the cohort, 27 087 of whom underwent surgical or

laparoscopic cholecystectomy during the follow-up period. Compared with levonorgestrel, an older second-generation progestin, a small, statistically significant increase in the risk of gallbladder disease was associated with desogestrel (adjusted RR 1.05, 95% confidence interval [CI] 1.01–1.09), drospirenone (adjusted RR 1.20, 95% CI 1.16–1.26) and norethindrone (adjusted RR 1.10, 95% CI 1.06–1.14). No statistically significant increase in risk was associated with the other formulations of oral contraceptive (ethynodiol diacetate, norgestrel and norgestimate).

**Interpretation:** In a large cohort of women using oral contraceptives, we found a small, statistically significant increase in the risk of gallbladder disease associated with desogestrel, drospirenone and norethindrone compared with levonorgestrel. However, the small effect sizes compounded with the possibility of residual biases in this observational study make it unlikely that these differences are clinically significant.

**Competing interests:** None declared.

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Oral contraceptives are the most popular mode of birth control among women and are used by about 100 million women worldwide.<sup>1</sup> Long-term use of these drugs has been associated with a variety of serious adverse events, including deep vein thrombosis, stroke and pulmonary embolism.<sup>2</sup> In addition, both estrogen and progesterone have been shown to play an important role in the formation of gallstones.<sup>3</sup> However, the relative risk of gallbladder disease associated with different formulations of oral contraceptives, including newer formulations, is unknown.

Recently, there have been concerns expressed in the media about reports of gallbladder disease necessitating cholecystectomy associated with the use of drospirenone, a fourth-generation progestin.<sup>4</sup> Drospirenone combined with ethinyl estradiol is primarily marketed as Yaz and Yasmin in Canada and the United States and is

one of the most prescribed oral contraceptives in North America, with worldwide sales of \$2 billion in 2009.<sup>5</sup> The scientific evidence on the risk of gallbladder disease associated with drospirenone consists of only anecdotal or spontaneous reports in databases of adverse drug events.

A possible link between drospirenone and gallbladder disease may lead to cholecystectomy and possible surgical complications.<sup>6</sup> If there were a substantial risk of gallbladder disease with drospirenone, this might influence its overall risk-benefit ratio and could prompt physicians to prescribe safer alternatives. Given that women using oral contraceptives have been found to be at increased risk of gallbladder disease compared with women not using oral contraceptives,<sup>4</sup> any excess risk associated with the use of drospirenone merits quantification within the context of a comparative safety study.

## Methods

### Data sources

We obtained data from the IMS LifeLink Health Plan Claims Database. This database is the largest of its kind in the United States and captures health information on about 78 million residents representing all geographic areas in the country (midwest, 35%; northeast, 21%; south, 31%; west, 13%).<sup>7</sup> Data are captured longitudinally, with an average enrolment period of two years.<sup>7</sup> Data fields include demographic characteristics (age, sex, geographic location), prescription drugs (drug name, quantity, day supply), diagnoses (using the International Classification of Diseases, ninth revision [ICD-9]) and hospital admissions (including visits to an emergency department and surgical procedures). The database is subject to routine quality checks to ensure the validity and completeness of the data, and it has been used in numerous pharmaco-epidemiologic and health outcome studies.<sup>10</sup> In addition, because the data come from more than 104 managed care organizations, they go through rigorous quality checks before they are incorporated in the main database.<sup>10</sup>

### Study cohort and exposure definition

We conducted a retrospective cohort study. We included all women who were using an oral contraceptive containing ethinyl estradiol combined with a progestin during 1997–2009. The progestins studied were norethindrone, ethynodiol

diacetate, norgestrel, levonorgestrel, norgestimate, desogestrel and drospirenone.

Cohort entry was defined as the index date (baseline), which occurred after 180 days of continuous exposure to a study drug. We excluded women who had lesser amounts of exposure. To avoid misclassification bias, exposed person-time was computed from the index date. This approach allowed for a sustained exposure period without interruptions.

Cohort members were followed to the end of the study period; to the date they switched to another study drug; to discontinuation of a study drug; to the diagnosis of gallbladder disease; or to the termination of health coverage. Because gallbladder disease has a slow onset, we extended follow-up for an additional six months after cohort members had been censored, to observe any new diagnoses of gallbladder disease that may have developed after a study drug was stopped.

### Outcome measures

For the primary analysis, the outcome of gallbladder disease was defined as having had a cholecystectomy. Information on cholecystectomies was ascertained using Current Procedural Terminology (CPT) codes for both surgical and laparoscopic cholecystectomies (CPT codes 47600, 47605, 47610, 47612, 47620, 47562, 47563, 47564, 49310, 56340 and 56341). These procedure codes are used by surgeons to be reimbursed for their services. They have been

**Table 1:** Characteristics of women included in the study cohort by type of progestin in oral contraceptive used (n = 2 721 014)

Characteristic	Desogestrel n = 351 322	Drospirenone n = 448 287	ETD n = 53 244	Levonorgestrel n = 495 748	Norethindrone n = 546 621	Norgestimate n = 722 667	Norgestrel n = 103 125
Age, yr, mean (SD)	28 (6.0)	28 (6.1)	29 (5.9)	29 (6.1)	30 (5.8)	27 (5.6)	29 (6.3)
Length of follow-up, d, mean (SD)	363 (479)	314 (396)	377 (492)	357 (471)	287 (431)	338 (433)	351 (470)
No. with gallbladder disease	3 911	4 974	632	5 201	4 789	6 432	1 148
Drug use, %							
Statin	0.39	0.39	0.59	0.50	0.44	0.29	0.64
Fibrate	0.06	0.08	0.07	0.06	0.06	0.04	0.06
Medical history, %							
Sickle-cell anemia	0.04	0.03	0.02	0.04	0.05	0.03	0.04
Diabetes mellitus	3.13	3.18	3.07	3.01	3.11	2.33	3.55
Inflammatory bowel disease	0.47	0.50	0.55	0.46	0.42	0.36	0.47
Pancreatitis	0.35	0.35	0.36	0.36	0.33	0.26	0.40
Smoking	5.00	4.60	5.65	5.29	5.01	4.65	5.91
Obesity	0.36	0.42	0.37	0.34	0.34	0.23	0.36

Note: ETD = ethynodiol diacetate, SD = standard deviation.

shown to be well correlated with gallbladder disease and have been used as a marker in previous epidemiologic studies.<sup>11</sup>

For the secondary analysis, we considered the outcome as all hospital admissions secondary to gallbladder disease (ICD-9 codes 574 and 575).

### Statistical analysis

We used the Cox proportional hazards model to estimate hazard ratios for gallbladder disease (cholecystectomy or hospital admission secondary to gallbladder disease). We hypothesized that a possible risk of gallbladder disease with use of oral contraceptives would require at least six months of continuous use of these drugs. Thus, exposure was defined at baseline (after 180 days of exposure). To avoid misclassification bias, we excluded participants who either had an event or left the cohort before 180 days of exposure.

Models were adjusted for available covariates to control for confounding: the covariates were age, calendar time, sickle-cell anemia, diabetes mellitus, inflammatory bowel disease, obesity, pancreatitis, smoking and use of statins and fibrates. Levonorgestrel was used as the reference group because it is the most common progestin used in oral contraceptives.<sup>12</sup>

As a sensitivity analysis, we repeated the study to include women who had two years of continuous use of oral contraceptives. We adjusted all analyses for known confounders.

As an alternative analysis, we developed a propensity score model based on the probability of a participant being exposed to drospirenone or another oral contraceptive. We then used this propensity score as an alternate means of adjusting the Cox model.

Proportionality of hazards were examined graphically by means of log-log survival curves,

and no meaningful deviations from proportionality were observed after baseline.

As a final sensitivity analysis, we considered a short time window in case the association between oral contraceptives and gallbladder disease was due to acute exposure to the study drug. For this analysis, we defined exposure as the first day of exposure to a study drug, and we followed participants for 180 days (until censoring, the end of the study period or cholecystectomy).

### Results

The cohort included 2 721 014 women, with 2 460 094 person-years of follow-up. A total of 27 087 women underwent surgical or laparoscopic cholecystectomy. The mean time to cholecystectomy was 330 days (median 166, interquartile range 29–445 days). The baseline characteristics of the women were comparable across the different types of progestins (Table 1). Except for fibrate use, the covariates used in the multivariable model were associated with an increased risk of gallbladder disease (age, rate ratio [RR] 1.01, 95% confidence interval [CI] 1.01–1.02; reported smoking, RR 2.06, 95% CI 1.99–2.14; reported obesity, RR 2.63, 95% CI 2.41–2.87; diabetes, RR 1.67, 95% CI 1.59–1.74; inflammatory bowel disease, RR 1.26, 95% CI 1.13–1.40; pancreatitis, RR 9.56, 95% CI 9.10–10.10; sickle-cell anemia, RR 2.20, 95% CI 1.36–3.43); statin use, RR 1.19, 95% CI 1.07–1.33; and fibrate use, RR 1.01, 95% CI 0.78–1.32).

The adjusted RRs for gallbladder disease in the primary analysis, involving women continuously exposed to a study drug for six months, are shown in Table 2 and Figure 1. Compared with the use of levonorgestrel, a small, statistically significant increase in the risk of gallbladder disease

**Table 2:** Risk of gallbladder disease\* associated with six months of continuous use of oral contraceptives, by type of progestin

Progestin	Crude rate ratio (95% CI)	Adjusted rate ratio† (95% CI)	Adjusted for propensity score
Levonorgestrel	1.00 (ref)	1.00 (ref)	1.00 (ref)
Desogestrel	1.03 (0.99–1.08)	1.05 (1.01–1.09)	1.03 (0.98–1.07)
Drospirenone	1.39 (1.34–1.44)	1.20 (1.16–1.26)	1.13 (1.09–1.18)
Ethinodiol diacetate	1.03 (0.95–1.12)	1.08 (0.99–1.25)	1.08 (0.99–1.17)
Norethindrone	1.12 (1.07–1.19)	1.10 (1.06–1.14)	1.10 (1.06–1.15)
Norgestimate	0.97 (0.93–1.00)	1.00 (0.96–1.04)	0.92 (0.89–0.95)
Norgestrel	1.07 (1.01–1.15)	1.06 (0.99–1.12)	1.07 (1.01–1.48)

Note: CI = confidence interval, ref = reference group.

\*Patients with gallbladder disease were defined as those who underwent cholecystectomy.

†Adjusted for age, calendar time, sickle cell anemia, diabetes mellitus, inflammatory bowel disease, obesity, pancreatitis, smoking, and use of statins and fibrates.

was associated with the use of desogestrel, drospirenone and norethindrone.

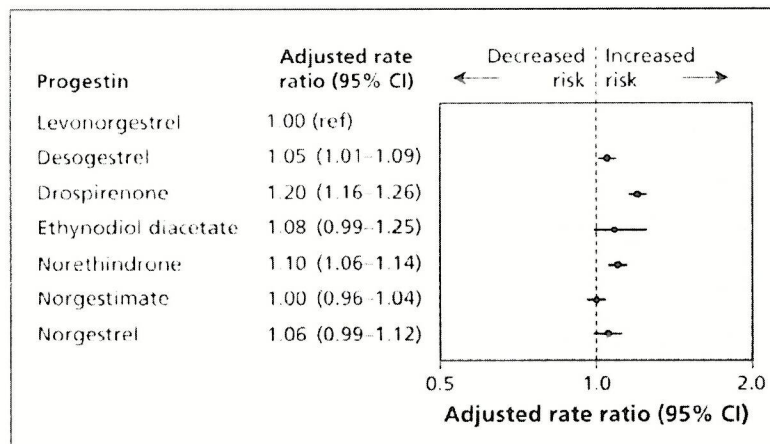
A total of 567 447 women continuously took an oral contraceptive for two years, with 792 871 person-years of follow-up. The mean time to cholecystectomy in this group was 510 days. In this sensitivity analysis, a small, statistically significant increase in the risk of gallbladder disease was associated with the use of drospirenone and ethynodiol diacetate (Table 3).

The association between drospirenone use and gallbladder disease was reduced in both the adjusted and propensity score models, with a number needed to harm of 550 compared with levonorgestrel. There was no clinically meaningful difference in the risk of gallbladder disease with different oral contraceptives in the propensity score analysis (Tables 2 and 3).

The results were also consistent in the secondary analysis, in which the outcome was defined as hospital admission secondary to gallbladder disease (Table 4).

A one-sided test of interaction did not show interactions between participants' age and oral contraceptive type.

Finally, the adjusted RRs in the sensitivity analysis for acute exposure showed no association between type of oral contraceptive and gallbladder disease aside from drospirenone, for which a protective effect was observed (desogestrel, RR 0.93, 95% CI 0.86–1.00; drospirenone, RR 0.87, 95% CI 0.81–0.93; ethynodiol diacetate, RR 0.92, 95% CI 0.78–1.01; norethindrone, RR 1.10, 95% CI 1.04–1.18; norgestimate, RR 0.78, 95% CI 0.73–0.83; and norgestrel, RR 0.95, 95% CI 0.87–1.07).



**Figure 1:** Risk of gallbladder disease (as defined by occurrence of cholecystectomy) associated with six months of continuous use of oral contraceptives containing different progestins. Women using levonorgestrel served as the reference group. Rate ratios were adjusted for age, calendar time, sickle-cell anemia, diabetes mellitus, inflammatory bowel disease, obesity, pancreatitis, smoking, and use of statins and fibrates. A rate ratio greater than 1.0 indicates an increased risk of gallbladder disease. CI = confidence interval, ref = reference group.

## Interpretation

In this large cohort of women using oral contraceptives, we found a small, statistically significant increase in the risk of gallbladder disease associated with desogestrel, drospirenone and norethindrone compared with levonorgestrel. However, this difference is unlikely to be clinically important. Moreover, given the observational nature of this study and the fact that adjusting for covariates leads to estimates being closer to the null suggests that residual confounding may explain, at least in part, these small differences.

Studies have shown that long-term use of an oral contraceptive is associated with an increased risk of gallbladder disease compared with no use. A cohort study using data from the Nurse's Health Study found a slight increase in the risk of gallstones among women who had used oral contraceptives for 15 years or longer (RR 1.5, 95% CI 1.10–2.20).<sup>17</sup> Similarly, a meta-analysis of 26 observational studies found a 36% increase in the development of gallbladder disease among women who were using oral contraceptives compared with those not taking these drugs.<sup>18</sup> Both estrogen and progesterone have been shown to increase the risk of gallstones.<sup>19</sup> Estrogen has been shown to increase cholesterol production in the liver, with excess amounts precipitating in bile and leading to the formation of gallstones.<sup>19</sup> Progesterone has been shown to decrease gallbladder motility, which impedes bile flow and leads to gallstone formation.<sup>19</sup>

In our study, there was a high discontinuation rate in the primary cohort, such that only 20% of the original cohort was continuously exposed to an oral contraceptive for two years. Given the likelihood of adverse events and availability of a wide range of oral contraceptives, women are increasingly unlikely to continue with only one type of oral contraceptive.<sup>15</sup> In one study, up to 46% of women who started taking an oral contraceptive stopped the drug after six months.<sup>15</sup>

Our data do not show that the increased risk of gallbladder disease associated with drospirenone is clinically meaningful compared with other formulations of oral contraceptives. Drospirenone had worldwide sales of \$2 billion in 2009, making it one of the most prescribed oral contraceptives in North America.<sup>7</sup> The surge in the number of reported cases of gallbladder disease facilitated through the media may have contributed in making drospirenone appear to be associated with a higher risk of gallbladder disease compared with older contraceptives.



### Strengths and limitations

Use of the IMS LifeLink Health Plan Claims Database allowed us to examine the risk of gallbladder disease among close to 2.5 million women continuously exposed to different formulations of oral contraceptives, including the newer drospirenone. This attribute of the database, crucial in a study comparing the safety of oral contraceptives, is difficult or impossible to achieve with other equally valid databases owing to sample size limitations. In addition, the increase in the risk of gallbladder disease associated with covariates such as reported smoking and obesity is consistent with findings in the literature and adds face validity to our study.<sup>16</sup>

We also took several steps to control for confounding bias that may threaten the validity of pharmacoepidemiologic cohort studies.<sup>17</sup> By design, this study was restricted to all women using oral contraceptives, allowing study participants to share similar characteristics (Table 1). This type of restriction has been used to reduce the risk of confounding by indication in pharmacoepidemiologic studies.<sup>18</sup> The use of an active comparator will ensure that any confounding by indication or contraindication is minimized. We also conducted sensitivity analyses in which we examined the risk of gallbladder disease with different exposure periods. The slight protective effect observed with only one prescription of drospirenone may have been due to random error or possible channeling bias, including the possibility that clinicians may have been less likely to prescribe drospirenone to women who may have been more prone to gallbladder disease.

Immortal time bias is another bias that has been noted in various pharmacoepidemiologic studies.<sup>19</sup> This is a bias whereby users of a drug may have a spurious survival advantage over nonusers by study design owing to misclassification of exposure time, which makes the intervention seem protective.<sup>20,21</sup> In our study, misclassification was avoided by defining exposure to six months of continuous use as well as computing exposed person-time at the index date.

The prescribing of oral contraceptives may be influenced by heavy marketing from manufacturers. By controlling for calendar time, we were able to control for secular trends in prescribing of oral contraceptives that may usually favour the prescribing of one oral contraceptive over another.

As with all pharmacoepidemiologic studies that use claims data, our study has limitations. The ICD-9 codes for gallbladder disease in most administrative databases, including the IMS LifeLink Health Plan Claims Database, have not been validated. This is primarily the reason why

we used CPT (Common Procedures and Terminology) codes for the primary analysis; CPT codes have been shown to be well correlated with gallbladder disease.<sup>11</sup>

Body mass index and ethnicity are two variables that we could not control for in this study. Body mass index is a possible confounder because drospirenone was marketed for having the least effect on weight, which may have prompted clinicians to prescribe it to heavier women. Such a bias, if present, would have made drospirenone appear more harmful with respect to gallbladder disease.

Residual confounding with other known and unknown variables may also have affected our results. For example, our data lacked information on diet, which is a potential confounder in this study. Also, we only had data on reported smoking and obesity.

Despite these limitations, given the small magnitude of the relative risks in this large co-

**Table 3: Risk of gallbladder disease\* associated with two years of continuous use of oral contraceptives, by type of progestin**

Progestin	Crude rate ratio (95% CI)	Adjusted rate ratio† (95% CI)	Adjusted for propensity score
Levonorgestrel	1.00 (ref)	1.00 (ref)	1.00 (ref)
Desogestrel	0.99 (0.94–1.04)	1.02 (0.96–1.07)	0.99 (0.93–1.04)
Drospirenone	1.50 (1.45–1.60)	1.30 (1.23–1.37)	1.19 (1.14–1.26)
Ethinodiol diacetate	1.11 (1.00–1.23)	1.17 (1.06–1.30)	1.17 (1.06–1.30)
Norethindrone	1.02 (0.97–1.07)	1.04 (0.99–1.10)	1.06 (1.00–1.11)
Norgestimate	0.95 (0.91–0.99)	0.98 (0.93–1.03)	0.87 (0.83–0.91)
Norgestrel	1.09 (1.00–1.18)	1.06 (0.98–1.15)	1.10 (1.01–1.91)

Note: CI = confidence interval, ref = reference group.  
 \*Patients with gallbladder disease were defined as those who underwent cholecystectomy.  
 †Adjusted for age, calendar time, sickle-cell anemia, diabetes mellitus, inflammatory bowel disease, obesity, pancreatitis, smoking, and use of statins and fibrates.

**Table 4: Risk of hospital admission secondary to gallbladder disease associated with six months of continuous use of oral contraceptives, by type of progestin**

Progestin	Crude rate ratio (95% CI)	Adjusted rate ratio* (95% CI)
Levonorgestrel	1.00 (ref)	1.00 (ref)
Desogestrel	0.95 (0.94–0.97)	0.99 (0.98–1.00)
Drospirenone	1.45 (1.43–1.46)	1.10 (1.09–1.12)
Ethinodiol diacetate	0.95 (0.93–0.97)	1.04 (1.01–1.06)
Norethindrone	1.07 (1.06–1.08)	1.09 (1.08–1.10)
Norgestimate	1.00 (0.99–1.01)	0.99 (0.98–1.00)
Norgestrel	1.08 (1.06–1.10)	1.06 (1.05–1.08)

Note: CI = confidence interval, ref = reference group.  
 \*Adjusted for age, calendar time, sickle-cell anemia, diabetes mellitus, inflammatory bowel disease, obesity, pancreatitis, smoking, and use of statins and fibrates.

hort study, it would require a large and prevalent confounder to alter the interpretation of the study data.

### Conclusion

In a large cohort of women using oral contraceptives, we found a small, statistically significant increase in the risk of gallbladder disease associated with the use of desogestrel, drospirenone and norethindrone compared with levonorgestrel. However, the small effect sizes compounded with the possibility of residual biases in this observational study make it unlikely that these differences are clinically significant.

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**Contributors:** Mahyar Limman, Joseph Delaney and James Brophy contributed to the study concept and design, the acquisition of data and the drafting of the manuscript. All of the authors contributed to the analysis and interpretation of the data and the critical revision of the manuscript for important intellectual content. All of the authors approved the final version of the manuscript submitted for publication. Joseph Delaney was responsible for the statistical analysis and is the study guarantor.

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**PETITIONERS**

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**EXHIBIT P-12**

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